

Summer 2018

the CRESCENT

of Gamma Phi Beta



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— DEDICATION AND DETERMINATION —

Dear Sisters,

Gamma Phi Beta is made up of motivated, determined and kind individuals who are committed to inspiring the highest type of womanhood. I am proud to be leading this organization that promotes individuality and acceptance of one another.

Throughout the month of April, I used Facebook to feature Gamma Phi Beta volunteers who have committed their talents and time to the betterment of our sisterhood. I felt it was important to highlight the professional and personal lives of our volunteers for a few reasons.

First, our volunteers serve as incredible examples for our collegiate members. I wanted our collegians to see the variety of volunteer positions we have available. Second, our volunteers have varied and interesting backgrounds that we should celebrate. Finally, I wanted our volunteers and their friends and families to know that I am genuinely interested in them and the work they do for and outside of Gamma Phi Beta.

This exercise served as a reminder of the diversity of our membership, and how I need to keep all of our members in the forefront of my mind when I make decisions for the organization.

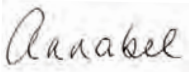
While our sisterhood has a common thread through our Core Values, we are made up of an assorted group of women from different backgrounds, experiences, personalities, beliefs and ages. This variety allows us to grow, change and improve every day. Without our unique makeup, we would not be the Sorority we are today.

It takes dedication and determination to make our Sorority the best it can be and conquer challenges in our own lives. We can't achieve anything without both of these traits. No matter who you are, you will hit a roadblock at some point in your life. The only way you can break through is with perseverance and willpower.

I'm continuously impressed by what sisters have accomplished, and these wins often come from dedication and determination to succeed. In this issue of the magazine you will meet sisters who have conquered their own roadblocks. From creating their own businesses, making philanthropic work a priority or working toward self-improvement, our organization is filled with members who inspire the highest type of womanhood.

What's your roadblock? How will you find the determination and dedication to conquer it? Remember, your sisters are here to support you, and I believe you can reach your goals with their support and your own determination.

In LIKE,



Annabel Jones
International President

ON THE COVER

Stacy McAllister (Syracuse) ran 175.88 miles from Steamboat Springs to Denver, Colorado, to raise awareness for multiple sclerosis. Read her story on page 22!

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MISSION

To inspire the highest type of womanhood.



20 | Cassie Petty (Rutgers) is an avid volunteer and loves to share her passion for Girls on the Run everywhere she goes!

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SUBMISSION DEADLINES

Spring – February 1 Summer – May 1
Fall – August 1 Winter – November 1

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copy of *The Crescent* is sent to your home address –
we hope you enjoy reading our magazine, too! If your
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with you, feel free to send us her new address by
emailing TheCrescent@gammaphibeta.org.

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Beta Sorority" in groups

GAMMA PHI GETS SOCIAL

Gamma Phi Beta loves to see what our sisters are doing throughout the year, and social media is the perfect way to show us! If you're interested in having your photos shared or published in *The Crescent*, tag @GammaPhiBetaSorority on Instagram and use #GammaPhi. Be sure to follow all our social media accounts to see our chapters and members in action.



@abeehgail96



@christielynn7



@gammaphibetaunl



@gzzgammaphi



@kimyye



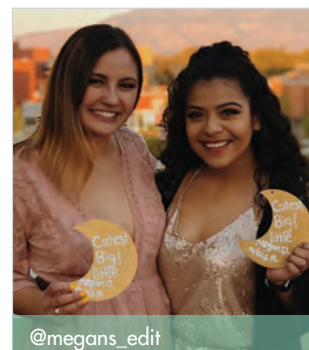
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shining on

Life Loyal Members

Life Loyal is a special program available for all Gamma Phi Beta members to continue their lifelong support of our beloved Sorority beyond their collegiate years while receiving exclusive benefits. This is just one way to continue your lifetime involvement as a member of Gamma Phi Beta while fulfilling your financial obligations with an easy, one-time payment. The dedication of our alumnae members who continue to be involved and financially supportive helps ensure the future of our traditions and sisterhood.

Thank you to the following sisters who joined Life Loyal between February 1 and April 30, 2018.

Beta – Michigan
Mackenzie Ledare Francisco
Vanessa Geiger

Gamma – Wisconsin-Madison
Rachel Parks

Delta – Boston
Jessica Costa Falk

Epsilon – Northwestern
Eve Gronert
Stephanie Tysdal Kolaczynski
Margaret Bills Zygo

Eta – California-Berkeley
Alida McGrath Benson
Alyssa Fuji

Theta – Denver
Heather Werder Schaffner

Kappa – Minnesota-Twin Cities
Emily Richey

Lambda – Washington
Molly Rubens
Sandra Waugh

Nu – Oregon
Kathryn Adkisson
Lin Madden Bruce
Heather Soczek Hulit
Margaret Raines Singleton
Eleanor Townsley

Xi – Idaho
Mabel Lovel Vogt

Pi – Nebraska-Lincoln
Teresa Heusman Ibach

Tau – Colorado State
Vicki Powell Larsen
Krystal Marrone
Idamarie Ogan Piccard

Chi – Oregon State
Betty Hutchinson Flad

Omega – Iowa State
Kari Ritland Culver
Sharon Junttila Greenwood
Jacqueline Percival Hall
Pamela Collins Snyder

Alpha Gamma – Nevada
Ellen Wissel Alldredge
Emily Breen Rundle

Alpha Delta – Missouri-Columbia
Morgan Bond
Alicia Thomas

Alpha Epsilon – Arizona
Elizabeth May

Alpha Zeta – Texas-Austin
Ann Gunkel Allega
Jean Grappe Capps
Brenda Dunn Rickert

Alpha Iota – California-Los Angeles
Janice Lind

Alpha Xi – Southern Methodist
Jennifer Cook Isleib
Dana Cohlmiia Karim
Caroline Loomis
Jessica Martinez
Paula Holmgren Rhea
Britta Blomquist Weidner

Alpha Omicron – North Dakota State
Ona Carlson Welder

Alpha Upsilon – Penn State
Jessica Leety-Weinstein

Alpha Chi – William & Mary
Nancy Noot Goldberger

Alpha Psi – Lake Forest
Dorsey Spearing Murray

Alpha Omega – Western Ontario
Janet Cowan Stewart

Beta Alpha – Southern California
Joan Welty Ingle

Beta Beta – Maryland
Becky Bennett Bros
Jackie Clauser

Beta Delta – Michigan State
Renee Hillman
Patricia Morrow Mack

Beta Eta – Bradley
Jill Owen Gunjevic

Beta Kappa – Arizona State
Darla Click Dakin

Beta Lambda – San Diego State
Valerie Carbone Wingfield

Beta Mu – Florida State
Megan Aaron Patti

Beta Pi – Indiana State
Kathy Sackmaster George

Beta Rho – Colorado-Boulder
Wendy Kitzerow Nove
Choux Grayson Wingert

Beta Upsilon – Kansas State
Stacy Schneider Poindexter
Taylor Wright

Beta Phi – Indiana
Diane Tapia Quinn

Beta Chi – Wichita State
Jill Heft Dobbins
Carole Sarver

Beta Psi – Oklahoma State
Chris Schmall Ching
Cindy Dyer Everson
Ilene Moore Skinner

Beta Omega – Northern Arizona
Rosie Nolan
Greer Vinall

Gamma Alpha – Memphis State
Lynda Dollar Bambury
Helen Page Kesler

Gamma Zeta – Texas A&M-Commerce
Anita Young

Gamma Eta – California State-Long Beach
Barbara Gollihar Carpenter
Alicia Tehani Diaz
Amanda Mattes

Gamma Iota – Midwestern State
Whitney Coggin St. Andre
Eileen Beeks Williamson

Gamma Rho – Wisconsin-Oshkosh
Elizabeth Schuett Benning
Jackie Scott Presler
Ashley Staudenmaier
Brooke Buntrock Tabbert

Gamma Phi – Auburn
Rebekah Eller
Ellen King

Gamma Psi – Northern Iowa
Samantha Wehr

Gamma Omega – Wisconsin-Platteville
Christine Bailey

Delta Delta – California State-Fullerton
Trayce Woods Chester

Delta Theta – California Polytechnic State
Isabella Hamman

Delta Iota – Purdue
Denise McAhren Sandage

Delta Kappa – Lehigh
Jean Seibold McGill

Delta Lambda – California-Riverside
Lee-Ann Sharpe Seeling

Delta Xi – Bucknell
Martha Guy Gork

Delta Psi – California-Santa Barbara
Victoria Correll
Kristen Summers Donavan
Marielle Martin Gana
Susan Stoddard Kennedy

Delta Omega – Oakland
Cristina Desrochers Tesch

Epsilon Beta – Alma
Haley Valente

Epsilon Zeta – Jacksonville
Victoria Jahn
Maura Nee

Epsilon Iota – Christopher Newport
Melissa Simmons Harrison

Epsilon Lambda – Alabama
Jenna Harrison
Gabriell Jeffreys
Joan Masterson Jeffreys
Rebecca Stewart Salmonson
Darlene Seal Skier
Teresa Ziemba

Epsilon Nu – Chapman
Nicolette Moody

Epsilon Omicron – California-Santa Cruz
Namarta Dibra
Carol Kim-Chung

Epsilon Pi – George Mason
Jennifer McCoy McNinch
Heather Garland Selig

Zeta Alpha – Eastern Washington
Stephanie Saulnier

Zeta Beta – Virginia
Alexa Allmann

Zeta Delta – Southeast Missouri State
Kelly Rubin

Zeta Epsilon – Duquesne
Kimberly Crytzer Pollard

Zeta Zeta – Coastal Carolina
Elizabeth Perry

Zeta Kappa – Southern Indiana
Stephanie Proctor Smith

Zeta Tau – Emory
Pamela O'Brien Martin

Zeta Psi – Texas-San Antonio
Elyse Ramirez

Eta Beta – Florida Southern
Kellyann Stapleton

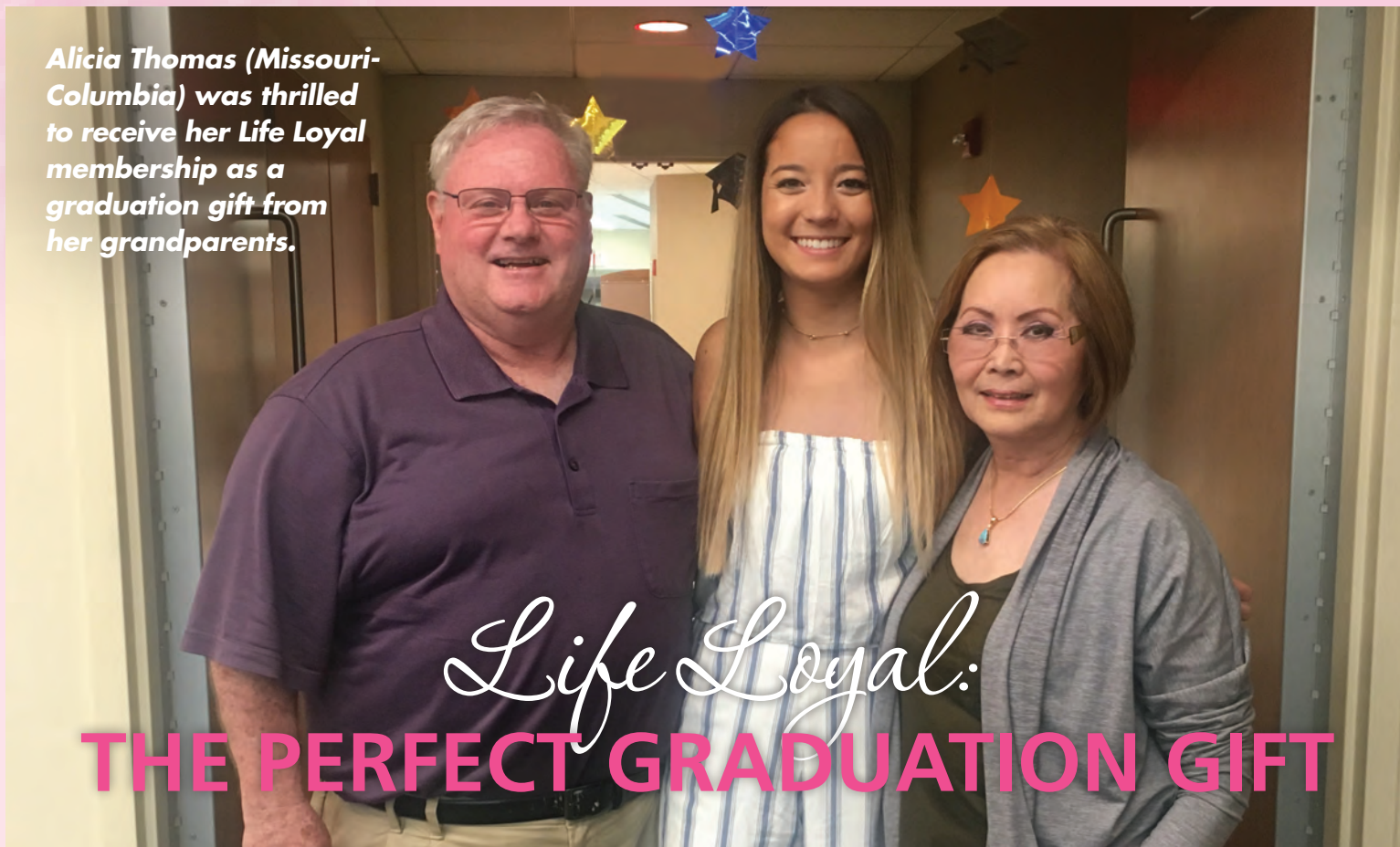
Eta Epsilon – Virginia Tech
Maren Helfrich

Eta Xi – Florida
Caitlyn Emery

Eta Sigma – Central Missouri
Jillian Samson

Eta Upsilon – Nicholls State
Mallory Miller

Alicia Thomas (Missouri-Columbia) was thrilled to receive her Life Loyal membership as a graduation gift from her grandparents.



Life Loyal: THE PERFECT GRADUATION GIFT

Rick Pope purchased a Life Loyal membership for his granddaughter Alicia Thomas (Missouri-Columbia) as a graduation gift. He sent this letter to Gamma Phi Beta to share his delight about the option to keep his granddaughter connected to Gamma Phi.



Alicia and her grandfather, Rick, have always enjoyed spending time with one another.

Dear Gamma Phi Beta,

A couple of summers ago I came upon a copy of *The Crescent* that my granddaughter brought home from college. I read it from cover to cover. I was impressed with Gamma Phi Beta's Core Values, their community-oriented activities and the training that the Sorority provided for prospective leaders. I also took note of how many graduates chose to remain involved wherever they settled down. Toward the back of the magazine there

was information on how to become a Life Loyal member. I filed that information away thinking it would make a nice graduation gift.

Since my granddaughter will graduate in May 2018 and relocate to another city, I visited the Sorority's website. It listed all the membership types along with the many benefits of continued membership. It seemed very affordable. I also saw that there are three alumnae chapters in and around her city and thought it would be a good opportunity for my granddaughter, once settled in, to remain involved with Gamma Phi Beta.

I know my granddaughter loves her chapter and has made many friends, so I didn't hesitate to purchase the Life Loyal membership.

I encourage parents and grandparents to consider gifting a Gamma Phi Beta Life Loyal membership to their graduating loved one. Take time to visit the website and read about the benefits of joining. As it says there: "Think of the lifelong friendships, and the generations of friendships to come."

*Sincerely,
Rick Pope*

Would you like to give Life Loyal as a graduation gift or sign up yourself? Visit GammaPhiBeta.org/LifeLoyal today!

CONGRATULATIONS TO
ALL OF GAMMA PHI BETA'S
GRADUATING SISTERS!



points of Pride

Shining bright since 1874, here's a snapshot of some notable Gamma Phi Beta moments and accomplishments!



In 143 years, Gamma Phi Beta has initiated **217,355** members!

We are proud to have initiated **6,111** new sisters in the academic year!

6,111



In the 2017-18 academic year, Gamma Phi Beta's collegiate membership was **19,321** strong.



19,321



Today we have **156,507** living alumnae members.

387



387 legacies joined our sisterhood this year.



Share your point of pride for an opportunity to be featured! Email TheCrescent@gammaphibeta.org with your chapter's inspiring accolades.



Las Vegas Valley Alumnae Chapter: Exemplifying Lifetime Commitment



The Las Vegas Valley Alumnae Chapter celebrated Gamma Phi Beta's 143rd Founders Day last November.

Alumnae chapters often work to benefit the alumnae in their area and any surrounding collegiate chapters. The Las Vegas Valley Alumnae Chapter has had the unique opportunity to help Eta Rho Chapter (Nevada-Las Vegas) since their installation on April 23, 2016.

"We are very excited to have a new collegiate chapter. We're thrilled to make new traditions that involve the chapter women from their newly-initiated members to the graduating seniors. We want to show them what lifelong commitment looks like," said Jenna Heath (San Diego State) Las Vegas Valley's vice president.

The alumnae chapter is very involved with Eta Rho Chapter and is working to create new traditions like celebrating Founders Day together. They are also volunteering for

the collegiate chapter. Jenna serves as their chapter advisor and many of the collegiate advisory board members are also members of the alumnae chapter. Alumnae Chapter President Kanani Espinoza (Nevada-Las Vegas) serves as both the administrative vice president advisor and ritual advisor.

Kanani is in a unique situation as well. She was initiated as a charter member of Eta Rho Chapter and graduated the same semester. Since her collegiate membership only lasted a few months, she jumped at the opportunity to experience Gamma Phi Beta as an alumna member.

"My favorite part of the alumnae chapter is the immediate connection to the women in the group," she shared. "We have some members who have their 50-year pins and

recent graduates, like myself, and we love everyone's company!"

The chapter enjoys spending time together and hosts events frequently. They enjoy summer barbecues at members' homes, a holiday potluck and of course, a Founders Day celebration. Members are also working to become more involved with Girls on the Run. They volunteer at the local 5k and a few sisters are mentors. "Building Strong Girls takes on a new perspective as an alumna. Many of our members have daughters who go through the Girls on the Run program. We need to empower women from an early age to triumph over adversity," Kanani shared. "I see the alumnae chapter jumping at every opportunity to help young women be confident women of character."

NEW MEMBERS AND NEW APPAREL



CRESCENT
CORNER

crescentcorner.com

by *The Crescent* Editor Laura Mishkind (Colorado-Boulder)

The Making of *Mended Threads*



What were your goals when you were a 16-year-old? Personally, I just wanted to pass my driving test to get my license and make a little money babysitting. I never would have thought of creating a business of my own. But Shannon Oteri (Delaware) wasn't like most 16-year-olds.

Shannon likes visiting thrift shops to find unique clothes at bargain prices to express her style. In high school, she was trying to decide between two flannels at a second-hand store. Torn between the two shirts she thought about how she'd like to combine them, and then realized she could.

Her sewing machine was broken so she called her friend Sophia Talese to see if she would help her with this project. Sophia agreed, and when they were done, they posted a picture of the new flannel on Snapchat. They quickly had friends asking how they did it and how they could get one.

Shannon and Sophia's parents suggested they try to sell a few upcycled flannels, so they made six and advertised them on Instagram. They sold out within 20 minutes. "Maybe this is more than we think it is," Shannon thought. And *Mended Threads* was born.

Even though Shannon and Sophia chose to attend college on opposite coasts, they still run *Mended Threads* together, but split the company into East and West divisions to better cater to shoppers on both coasts. Shannon continues to create unique flannels, and has added denim jackets, vests, shirts and scarves to her repertoire.

She often finds inspiration through researching fashion trends on the internet and people watching on campus. Then she heads to the thrift store to see what she can find. "I see what I have to work with. I love reusing things because I think it's such a good way to promote the sustainability of fashion."

Shannon embraced her love of fashion and is majoring in fashion merchandising. Her courses have taught her a lot about how to produce pieces effectively and efficiently, and Shannon said she's learned about new stitches and how to properly use different fabrics, which has ultimately improved her upcycled clothing.

When she designed that first flannel, Shannon never imagined she was at the start of her entrepreneurial journey, but now, it is shaping her future. While she's just beginning her junior year of college, she hopes to open her own boutique after graduation and continue her business.

With an eye for fashion and serious passion for the industry, Shannon works hard to make *Mended Threads* a success. This young entrepreneur recommends that anyone with a similar dream should go for it. "Following your passion is the best way to make your dreams happen." What will you create today?

"I see what I have to work with. I love reusing things because I think it's such a good way to promote the sustainability of fashion."



Visit [MendedThreadsUSA.com](https://www.MendedThreadsUSA.com) to add a unique piece to your closet!

inspiration board



THE WOODEN FLOOR

Dawn Reese (California State-Long Beach) is the chief executive officer of The Wooden Floor, a youth development program. She shared more about the organization with *The Crescent*: "The Wooden Floor is taking an innovative approach to youth development, as we transform the lives of young people in low-income communities through the power of dance and access to higher education. In Orange County and through our national licensed partners, we use a long-term approach grounded in exploratory dance education strategically integrated with academics, college and career readiness, as well as family services. Our goal is to foster the resources within each child to innovate, communicate and collaborate – skills necessary for success in school and in life. Since 2005, 100 percent of students who graduate from The Wooden Floor immediately enroll in higher education." Visit WoodenFloor.org to learn more about the program.

SISTERS NEAR AND FAR

Looking for some vacation inspiration? Sisters Kelly Wilkerson, Becca Andrus and McKenzie Weber (all Kansas State) took a road trip to visit other Gamma Phi Beta chapters. They started with Alpha Delta Chapter (Missouri), pictured right, then traveled to Zeta Sigma Chapter (South Carolina) where they stayed a few nights and spent time with sisters. Next up were Delta Upsilon (Georgia) and Epsilon Lambda Chapters (Alabama), where they enjoyed getting to know the sisters and touring the chapter facilities. Kelly, Becca and McKenzie loved seeing the chapter facilities and making connections with sisters in different states. "We simply contacted the houses before showing up and each was willing to take us in and show us their university and town. It is something I would suggest every member take advantage of during their collegiate years," Kelly said of the trip. "Near or far from home, Gamma Phi has allowed me to meet amazing women."





OUTSTANDING BETA OMICRON SISTERS

These inspiring sisters swept the annual Campus Leadership Awards at Oklahoma City University. The four won the Outstanding Freshman, Sophomore, Junior and Senior awards. Pictured from left to right from freshman through senior, respectively are Olivia White, Emily Wollenberg, Sammie Bronow and Chandler Hardy. Congratulations, sisters!

MEMBER CONQUERS THE BOSTON MARATHON

Running the Boston Marathon is an incredible feat on any given year, but this year's runners were faced with pouring rain, intimidating headwinds and freezing temperatures. Monica Junge (Colorado-Boulder) didn't expect to be wearing a poncho for the majority of the run but said the feeling of pulling it off as she came down Boylston Street toward the finish line was something she will never forget. We are inspired by Monica's perseverance and positive spirit!



CAP OFF THE SUMMER WITH CRESCENT CORNER

Crescent Corner is your one-stop shop for all the Gamma Phi apparel you need to start the school year right. This hat is a great option to purchase for yourself or your future Little Sister! Visit CrescentCorner.com to order it today.



Diversity and Inclusion IN GAMMA PHI BETA

As Gamma Phi Betas, we strive to recruit members who exemplify our Core Values. We look for members who celebrate our mission and vision, and that can be done in many ways. No two members are exactly the same, just as our Founders were unique individuals. What connects us is our passion for Gamma Phi Beta and the values and principles that come with our membership.

Think about recruitment. Your chapter likely has members who are great at talking to people and learning more about them. Others excel at decorating and making the space look its best. Still, others are best at deciding what commonalities members may have with potential new members. No matter a sister's skill, she contributes to the recruitment process in one way or another.

Life is similar to recruitment in that everyone has their own talents and backgrounds. No matter how you look at it, diversity plays a role in most aspects of life and allows for innovation and collaboration.

The diversity of our membership makes Gamma Phi what she is today. It allows for us to think critically and try new ideas to help our organization

grow. But diversity goes beyond different talents and personalities. As an organization, we use the Big Eight Social Identifiers to educate our members about diversity. They are socioeconomic status or class, sexual orientation, religion, gender, race, ability, age and ethnicity. Turn to page 18 to see a more comprehensive view of these identifiers.

These different identities help make up our chapters, but sometimes you may not see them on the surface. Some identifiers can be visible, while others are not. If you're looking to better understand your sisters, you may want to take the time to talk with them and discover how exactly they identify. Unfortunately, some women don't feel entirely comfortable sharing some of their identities because they fear rejection, but there are ways we can all work together to prevent this.

That's where inclusion comes into play. Inclusion is defined as the way you promote a sense of belonging and practice respect for all different talents, beliefs, backgrounds and ways of

knowing. By this definition, every sister in Gamma Phi Beta should be included, no matter their talents, beliefs or backgrounds, even if one doesn't agree with the other. It's all about mutual respect.

So how do you show your respect for sisters' identities? You can start with intentional dialogues and inclusive language.

Intentional dialogues invite someone to consider multiple viewpoints of a situation. These conversations focus on respect and compassion for one another. One way you can practice intentional dialogue is by speaking with a sister who may have a different identifier than you. Instead of focusing on your differences, you could kindly ask her to better explain her viewpoints. This allows your sister to be more comfortable sharing her identity with you and help you better understand her.

Inclusive language can also be utilized when talking to sisters about the Big Eight Social Identifiers, and even just in every day conversation.

The way you speak has an effect on people, so you want to avoid phrases that are derogatory toward any group or individual. Inclusive language includes and reflects the diversity of our communities in an accurate and respectful way. Think about what you are saying from someone else's perspective. Could you be excluding someone just by using a particular phrase or word?

Gamma Phi Beta as a whole is taking steps to be more inclusive to our membership. With more than 215,000 members, we are bound to have people who don't agree with one another, and even more likely to have women who have a wide variety of identities and qualities.

Inclusion benefits everyone. It ensures sisters feel comfortable in a space that's intended to allow them to build lasting memories, allows sisters to feel loved and accepted and allows sisters to be confident women of character.

How do the Core Values Relate?

- **Love.** By practicing emotional correctness and using inclusive language, you can show your sisters your love and respect for them.
- **Labor.** You can work to better include members within your sisterhood.
- **Learning.** If you make an effort to learn about different identities and why they matter to your sisters, you can make everyone feel more included.
- **Loyalty.** Staying loyal to your sisters and always supporting them when they need you allows for the Sorority to continue to grow and thrive.

Big Eight SOCIAL IDENTIFIERS

Socioeconomic status/class

Socioeconomic status or class refers to a person's social standing, often measured by education, income and occupation.

Sexual orientation

Sexual orientation refers to a person's identity in relation to who they are attracted to sexually.

Religion

Religion refers to a person's particular system of faith and worship or choice not to do so.

Gender

Gender refers to how a person's innermost concept of self as male, female, a blend of both or neither.

Race

Race refers to a person's physical characteristics, such as bone structure, skin color, hair type etc. Racial identity can be fluid and not everyone identifies with one race.

Ability

Ability refers to a person's mental or physical ability/disability.

Age

Age refers to person's experience of age or a particular stage in someone's life.

Ethnicity

Ethnicity refers to cultural factors, including nationality, regional culture, ancestry and language.

Additional Identities

- Political beliefs
- Language
- Geographic upbringing
- Family of origin or family makeup
- Academic or social achievement
- Educational background
- Body image

Thirty UNDER 30

Have you heard about Gamma Phi Beta's 30 Under 30? We're highlighting 30 sisters under the age of 30 who have exemplified our Core Values and made impacts in their careers, academics or volunteer work.

Do you know a sister who fits this description? Have you accomplished an incredible feat in your field of interest?

Visit **GammaPhiBeta.org/30Under30** to nominate yourself or a sister today!



Girls on the Run Puts Perspective on Passion

Pictured above: While teaching these girls life lessons, Cassie learned a few herself and uses them to work toward creating her own nonprofit.

Pictured bottom: After sharing her love of Girls on the Run with New York Giants players and coworkers, Cassie sported cleats with the organization's logo.

In college, Cassie Petty (Rutgers) attended Girls on the Run 5ks and participated in other volunteer opportunities, but never felt the spark of desire to impact others. Then she met Megan Velona (Rutgers) during recruitment.

Megan came from California to New Jersey for school and Cassie wanted to learn why. As they talked, Cassie learned about Megan's young cousin, who was battling cancer at a local hospital. Megan attended Rutgers to be close to her cousin.

Ultimately, Megan joined Gamma Phi Beta and became one of Cassie's best friends, but her cousin passed away at the age of eight. "That was when everything clicked for me," Cassie shared.

Once her cousin passed, Megan continued to provide support for the hospital that helped her family and gave back to families who were facing similar situations. Cassie says Megan is full of passion and she continuously inspires those around her.

Through Megan, Cassie saw passion for philanthropy and community service firsthand and began to truly understand the power of helping others. "She really put everything into perspective," Cassie explained. "From every sad story, comes something great."

Something Great

From then on, Cassie made philanthropic work her mission in her career and free time. Today, she works as the New York Giants' community relations coordinator. In her position, she facilitates when and where the football players will volunteer their time, whether it's trips to a hospital to visit patients, delivering care packages or working at food banks.

When she began her career, Cassie was focused on work, but as she felt more comfortable in her roll, she sought out opportunities to fuel her passion. "I encouraged our players to get into the community, and I wanted to get back into that, too," she said. That's when she returned to Girls on the Run.

Now, she volunteers as a Girls on the Run coach and serves Gamma Phi Beta as the Region 8 Moonball specialist. In her Moonball

role, she connects with members across the country and helps them spread awareness for Girls on the Run.

While coaching Girls on the Run participants, Cassie learned some valuable life lessons herself. "When I read the lessons, I feel like I'm re-learning things about life," she explained. "I'm teaching the girls to not give into peer pressure or let others make you feel inferior. There's so many life lessons in the program that I can apply to my life right now."

While an eight-year-old will apply the lessons differently than a working adult, Cassie loves embracing the lessons for herself because she is able to share how she utilizes what they are learning in her life. "It is so powerful when you can say this is what happened to me today and this is how I handled it."

Limitless Potential

While teaching her Girls on the Run participants they have limitless potential, Cassie has found her own. Since the program is one of her greatest passions, she talks about it regularly at work. In her position, she helps organize the My Cleats, My Cause program. The program gives players the opportunity to wear cleats with artwork that represents their favorite cause for one game. Cassie helps the players decide which organization they will represent, so she knows the background behind every pair of cleats on the Giants' sideline.

If a player is struggling to decide which cause to represent, Cassie shares her passion for Girls on the Run, and why she would choose to decorate her cleats with their logo. During the 2017 My Cleats, My Cause game, Cassie had the opportunity to do that.

Cassie's coworkers arranged for her to travel to Oakland, California, for the week 13 game where all the players would wear their cleats. "I kind of felt like one of the players that day," Cassie said of wearing her Girls on the Run cleats on the sideline. She was able to physically show her passion and shared more information about the organization when people inquired.

"I feel like my purpose is to show my passion and raise awareness," Cassie said.

From this one game and pair of shoes, there has been a lasting impact. Cassie and her boss are working on opportunities for the players to get involved with Girls on the Run and other young female-focused organizations.

Just the Beginning

As she is working to incorporate Girls on the Run into her career, Cassie is also serving on the board of a nonprofit foundation. In the winter 2018 issue of *The Crescent*, Sophia and Artemis Mazzini (Rutgers) shared the story of their father's suicide. The duo decided to work to break the stigma around mental illness and began a 5k called Into the Light. The event and fundraising efforts were so successful, they were able to create a foundation called Into the Light, and the sisters asked Cassie to serve on their board.

This opportunity has allowed Cassie to reflect on her goals. She wants to start her own nonprofit. "It won't be for a few years, and I'll do it in addition to working fulltime," she shared. "Maybe working with Sophia and Artemis will help me think about a good time to start."

As she helps others and spreads sunshine, Cassie is sharing her passion and inspiring people to make a difference in their own ways. Megan inspired Cassie to help where she could, and now, Cassie is hoping to do the same for others. For now, she will continue her volunteer work with Gamma Phi Beta, Girls on the Run, local hospitals, Into the Light and anywhere else she can spread sunshine, but there's definitely more to come.

"There's so many life lessons in the program that I can apply to my life right now."

RUNNING FOR A REASON



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U.S. DEPARTMENT OF AGRICULTURE



Some people love running, some hate it and some have a knack and passion for it.

Stacy McAllister (Syracuse) has a true passion and dedication to running. When she moved to Steamboat Springs, Colorado, in 2014, she decided to sign up for the local marathon since she didn't know anyone in her new town. After that, she was officially hooked. She has completed 16 half marathons and five marathons. In May 2018, Stacy accomplished an incredible feat and ran 175.88 miles from Steamboat Springs to Denver, Colorado. She was part of MS Run the US – America's first and only 3,100 mile relay run dedicated to raising awareness and funds to support multiple sclerosis (MS) research. Stacy averaged 28 miles a day during her segment, completing seven miles on her seventh and final day to round out the total 175.88 miles. It may sound like an immense challenge to some people, and even impossible to others, but Stacy was inspired by her love for her grandfather Bernard Walker and her passion for running.

The Inspiration

Stacy's grandfather was diagnosed with MS when she was a child, but she still remembers the small changes the disease caused. He had trouble moving, became less active and had to use a wheelchair. "It all moved so fast," Stacy shared. "Within 10 years, he was confined to his bed." While this is Stacy and her grandfather's experience with MS, the disease affects every person in a different way.

Bernard's MS progressed quickly and he struggled every day to do simple tasks, but even as frustration grew, his positive spirit and determination continued to shine. Stacy shared, "He influenced how I grew up and stayed strong to reach my goals."

In August 2017, Bernard passed away from secondary complications of MS. A week later, the application for MS Run the US opened. Stacy knew it was a sign and submitted her application. She was selected for an interview in September and in October was notified that she would be running from Steamboat Springs to Denver.

The Training

Preparing to run 175.88 miles in seven days is no easy task. Luckily, Stacy's undergraduate degree is in exercise sciences and she's trained for multiple marathons and half marathons, which gives her a good understanding of how to train her body without injuring herself. She could commiserate with and support her fellow MS relay runners in their Facebook group and monthly Skype meetings. A few of the runners completed the MS Run the US before, so these runners were able to give Stacy and the other "newbies" advice. In addition, the program provided the runners with a training plan, a few strength training exercises and a nutritionist frequently joined their Skype meetings.

In late March, Stacy was running 63 miles a week, and gradually built the number higher and higher. Her usual schedule consisted of waking up at 4:15 a.m. to run eight miles and then doing some strength training. She finished up with some foam rolling and headed to work. Her bedtime during intense training is 8 p.m. since she's up before the sun and 6 a.m. is sleeping in.

"I tried to push myself to run outside when the weather conditions weren't the best because I didn't know what it's going to be like during the race," she said. "Sometimes it was really hard to motivate myself to get outside and go for a run when it was snowing and 15 degrees out." Battling less than pleasant conditions, Stacy continued to run, and explained that she cut back if she had aches or pains or felt sick. A six-mile run constitutes taking it easy.

Stacy's training involved a combination of running, Pilates, barre, strength training and skiing. That's right – skiing. On top of her intensive marathon training, Stacy is a ski instructor, figure skating coach and a customer service and sales manager.

During the winter, she taught skiing on some nights and most weekends, while teaching figure skating once or twice a week. "I feel like that helped my cross training, because you're using slightly different muscles," Stacy explained. She was happy to get some cross training in at work because during this time period she was working more than 50 hours a week, while still managing to train for her segment of MS Run the US.



The Drive

To many of us, working three jobs and running more than 175 miles in a week seems absolutely impossible, but Stacy sees it differently and is fueled by love and passion. “My grandfather struggled every single day, and knowing that if he pushed through his challenges, I could do this, too,” she shared.

While training for the run was time consuming and intensive, the part that concerned Stacy the most was the fundraising. To be a part of the relay team, she had to pledge to fundraise \$10,000. Through sharing her story and information about the run, she was able to reach that goal.

Through her efforts, Stacy reconnected with Gamma Phi Beta sisters she hadn’t heard from in a while, and many shared stories of

their own family members or friends who are living with MS. Sisters sent notes to tell her how proud they are of her, which propelled Stacy to work hard and keep going. “My big drive is based around my grandfather and the others I’ve met along the journey who have MS. They are why I’m doing this.”

The Run

On May 21, the baton was passed to Stacy and she began to run toward Denver, Colorado. Over the course of the 175 miles, she gained 14,117 feet in elevation and summited two Rocky Mountain passes – Rabbit Ears and Loveland.

On the first day she made it through Rabbit Ears Pass, which was a challenge, but Stacy said the most difficult day was day

three. “I anticipated that day to be a little harder because it was on a busier highway and I didn’t get a ton of sleep the night before.” The adrenaline of starting the race was wearing off, and the highway didn’t make for the most interesting portion of the run. It became a true mental challenge, but Stacy persevered and conquered what she called her “hump day.”

Luckily, day four was the one she was most eagerly anticipating. She climbed Loveland Pass, which is just shy of 12,000 feet – a huge confidence booster for Stacy. With this incline she conquered her second Rocky Mountain pass of the run to Denver and knew the rest was literally a downhill race from there.



While she faced challenges along the way, Stacy said she was surprised by how prepared she was for the run. She never had terrible aches and pains, and though she had to switch out her shoes, she said the main physical effect was her swollen feet. She also had a support system of fellow runners and family members texting her every morning to keep her spirits high. "It made me feel that I wasn't on my own," she shared. "I had these people with me every single day."

Stacy took away a lot of great memories, but her favorite moment was finishing the final mile. Her support system came to join her for the home stretch. They all wore orange shirts, so Stacy dubbed them her orange army, and they ran the last mile to the finish line together.

When she handed off the baton to the next runner, the moment was surreal. "I had been working toward it for so long that to be done didn't even feel real," Stacy said. "It took me a few weeks afterward for it to sink in."

Stacy took a week off from running, and now she's back at it. She is scheduled to run a 50k in July. As for MS Run the US, she is proud to have inspired some people to apply for her segment of the relay, so she's decided to pass the baton to someone else for next year's race. Stacy's hope all along was to inspire others, share her journey and raise awareness for MS. She successfully completed 175.88 miles and accomplished her goal – just as her grandfather would have wanted.

March Training Schedule

- Wake up at 4:15 a.m.
- Run eight miles
- Strength training
- Foam roll
- Head to work
- In bed by 8 p.m.



Sophie consistently utilizes her Instagram account to track her progress and inspire others on their own weight loss journeys. You can follow her @SuitablySophie!

Sophie Clauss (California State-Fullerton) learned she has a hypothyroid when she was a sophomore in high school. Hypothyroidism means the thyroid gland can't make enough thyroid hormone to keep the body running normally, which often means it is easy to gain weight, but very difficult to lose it. After struggling with doctors who insisted she just eat less, Sophie sought out a doctor who specialized in holistic medicine. She changed her medication until she had the ability to lose weight, and after she completed her undergraduate degree, she decided it was time to take control of her health. She created the Instagram account Suitably Sophie to hold herself accountable and is now inspiring more than 60,000 followers to pursue their own health goals. *The Crescent* talked to Sophie about her weight loss journey, her Instagram and a few of her favorite things.

The Crescent: Why did you create your Instagram?

Sophie Clauss: I created a separate Instagram for health and fitness about three years ago. I wanted a space where I could hold myself accountable while also connecting with other women who were on a similar journey.

TC: What inspired you to make a lifestyle change?

SC: My whole life I have fluctuated in weight due to having a hypothyroid. When I was 21, I had just graduated from undergrad and was entering the "real world." I took a closer look at my overall health and realized I was overweight. I also just didn't feel good – mentally, physically and overall. I knew I needed to take my health more seriously.

TC: How do you stay motivated to make healthy choices?

SC: When I first started, I hated it. I couldn't do any work out without modifying it. I would be out of breath from a walk. I had to focus on each day and just being active for at least 30 minutes. As I saw myself progress, I was motivated and wanted to keep going. That still drives me – I love health and fitness and I am passionate about it.

TC: Does your Instagram account help you reach your goals?

SC: Absolutely! My Instagram connected me to an entire community of women who are trying to better themselves through fitness. Seeing other people struggle and push through, motivated me on days I did not want to continue. It was also a place to ask questions, share success and connect to people. I'm motivated by relationships and connection and Instagram has always provided that.

TC: What's your favorite way to exercise?

SC: I genuinely enjoy most types of working out, but for now I have really enjoyed working out through weightlifting and circuit training.

TC: Do you set specific fitness goals?

SC: When I started, I had to make very specific goals because I didn't have the knowledge or motivation I have now. I would work out five



Before: This photo was taken in August 2015 on Sophie's first day of graduate school. She was just beginning her health and fitness journey. After: In April 2017, during her last semester of graduate school, Sophie took this photo highlighting the progress she has made.

days a week for 30 minutes and I ate Paleo. Now, I work out six days a week for about an hour and eat mostly Paleo. I have tried lots of different styles of eating and enjoy challenging myself and trying new things.

TC: How do you practice self-love?

SC: Self-love to me means giving your body and soul what it needs. All bodies need food and water to survive, but self-love requires going the extra mile. It is appreciating every scar, bruise or mole and realizing that those are all reminders of our individual, unique beauty. I practice this through positive affirmations and recognizing negative body talk in conversations around me.

TC: What advice do you have for women who are looking to make fitness a priority in their lives or begin their own weight loss journey?

SC: I would highly recommend them to start out slow. Just change something small and stick with it. The name of the game is consistency. I went from barely being able to work out 30 minutes and not knowing how to cook, to loving working out and trying new recipes.

TC: What is the greatest lesson you learned since beginning your Instagram?

SC: I think the greatest lesson I learned started

with making my health a priority. I learned so much about myself and what I wanted because I felt better. I was freed from the negative thoughts I was having about myself which ushered in new dialogue about things I wanted in life and for myself. It only just begins with health and fitness, but I truly fell in love with life again because of it. Now, health and fitness are just part of my routine. The reciprocal effects haven't changed.

This or That?

Beach or mountains? Beach, I'm Southern California born and raised.

Cycling or running? Both!

Coffee or tea? Coffee.

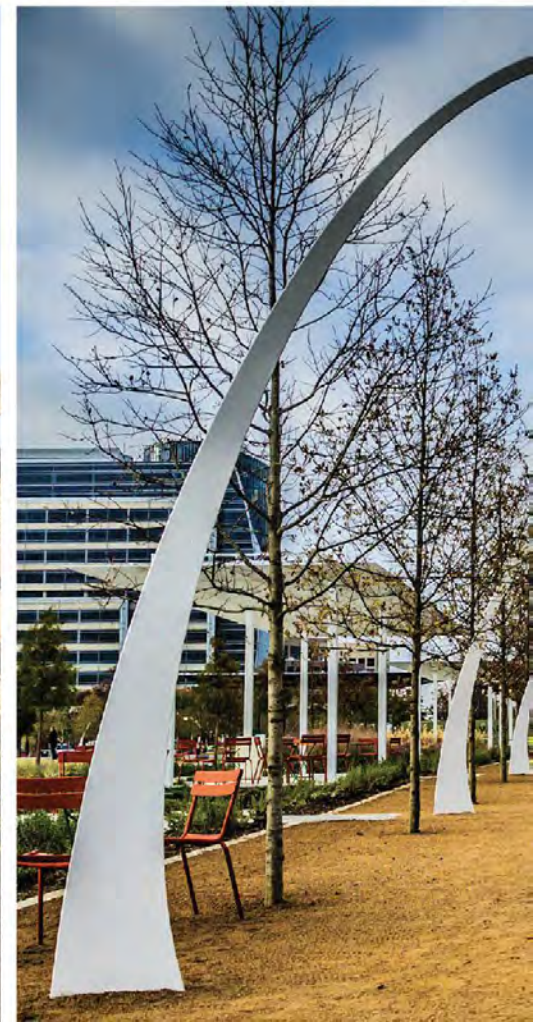
Breakfast or dinner? Dinner.

Leggings or shorts? I would wear leggings 24/7 if I could.

Sleeping in or waking up early? Sleeping in when possible, but most days I'm up by 6:15.

Movie or TV show? Both! I couldn't survive without Netflix!

IT STARTS WITH US IN DALLAS, TEXAS





WHAT IS CONVENTION?

Gamma Phi Beta hosts an international Convention every other year on even numbered years. The theme of our 78th Convention was *It Starts With Us* as we met in the heart of Dallas, Texas. Convention was an opportunity to gather as sisters, conduct Sorority business, enhance our leadership skills, celebrate our ritual and let our sisterhood shine. In addition to being held in the great city of Dallas, the Convention schedule was jam packed with Sorority business, educational events, ritual, sisterhood and fun!

WHERE CAN I LEARN MORE ABOUT THE 78TH CONVENTION?

In the next issue of *The Crescent*, you will see a full Convention recap and learn more about the business conducted and awards won. In the meantime, visit Gamma Phi Beta's official social media pages to see photos and daily video recaps.

WHY DALLAS?

Dallas was the perfect location for Convention 2018 due to its central location and highly accessible airports. Sisters across North America could easily gather together to connect with friends old and new. They say everything is bigger in Texas, and Dallas is no exception. With 12,000 places to eat and more than 80,000 places to stay, there is no limit to what you can explore! The city is full of impressive architecture, art, museums and nature, too. Check out the lists of things to do and local attractions your sisters enjoyed while visiting Dallas.

Population: 1.318 million

Alumnae in the Area: 4,582

Weather: Average 92 degrees for the high and 70 degrees for the low

Collegiate Chapters in Texas: Alpha Xi (Southern Methodist), Gamma Zeta (Texas A&M-Commerce), Gamma Iota (Midwestern State), Gamma Chi (Texas State-San Marcos), Zeta Lambda (Texas A&M-Corpus Christi), Zeta Rho (Texas A&M-College Station), Zeta Chi (Texas Christian) and Zeta Psi (Texas-San Antonio)

Alumnae Chapters in Texas: Amarillo Area, Arlington, Brazos Valley, Corpus Christi Area, Dallas, Greater Austin Area, Greater Fort Worth, Houston, Katy, North Houston, Northeast Texas, San Antonio and Wichita Falls

THINGS TO DO

- Explore White Rock Lake
- Visit Main Street Garden
- Hike the Trinity River Forest
- Enjoy the Dallas Farmers Market

LOCAL ATTRACTIONS

- Bishop Arts District
- Dallas Arboretum
- Dallas Heritage Museum
- Dallas Museum of Art
- Dallas Zoo
- Nasher Sculpture Center
- The Sixth Floor Museum
- Perot Museum of Nature and Science
- Shopping at NorthPark
- George W. Bush Presidential Library and Museum

DALLAS FUN FACTS

- The 52 foot 'Big Tex' statue that greets visitors at the annual State Fair of Texas is the tallest cowboy in Texas.
- The Dallas Arts District is the largest urban arts district in the United States.
- Dallas-Fort Worth International Airport covers almost 27 square miles, which makes it larger than the island of Manhattan.



The Crescent Archives



First published in 1900, *The Crescent* has evolved over time, but has always been a key piece of communication for members everywhere. Now, you have access to every issue of *The Crescent*.

Visit GammaPhiBeta.org/TheCrescentArchives to explore the history of our magazine!

Ida Montes

(Texas A&M-Corpus Christi), Panhellenic Specialist, Regions 3 and 4

"Volunteering helps give meaning to my life. It gives me balance and joy. I also love being able to give back to Gamma Phi Beta because Gamma Phi molded me into the person I am today."

Looking for balance in your own life? Visit GammaPhiBeta.org/Volunteer to find the perfect volunteer role for you!

SORORITY Life

It's collegiate and alumnae chapter updates – at a glance! Read all about our shining chapters across the continent and their recent activities. For submission guidelines, visit GammaPhiBeta.org.

Region 1 CONNECTICUT

Eta Theta Chapter (Connecticut)

Sisters focused on philanthropy this semester. Members organized a trash cleanup with other fraternities and sororities on campus and enjoyed a s'mores fundraiser.

Eta Pi Chapter (Quinnipiac)

This semester, Eta Pi Chapter hosted a Moonball kickball tournament, raising money for Girls on the Run. The chapter also won the Excellence in Leadership and Development Award and the Chapter Growth Award.

DELAWARE

Eta Gamma Chapter (Delaware)

Sisters volunteered with their local Girls on the Run council by attending practices and races and raised funds for Girls on the Run through their Moonball tournament.

MASSACHUSETTS

Epsilon Eta Chapter (Bridgewater State)

The chapter hosted a Big Sister/Little Sister Reveal and sisters enjoyed traveling. Public Relations Vice President Keyana Ardarkwah traveled to Cambodia to help build water filters, and dance team member Alysha Elie traveled to Florida to compete in a national competition.

Epsilon Phi Chapter (Bentley)

Members are thrilled to share they won Greek Week 2018! They also enjoyed volunteering at a Girls on the Run 5k and hosted a successful Big Sister/Little Sister Reveal.

NEW JERSEY

Bergen County Alumnae Chapter

Alumnae members met for a fundraising lunch with and for their local Girls on the Run and celebrated Betty Sokol's (San Diego State) 90th birthday. They participated in the New Jersey North Girls on the Run 5k as coaches and hair stylists and ended the year with a fondue lunch.

NEW YORK

Alpha Chapter (Syracuse)

The chapter initiated 62 new members this spring and said farewell to 63 graduating seniors.

Iota Chapter (Columbia)

In April, sisters initiated their new member class and one member's aunt surprised her at the ceremony. Iota Chapter also hosted Moonball and celebrated their seniors with alumnae. Members are already looking forward to the new academic year.

Epsilon Epsilon Chapter (Union)

Sisters are thrilled to welcome six new members to the chapter and hosted Moonball in April. They raised \$1,800 for Girls on the Run and look forward to volunteering at the local 5k.

Epsilon Tau Chapter (Rochester)

The chapter celebrated their graduating seniors and hosted a Moonball tournament to wrap up the year. Members are staying busy this summer with internships, study abroad and new jobs.

Zeta Mu Chapter (St. John's)

This year, the executive council worked to ensure the chapter could grow and thrive. They have come up with new ideas and helped sisters connect with one another. In the spring, sisters enjoyed meeting with alumnae in the area for dinner and reminiscing on Zeta Mu Chapter's past.

PENNSYLVANIA

Alpha Upsilon Chapter (Penn State)

In February, Alpha Upsilon Chapter received the Standards of Excellence Achievement Award and the Excellence in Academic Achievement Award at the Greek Column Awards Ceremony. They also enjoyed a spring tea and senior send-off with [State College Alumnae Chapter](#).

Delta Kappa Chapter (Lehigh)

Many sisters made Dean's List this semester and Delta Kappa Chapter is very involved on and off campus through various organizations and volunteer opportunities. From water polo and volleyball, to campus tour guides and first-year orientation leaders, sisters stay busy and involved!

Zeta Epsilon Chapter (Duquesne)

Once a month, sisters visit a women's shelter to serve food and have conversations with the women. They enjoy making an impact on their community and hosted a Moonball tournament as well.

ONTARIO

Alpha Alpha Chapter (Toronto)

Alpha Alpha Chapter earned the Panhellenic award for Most Outstanding Chapter! They also raised more than \$3,000 for Girls on the Run with their Moonball volleyball tournament. The chapter would like to wish the best to their graduating seniors.

QUEBEC

Alpha Tau Chapter (McGill)

Sisters hosted a Moonball volleyball tournament and surpassed their fundraising goal by 25 percent! They were thrilled to have such incredible support.

Gamma Phi Beta Sorority by Regions





Region 1 | At Colgate University's 2018 Greek Awards, Delta Tau Chapter (Colgate) President Emily Griffith and Chapter Advisor Gretchen Oostenink (Iowa) were honored to accept the Greek Chapter of the Year Award and Sorority Academic Excellence Award.



Region 2 | Eta Epsilon Chapter (Virginia Tech) enjoyed a photoshoot after welcoming 83 new members into the sisterhood.

Region 2 FLORIDA

Eta Lambda Chapter (Central Florida)

This semester, sisters volunteered at a Girls on the Run 5k that takes place on the University of Central Florida campus. Members helped at the happy hair station, face painting table and cheered on the runners. In addition to their involvement with Girls on the Run, the chapter participates in a shoe fairy program where they visit schools dressed as fairies and give shoes to children.

Naples Alumnae Chapter

Alumnae members met to install officers and vote on philanthropy gifts supporting Girls on the Run, PACE Center for Girls, Eta Xi Chapter (Florida) and an organization that provides feminine hygiene products to girls in low-income homes.

KENTUCKY

Epsilon Sigma Chapter (Morehead State)

Nine sisters earned a 4.0 last semester and the chapter placed third in Greek Week. They also earned the Most Improved Chapter Award and Excellence in New Member Education Award at their campus Panhellenic awards.

MARYLAND

Beta Beta Chapter (Maryland)

Beta Beta Chapter hosted mom's weekend and invited mothers, grandmothers and any other women who inspire them. Strong women shared stories and laughs over brunch and tea.

NORTH CAROLINA

Epsilon Psi Chapter (North Carolina-Asheville)

Sisters are involved with various philanthropic opportunities. They volunteered at a Girls on the Run 5k, a food bank and a local organization that provides services to domestic abuse survivors.

SOUTH CAROLINA

Epsilon Theta Chapter (Clemson)

The chapter celebrated their 30th anniversary by inviting alumnae and family members to enjoy food and raffle prizes. Sisters connected with one another and learned more about their chapter's history.

Zeta Sigma Chapter (South Carolina)

Sisters had a Girls on the Run focused April! They hosted their Moonball volleyball tournament to raise funds for the program, and then cheered and ran the Girls on the Run 5k in Columbia, South Carolina.

TENNESSEE

Nashville Alumnae Chapter

The chapter met to elect new chapter officers and are excited for the many events they have planned for the upcoming months.

VIRGINIA

Alpha Chi Chapter (William & Mary)

From student government to varsity gymnastics and swimming, sisters are heavily involved on campus. This spring, Annelise Yackow received the Sorority Woman of the Year Award!

Epsilon Iota Chapter (Christopher Newport)

This year was the chapter's 30th anniversary! They celebrated with a brunch for collegiate and alumnae members. Sisters shared their stories of how Gamma Phi Beta changed their lives, and alumnae shared the everlasting impact the sisterhood has on them. The event was a great reminder of the bonds of the Sorority.

Epsilon Pi Chapter (George Mason)

Sisters were thrilled to win first place in the George Mason University Homecoming lip sync competition! They also enjoyed a sisterhood retreat where they learned about female empowerment, while bonding with one another.

Zeta Beta Chapter (Virginia)

Members are very excited about their facility renovations. They are redoing the interior and adding 1,700 square feet! Sisters can't wait to see the new updates, while maintaining the historic charm of their beloved home.

Eta Nu Chapter (James Madison)

Eta Nu Chapter hosted Gamma Phi alumnae, mentors, advisors and sisters at their Building Strong Girls Gala. They enjoyed brunch, a silent auction, speeches, an acapella group and networking with sisters.

Fairfax County Alumnae Chapter

Crafty sisters knitted and crocheted 32 red hats for babies at local hospitals for the American Heart Association's "Little Hats, Big Hearts" campaign. The program supports newborns and increases awareness of infant heart problems.



Region 3 | Eta Upsilon Chapter (Nicholls State) spent a weekend listening to guest speakers from Bayou Region Girls on the Run and decorating bandanas for the spring Girls on the Run 5k.

Region 3

ALABAMA

Gamma Phi Chapter (Auburn)

In the spring, the chapter hosted a Moonball volleyball tournament to raise funds and awareness for Girls on the Run. They were able to raise more than \$10,000!

GEORGIA

Delta Upsilon Chapter (Georgia)

Sisters had a blast hosting their Moonball event on their front lawn. Members coached the teams, served refreshments and welcomed the University of Georgia community to play and watch.

Zeta Omega Chapter (Kennesaw State)

Seven Zeta Omega Chapter sisters were initiated into Order of Omega this year and two members are serving on the Panhellenic Council. The chapter also celebrated their 10th anniversary with a brunch and ritual service.

LOUISIANA

Epsilon Mu Chapter (Loyola-New Orleans)

Sisters are involved with campus activities like student government, swim team and student newspaper, but they always find time for Girls on the Run. This semester, they volunteered at a Girls on the Run 5k and raised funds and awareness for the program with their Moonball tournament.

TEXAS

Alpha Xi Chapter (Southern Methodist)

Several members volunteered at a Girls on the Run 5k and had an amazing time encouraging participants and preparing them for the race.

Gamma Zeta Chapter (Texas A&M-Commerce)

Sisters hosted an egg hunt for alumnae and their legacies. The event allowed members to spend time together and celebrate sisterhood with treats and bubbles for the kids.

Zeta Lambda Chapter (Texas A&M-Corpus Christi)

Graduating seniors enjoyed their senior celebration with collegiate and alumnae sisters. The chapter is excited to see what they will accomplish!

Zeta Rho Chapter (Texas A&M-College Station)

Brooke Joyner was named Panhellenic Woman of the Year, and the chapter is so proud of her! They are also proud to share they have been working to create a local Girls on the Run council, and a program will be starting at a nearby elementary school this fall.

Zeta Chi Chapter (Texas Christian)

Zeta Chi Chapter is very thankful to their alumnae members for their help all year, especially as they moved into their new home. Sisters celebrated their facility dedication and 10th anniversary with alumnae and are looking forward to sharing it with potential new members in the fall.

Region 4

INDIANA

Beta Phi Chapter (Indiana)

Over the course of the year, Beta Phi Chapter raised \$14,000 for Girls on the Run!

Delta Iota Chapter (Purdue)

This year's Moonball kickball tournament was a success! Members enjoyed raising funds for Girls on the Run and a few of the program participants attended to show their support.

Zeta Iota Chapter (Valparaiso)

The chapter is very proud of Rachel Winkler for receiving the Outstanding New Member of the Year Award for the Social Action Leadership Team at this year's Student Orgs Awards. Several sisters are also part of VISA, a group dedicated to enhancing an inclusive environment among international and American students. This group was named Student Org of the Year.

Zeta Kappa Chapter (Southern Indiana)

Sisters celebrated having the highest sorority GPA on campus and winning Greek Week. In April, they met with alumnae members for networking and lunch.

MICHIGAN

Beta Delta Chapter (Michigan State)

The day after Saint Patrick's Day, sisters took the initiative to keep their community clean. They spent the morning cleaning up and recycling with other members of the fraternity/sorority community.

Epsilon Beta Chapter (Alma)

Sisters are student athletes, involved in the admissions department and serve as coaches for Girls on the Run. Two members serve on Alma's Panhellenic Council and a few sisters are resident assistants and first-year guides.

Zeta Nu Chapter (Detroit-Mercy)

Zeta Nu Chapter earned Most Improved GPA and Highest Sorority GPA on campus and hosted an alumnae game night. Collegiate and alumnae members played board games, watched movies and formed stronger bonds.

Eta Delta Chapter (Grand Valley State)

During the academic year, the chapter earned the highest cumulative GPA of the campus's Panhellenic community. They also hosted a pancake breakfast for all nearby alumnae and enjoyed getting to know the women and hearing their stories.

Greater Lansing Area Alumnae Chapter

Sisters met with graduating Beta Delta Chapter (Michigan State) seniors and conducted the Rite of Passage ceremony.

OHIO

Beta Epsilon Chapter (Miami-Ohio)

Through Moonball, Beta Epsilon Chapter raised more than \$4,000 for Girls on the Run! Sisters participated in other philanthropic events, including Spring Clean and Greek Week.

Beta Xi Chapter (Ohio State)

Administrative Vice President Browning Hayes earned the Peletonia Undergraduate Fellowship and the Advanced Undergraduate Researcher Award. Beta Xi Chapter is very proud!



Region 4 | Beta Chapter (Michigan) wishes their graduating sisters good luck in their new adventures as alumnae members. These women helped reestablish Beta Chapter, and sisters are very thankful for their efforts and dedication!

Zeta Omicron Chapter (John Carroll)

The chapter had more than 30 teams participate in their Moonball volleyball tournament! They also had a few participants from the local Girls on the Run council attend the event.

Region 5

ILLINOIS

Epsilon Chapter (Northwestern)

Sisters hosted Moonball and leading up to the event, they held a donation-based kickboxing class, whiteboard campaign and profit share with a local restaurant to raise funds for Girls on the Run.

Omicron Chapter (Illinois at Urbana-Champaign)

This spring, seniors and alumnae came together for a senior celebration to transition the seniors from collegiate members to alumnae sisters. They celebrated all their success and discussed what their futures hold. Congratulations, sisters!

Beta Eta Chapter (Bradley)

The chapter was awarded Most Improved Chapter GPA and President Mariel Singson earned Most Influential President from Bradley's Panhellenic Council. Sisters also enjoyed plenty of sisterhood events and celebrated their seniors before the close of the year.

Delta Pi Chapter (Illinois State)

In April, sisters enjoyed spending time with their mothers during their mom's day event. Everyone enjoyed brunch at the chapter facility and painted a vase filled with pink carnations to take home.

Chicago Alumnae Chapter

Chicago Alumnae Chapter raised funds for the Gamma Phi Beta Foundation's Loyalty Grant program and participated in two Girls on the Run 5ks in downtown Chicago.

Chicago Northwest Suburban Alumnae Chapter

Sisters supported Girls on the Run at their practice 5k. They made a paper chain finish line filled with words of affirmation and even ran a few laps with the participants. After the race, they provided snacks and hair ribbons the chapter made at one of their meetings.

IOWA

Rho Chapter (Iowa)

The chapter earned the Certificate of Excellence in Recruitment/Intake and Retention and the Certificate of Excellence in the Value of Congruence from their Panhellenic Council.

Omega Chapter (Iowa State)

Sisters are looking forward to their centennial celebration this fall! The event is open to all Gamma Phi Beta sisters and will take place October 5-7 in Ames, Iowa. Visit the Facebook page "Omega 100th Anniversary Celebration" for more information.

Gamma Psi Chapter (Northern Iowa)

Gamma Psi Chapter enjoyed socializing with alumnae at their egg hunt event, searching for more than 400 eggs with alumnae and their families. The chapter is excited to celebrate their 50th anniversary in the fall.

MINNESOTA

Gamma Pi Chapter (Minnesota State-Mankato)

This spring, the chapter initiated their newest members. Sisters also enjoyed their spring formal and volunteered at a Girls on the Run 5k.

NORTH DAKOTA

Alpha Beta Chapter (North Dakota)

The chapter is proud to announce they were awarded Panhellenic's Outstanding Chapter and the Accountability Award this year. Great work, sisters!

WISCONSIN

Gamma Chapter (Wisconsin-Madison)

Sisters had plenty to celebrate this spring. Olivia Dallavo received the Viking Scholarship, which allows her to study abroad next spring, and Sophie Peterson was elected as the business school representative for the Associated Students of Madison. In addition, Megan Westphal (Valparaiso) celebrated 10 years as the chapter's advisor.

Gamma Gamma Chapter (Wisconsin-Milwaukee)

Sisters raised funds and awareness for Girls on the Run at their Moonball basketball tournament. The chapter received Excellence in Philanthropy and Excellence in Academics at this year's Panhellenic awards, as well!

Gamma Rho Chapter (Wisconsin-Oshkosh)

The chapter was named Chapter of the Year by the Panhellenic community and enjoyed their Moonball basketball tournament. They wrapped up the semester at their Pink Carnation Ball.

Region 6

COLORADO

Tau Chapter (Colorado State)

This semester, the chapter spent a weekend with their fathers and hosted a successful Moonball tournament. They celebrated their seniors and are excited to see what they accomplish!

KANSAS

Sigma Chapter (Kansas)

In March, members teamed up with Phi Gamma Delta Fraternity to win the 2018 Rock Chalk Revue Variety Show. They won almost every award and helped raise more than \$70,000 for the Boys and Girls Club of Lawrence.



Region 5 | Sisters are thrilled that Kappa Chapter (Minnesota-Twin Cities) is part of The 1874 Society and raised more than \$4,000 for Girls on the Run at their most recent Moonball tournament.



Region 6 | Members of the Greater Kansas City Alumnae Chapter attended the Kansas City Panhellenic Woman of the Year and Scholarship Brunch, which raised more than \$5,000 for scholarships for sorority women in the Kansas City area.

Beta Upsilon Chapter (Kansas State)

Sisters hosted their most successful Moonball tournament yet! There were lots of laughs shared with the community while Building Strong Girls and promoting a healthy lifestyle.

MISSOURI

Phi Chapter (Washington University)

At the University's Panhellenic Awards, Phi Chapter won Excellence in New Member Education and sister Shelby Karp earned the Outstanding Fraternal Spirit Award.

Alpha Delta Chapter (Missouri-Columbia)

Sisters participated in Mizzouthon – the largest student movement at the University – and participated in a 14-hour dance marathon!

Gamma Tau Chapter (Saint Louis)

At their Moonball tournament, Gamma Tau Chapter raised more than \$5,000 for Girls on the Run. Sisters also dedicated more than 300 hours to tutoring girls through Girls, Inc.

Delta Nu Chapter (Missouri State)

During this year's Greek Week, the chapter won awards for outstanding chapter leadership and management and most improved Panhellenic GPA. Sister Lauren VanNess won Woman of the Year!

Zeta Delta Chapter (Southeast Missouri State)

Sisters enjoyed hosting Moonball and participating in Greek Week. The sororities and fraternities on campus came together to donate to a local food pantry, raise funds for Safe House for Women in Cape Girardeau and donate 1,194 units of blood to the American Red Cross.

Eta Iota Chapter (Rockhurst)

Eta Iota Chapter won their first Greek Week this year! They also enjoyed celebrating their fifth anniversary in April.

Eta Sigma Chapter (Central Missouri)

After spring recruitment, sisters welcomed new members and had a successful Greek Week. They earned first place in multiple events and made a lot of new memories.

Saint Louis Alumnae Chapter

In addition to its regular book club and movie club events, the Saint Louis Alumnae Chapter's spring calendar included a yoga and brunch outing, cheering on Girls on the Run participants and a potluck dinner with new officer installation.

NEBRASKA

Pi Chapter (Nebraska-Lincoln)

Sisters are proud to be part of Order of 1874 and enjoyed hosting a babysitting night for local alumnae. Children were dropped off at the chapter facility where they played games and spent time with sisters. The chapter hopes to host this event every semester.

Gamma Kappa Chapter (Nebraska-Kearney)

The chapter was honored by the University for Community Service Program of the Year for their outstanding participation and support of Girls on the Run. They were also named Chapter of the Year by the Panhellenic Council.

Epsilon Delta Chapter (Creighton)

At this year's University Awards, sisters were thrilled to accept the Chapter of the Year Award, Scholarship Award, Service Award and Risk Management Award!

OKLAHOMA

Psi Chapter (Oklahoma)

This spring, the chapter hosted a Moonball kickball tournament. They had 12 teams participate and raised more than \$4,000 for Girls on the Run!

Beta Omicron Chapter (Oklahoma City)

Sisters enjoyed spending time with Oklahoma City Alumnae Chapter at their spring tea. Gamma Phi Betas of all ages loved getting to know one another better over tea and snacks. They also were thrilled to earn the 2018 Oklahoma City University Outstanding Commitment to Philanthropy Award.

Region 7

ARIZONA

Alpha Epsilon Chapter (Arizona)

The chapter hosted a Moonball tournament and volunteered at a Girls on the Run 5k. In April, they enjoyed their annual senior and alumnae dinner, where seniors could get to know local alumnae and learn a bit more about the impact the Sorority has after graduation.

Beta Omega Chapter (Northern Arizona)

Sisters hosted an event called The She Is Movement. They invited their community to write a word on a notecard that they felt described a strong woman in their lives. The notecards were placed on a large board to showcase how Northern Arizona University builds strong girls.



Region 7 | Beta Alpha Chapter (Southern California) is proud to have received the USC Leadership Excellence Award from the University!



Region 8 | Sisters of Alpha Lambda Chapter (British Columbia) had a great time hosting Moonball and were thrilled with the support of their community.

CALIFORNIA

Alpha Iota Chapter (California-Los Angeles)

Early in the semester, Alpha Iota Chapter invited local alumnae to a basketball tailgate. They had a great time and were thrilled with the large turnout!

Delta Theta Chapter (California Polytechnic State)

The chapter participated in Theta Chi Fraternity's philanthropy event, Sorority's Best Dance Crew. Sisters were proud to have the largest audience turnout and placed first in the competition for the fourth year in a row.

Delta Eta Chapter (California-Irvine)

Members invited alumnae to a fashion show put on by the chapter. They were able to reconnect with one another and update alumnae on current chapter happenings.

Zeta Theta Chapter (Pepperdine)

Sisters spent time together at various sisterhood events, including exploring Huntington Gardens and downtown Pasadena. They are very proud of their sisters who recently graduated, and many graduated with honors!

Epsilon Gamma Chapter (San Diego)

The chapter had a great turnout at their Moonball volleyball tournament. They raised awareness and funds for Girls on the Run and continued to stay involved by volunteering for the local 5k. Sisters were coaches, running buddies and took on other volunteer roles.

Epsilon Nu Chapter (Chapman)

This semester, sisters got to know their most recent new member class. They had numerous sisterhoods, Big Sister/Little Sister events, Initiation and plenty of opportunities to strengthen their sisterhood.

Los Angeles Alumnae Chapter

In March, the chapter hosted a beach clean up in Santa Monica and in April, they enjoyed a Paint Night sisterhood event.

NEVADA

Eta Rho Chapter (Nevada-Las Vegas)

The chapter celebrated the second anniversary of their installation with members of the Las Vegas Valley Alumnae Chapter. They look forward to future celebrations!

Region 8

CALIFORNIA

Delta Chi Chapter (California State-Sacramento)

The fraternity and sorority community came together for Delta Chi Chapter's Moonball tournament. Everyone had a great time playing volleyball and supporting Girls on the Run.

Epsilon Kappa Chapter (California State-Chico)

Sisters enjoyed being involved with and raising money for Girls on the Run and helped fundraise for other organization's philanthropic partners.

Zeta Gamma Chapter (Sonoma State)

Zeta Gamma Chapter established a Leadership Endowment in honor of sister and advisor Katie Combs (California State-Chico). Taylor Hyland was the first recipient of this award and attended Convention in Dallas, Texas, using the funds.

IDAHO

Xi Chapter (Idaho)

This spring, the chapter was named 2017 Group of the Year by the University for their philanthropic efforts. They helped establish a Girls on the Run council in the Moscow area.

OREGON

Nu Chapter (Oregon)

Sisters raised almost \$13,000 for Girls on the Run through their Moonball tournament and Building Strong Girls week!

WASHINGTON

Lambda Chapter (Washington)

The chapter earned the Excellence in Chapter Management Award at this year's Panhellenic awards event. Elise Morrison won the Humanitarian Award and Jillian Carpenter was named Ernestine Collins Greek Woman of the Year.

Zeta Alpha Chapter (Eastern Washington)

Members were proud to be named Sorority Chapter of the Year at the Panhellenic Council Awards! They also have multiple sisters serving on the Panhellenic Council, and sisters attended the Girls on the Run 5k in May.



RECOGNIZING THE ΓΦΒ PHILANTHROPIC SPIRIT

ANNUAL GIVING SOCIETIES

The Foundation is pleased to recognize our donors for the generous contributions made during the fiscal year (August 1 to July 31) to the areas of greatest need. Each gift offers an immediate return on investment by supporting every area of the Foundation's focus, from operations to administering scholarships for members and grants to the Sorority. The Foundation has six recognition societies, including our planned giving society, which provide a variety of options so that giving back can be at a level that is truly meaningful to you.



THE FOUNDERS SOCIETY

Like the four Founders whose strength and commitment established Gamma Phi Beta, members of The Founders Society preserve their legacy by ensuring the continued growth that allows the Sorority and Foundation to remain unwavering in fulfilling its mission. The Founders Society recognizes annual unrestricted gifts of \$5,000 or more.

THE 1874 SOCIETY

Named for the year Gamma Phi Beta was founded, The 1874 Society recognizes annual unrestricted gifts of \$1,874-\$4,999. These gifts are vital to fulfilling our mission to support and inspire the lifelong development of women.

THE CRESCENT SOCIETY

The Crescent Society is for members of all ages who give between \$250 and \$1,873 annually in unrestricted funds to the Foundation. These gifts preserve the legacy and further the vision of Gamma Phi Beta. These generous contributions are categorized at the brown and mode level:

- The Crescent Society – Brown: Recognizes gifts between \$250 and \$999 annually.
- The Crescent Society – Mode: Recognizes gifts between \$1,000 and \$1,873 annually.



THE SISTERHOOD SOCIETY

The Foundation's young alumnae recognition society is an opportunity for members under the age of 35 to be recognized for their meaningful gifts. Young alumnae can become members of this giving society with a minimum annual unrestricted gift of \$25. Donations of \$187.40 or more receive a special recognition gift.

CARNATION NATION

The Foundation's newest giving society is exclusively for our collegiate members. By joining Carnation Nation, collegians come together in celebrating sisters and changing lives by making a gift. These gifts honor and support Gamma Phi Beta, making an impact in the lives of our sisters today and tomorrow. Collegiate members can join Carnation Nation with a minimum annual unrestricted gift of \$5. Collegiate members giving \$18.74 or more receive a special recognition gift.



THE TAU EPSILON PI SOCIETY

Tau Epsilon Pi Society is made up of nearly 200 members who have arranged gifts to the Foundation through thoughtful estate planning. Gifts to the Foundation can be designated or unrestricted, according to a donor's wishes. Any donor who has included the Foundation in their estate plans is a member of the prestigious Tau Epsilon Pi Society.



GAMMA PHI BETA
FOUNDATION

**Want to join? Visit
GammaPhiBeta.org/GivingSocieties
for more information.**

In Celebration

Celebrate a special sister, loved one or event with an "In Celebration" gift to the Gamma Phi Beta Foundation. Thank you to the following donors, whose gifts were recorded as of April 30, 2018. Lists are printed as received from the Foundation.

In celebration of "true and constant friends:" Kathy Sater Arnold (Indiana), Janice Chaplin Arvesen (Indiana), Kelly Nemeth Bluish (Indiana), Emily Gray (Indiana State), Kelly Nelson Hane (Southern Methodist), Kathryn Kitchens Holden (California-Berkeley), Paula Walker McDevitt (Indiana), Kelly Linz Nelson (Indiana), Betty Ahlemeyer Quick (Indiana), Jean Willey Scallon (Idaho), Nancy Downing Stockwell (Indiana) and Robyn Wilds Wirkerman (Indiana).

Joyce McMahan Cookman

In celebration of the marriage of Rosa Borrego (California-Irvine) and Armando Negrete.

Anne Layton

Harriet Cogan (Indiana State), congratulations on your election to join the Foundation Board of Trustees.

Kathy George

Jill Hamilton Crawford (Missouri-Columbia), congratulations on the birth of your daughter, Rowan Noel Crawford.

Kathy Beeman

Krista Davis (Bowling Green), thank you for your leadership, creativity and dedication as Nominating Committee chairwoman. We are grateful for your vast efforts in helping pioneer an exciting time of change for the Nominating Committee and in Gamma Phi Beta.

Katlyn Carr
Barbie Chadwick
Diane Goff
Susie Knetter
Cinda Lucas
Susan Lupo
Magnes Welsh

Haley Izzo (Miami-Ohio), congratulations for joining Gamma Phi Beta at Beta Epsilon Chapter.

Fran Stevenson

Katherine Pezzella (Colgate), thank you for your leadership and service to Gamma Phi Beta as regional director for Regions 1 and 8.

Stephanie Carriere
Betsie Reynolds

In honor of Jennifer Pierce (North Carolina-Asheville) for her award as Outstanding Panhellenic Advisor at the 2017 NPC Annual Meeting.
Knoxville Alumnae Chapter

L'Cena Rice (Southern California) and family, thank you for your gracious hospitality during Eta Mu's (Duke) recruitment.

Barbara Hurt-Simmons

Erin Corkery-Risk, Lori Scheeter and Lilly Schweich (all Southeast Missouri State), when I most needed my sisters, they stood by my side.

Christina Wilmes

In celebration of Betty Baldessari Sokol (San Diego State) as she celebrates her birthday! Congratulations, Betty!

Bergen County Alumnae Chapter

**To make an "In Celebration" gift, visit GammaPhiBeta.org/Donate or call 303.800.2890. The minimum donation is \$25. Gifts received by July 31, 2018, will be acknowledged in the fall 2018 issue*

CARNATION NATION

SUPPORTING OUR SISTERHOOD AND IMPACTING
OUR SISTERS OF TODAY AND TOMORROW

Join today GammaPhiBeta.org/Donate

Memorial Gifts

We acknowledge the following individuals and groups who contributed to the Gamma Phi Beta Foundation in memory of a loved one as of April 30, 2018. Lists are printed as received from the Foundation.

Alpha Zeta (Texas-Austin)
deceased sisters
Alpha Zeta Alumnae Reunion
Cruise Sisters

Elizabeth Hutchinson Boedecker
(Penn State, 1944)
Ann Gregory

Ray Boedecker, husband of Elizabeth
Hutchinson Boedecker (Penn State,
1944)
Ann Gregory

Margaret Dahlquist Eddy (Kansas,
1948)
Margaret Schnackenberg

Carol Hoyerman Brockett
(Northwestern, 1947)
Sarah Decker Sexton

Carol Caruso (Arizona State, 1975)
Frances Griffin
Kris Brandt Riske

Cindy Zeng Ferrell (Nevada-Reno,
1985)
Eleanor Clark and her
birthday group

Melissa Meihofner Fruend (Missouri
State, 1981)
Julia Clement-Voigt

Linda Ginsburg Depaoli (Nevada-
Reno, 1967)
LaVonne Douthit

Marion Elliott Firchow (Wisconsin-
Madison, 1953)
Joan Elliott Piper

Phyllis Bianco Fletcher (University of
Washington, 1947)
Anne Moldrem

Marni Gittinger (University of
Washington, 1982)
Kathleen Ursa

Beverly Jean Smith Gosnell (San
Diego State, 1950)
Cheryl Schwartz

Nancy Howard Greeneisen (Ohio
State, 1956)
Cleveland East Alumnae Chapter

Kathleen Sheehan Heinzen (Bradley,
1949)
Sally Lewis

Anne Metcalf Hibbard (Michigan
State, 1962)
Cynthia Icardo

Marcia Hodges, mother-in-law of
Shellie Hodges (Oregon)
The New Chapter Team
Barbara Boenzli

Elaine Reid Jacobsen (Northwestern,
1944)
Phoenix Northwest Valley
Alumnae Chapter

Judge Robert G. Jones, husband of
Barbara Marshall Jones (Missouri-
Columbia) and father of Brooke
Jones Cashion (Kansas State)
Judy Millen

Barbara Lyman, mother of Lisa
Lyman Gray
Kendra Bocher
Laurie Meili
Magnes Welsh

Carol Klamm Meermans (Ohio
Wesleyan, 1948)
Joan Piper

Kevin Miller, husband of Clare Miller
(Syracuse)
The sisters of Alpha Chapter
Judy Ann Kaspar
Syracuse Alumnae Chapter
Sigma Affiliated House
Corporation

Mary Jane Mithos (Colorado
College, 1940)
Evanston North Shore Alumnae
Chapter
Margaret Schnackenberg
Laurie Veldhuizen

Ruth Carpenter Mittler (Southern
California, 1940)
Bonnie Vacchina

Gladys Hecker Myles (Washington
University, 1935)
Lynn Roberts

Gloria Swanson Nelson (Oklahoma,
1940)
Ann Ross

Alex O'Daniel, husband of Georgia
Olsen O'Daniel (Auburn)
Joyce Penman

Sharolyn Sanborn Riggert (Kansas
State, 1960)
Judith Millen

Rose Marie Robson (Indiana State,
1967)
Nancy Enright

Eugenia Lechner Sansone (Miami-
Ohio, 1949)
Joan Piper

Katherine Kain Sisler (Birmingham-
Southern, 1941)
Marin County Alumnae Chapter

Cornelia Clausen Spanier (Oregon
State, 1935)
Jacki Falkenroth
Karen Grafe
Nancy Scollay
Rene Matz Thompson

Anna Speed (Northern Iowa, 2014)
Alumnae from Gamma Psi
Chapter

Beverly Gould Stern (Southern
California, 1954)
Carol Blanchard

Laurie McKay Unbehnd (California-
Irvine, 1982)
Danica Duensing
Elizabeth Alegre Marquez

Alice Jane Wanamaker (University of
Washington, 1936)
Anne Moldrem

Martha Dorsey Williams (University
of Washington, 1949)
Anne Moldrem

Michelle Gaudier Yaeger (California-
Berkeley, 2010)
Apolonia Arce

**For deceased members, The Crescent lists their first, maiden and last names in accordance with their school and year of initiation. To make an "In Memory" gift, visit GammaPhiBeta.org/Donate or call 303.800.2890. To be listed in The Crescent there is a minimum donation of \$25. Gifts received by July 31, 2018, will be acknowledged in the fall 2018 issue.*

In Memory

We acknowledge the passing of the following members and celebrate their part in our circle of sisterhood. This list reflects notifications received at International Headquarters between February 1 and April 30, 2018. First, maiden, last names and year of Initiation are listed for each deceased member.

Alpha – Syracuse

Joan Bennett Healey, 1954

Delta – Boston

Elizabeth Mulkern Graass, 1944
Christine Maynard, 1957

Epsilon – Northwestern

Elaine Reid Jacobsen, 1944
Carol Linder Beaton, 1947
Carol Cunningham Sawyer, 1956

Eta – California-Berkeley

Jennifer Burnett Harris, 1949

Theta – Denver

Ottilie Stafford Seeber, 1946

Kappa – Minnesota-Twin Cities

Elaine Kohns Johnstone, 1956

Lambda – Washington

Nancy Lucks Moores, 1943
Phyllis Bianco Fletcher, 1947
Martha Dorsey Williams, 1949
Donna Moore Miller, 1950
Susan Green Haas, 1956
Marni Gittinger, 1982

Nu – Oregon

Nicole Panet-Raymond, 2017

Xi – Idaho

Elizabeth Ring Conover, 1944

Pi – Nebraska-Lincoln

Georgianne Rediger Gerhart, 1947
Dora Niedenthal Starks, 1947

Sigma – Kansas

Carol Hastings Graham, 1947
Kathleen Shaughnessy Connor, 1952

Phi – Washington University

Julia Moffet Mosely, 1947

Chi – Oregon State

Margaret Kern Gassman, 1946

Alpha Gamma – Nevada

Mary Sewell Gallagher, 1947
Jacquelyn Wilson, 1948
Cynthia Zeng Ferrell, 1985

Alpha Delta – Missouri-Columbia

Donnis Lueking Clark, 1945

Alpha Epsilon – Arizona

Roberta Folk Webb, 1961

Alpha Zeta – Texas-Austin

Mary Anderson Wicker, 1944
Bettye Swales Elkins, 1959

Alpha Eta – Ohio Wesleyan

N. Perkins Shaffer, 1944
Karen Klopp Petry, 1950

Alpha Theta – Vanderbilt

Sylvia Farrell Alderson, 1949

Alpha Iota – California-Los Angeles

Joan O'Rourke Partridge, 1946

Alpha Lambda – British Columbia

Helen McFarlane Piper, 1943

Alpha Rho – Birmingham-Southern

Katherine Kain Sisler, 1941

Alpha Tau – McGill

Emefa Agbeshie, 2014

Alpha Upsilon – Penn State

Susan McLaughlin Wolven, 1966

Alpha Phi – Colorado College

Betty Breland Elston, 1950
Gwendolyn James Nixon, 1957

Alpha Omega – Western Ontario

Helen Andrews Guthrie, 1944

Beta Alpha – Southern California

Joan Cottier Molloy, 1966

Beta Gamma – Bowling Green

Nannette Striggow Hart, 1952

Beta Epsilon – Miami-Ohio

Eugenia Lechner Sansone, 1949
Susan Taggart Morgan, 1964

Beta Eta – Bradley

Marile Dyslin Garrott, 1948

Beta Iota – Idaho State

Mary Pond-Bell, 1973

Beta Kappa – Arizona State

Margaret Lewis Toney, 1955
Carol Caruso, 1975

Beta Omicron – Oklahoma City

Suzanne Yowell Schneider, 1952

Beta Upsilon – Kansas State

Sharolyn Sanborn Riggert, 1960

Beta Phi – Indiana

Lorraine Chabot Ferguson, 1967

Beta Psi – Oklahoma State

Mary Butler, 1961
Alice Kiker Turnbow, 1973
Ashlee Newton, 2005

Gamma Eta – California State-Long Beach

Barbara Sanchez Catalano, 1994

**To report the passing of a sister, please email gammaalphibeta@gammaalphibeta.org so we may honor the member on this page in a future issue.*

Correction: In the spring issue, Katherine Cornelison Kravitz (Oklahoma) and Rozalia Lamprinkos (Vanderbilt) were incorrectly printed in this section. We sincerely apologize for this error.

Vintage ΓΦΒ

In the 1950s, America saw a huge increase in the number of women enrolling in universities. During this time, Gamma Phi Beta installed 15 new chapters! These photos represent just a few of those installations.

Grand President Penelope Murdoch Simonson (California-Berkeley, 1909) presents Beta Mu Chapter (Florida State) president with the chapter's Gamma Phi Beta charter.



In 1951, Beta Omicron (Oklahoma City) conducted their Installation.



Beta Psi Chapter (Oklahoma State) received their charter from Grand President Elizabeth Fee Arnold (Colorado State, 1923) in 1958.



Pictured here are the 1954 charter members of Beta Rho Chapter (Colorado-Boulder).

Capture a Crescent:

Spot it, snap it and email your capture a crescent photos to TheCrescent@gammaphibeta.org for a chance to be featured on the back cover of a future issue. Tip to get featured: We prefer crescents that wax left!



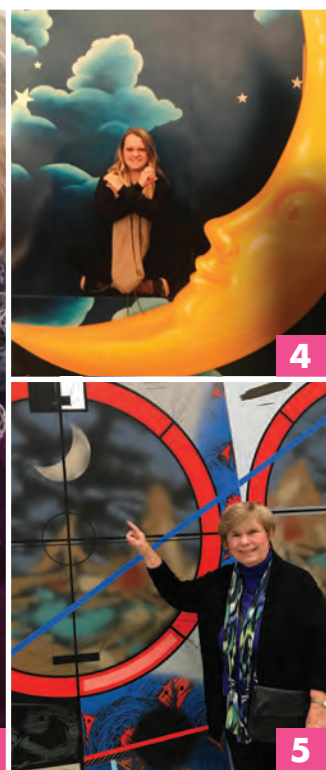
1



2



3



4



5

1. Belgium: Susan "Becky" Reed Cox (Morehead State) was on European cruise with her family and friends when she spotted this gold crescent moon in Brugge, Belgium – their last stop!

2. Ireland: Erica Steele (Washington State) was exploring the "fairy garden" at Bunratty Castle in County Clare, Ireland when she discovered this small crescent moon.

3. Pennsylvania: The crescent moon doesn't have to be spotted away from home! Elizabeth "Bette" Alburger (Penn State) discovered this one on the shelf outside the apartment of one of her neighbors.

4. Tennessee: Brittany Way (Lander) came across this large crescent while on vacation in Pigeon Forge, Tennessee.

5. California: On a trip to a museum in Los Angeles, California, Gage Dennett Hewes (Arizona) enjoyed observing this mural, which incorporated the crescent moon.