

# The Crescent

of Gamma Phi Beta | Winter 2007



connect. impact. shine.



# The Gamma Phi Beta IMPACT...

Is your life different because you are a Gamma Phi Beta?

Is your campus better because a Gamma Phi Beta chapter is present? Did Gamma Phi Beta prepare you to impact your friends and community?

The answers for me are a resounding YES! My Gamma Phi Beta experiences better prepared me professionally for the management positions I held in the oil and gas industry. I have also been a better PTA president and church/community volunteer because of my Gamma Phi Beta experiences. On my campus the first woman student body president was a Gamma Phi Beta.

My current Gamma Phi Beta role provides opportunities for me to make an impact by lobbying Congress, meeting with collegians and alumnae across the country and working with many leaders in the interfraternal world. All of this strengthens my Gamma Phi Beta connection and reaffirms for me the value of my lifetime commitment.



In this issue, four Gamma Phi Betas have written articles that will impact you. One will inspire you with the value of sorority membership and make you proud to wear our badge. Another will touch your heart with the sweetness of friendship and the legacy of a grandmother. You'll be challenged to match the creativity and energy of eight chapters in supporting Gamma Phi Beta's relationship with Camp Fire USA and building resiliency in girls. And

you'll be impressed by the ability of one woman to educate us about a medical condition that affects many.

What about the impact you will have on Gamma Phi Beta? I am inspired by the generosity of Char Stone, whose husband honored her wish to leave a leadership legacy within the Gamma Phi Beta Foundation. I am humbled by the example set by Joey Stiver, a former International President, who is not only giving her time and expertise to lead a special project team to impact the success of our new chapters, she is generously funding an endowment to financially support that goal as well.

It has never been more evident that Gamma Phi Beta membership offers a lifetime of opportunity - an opportunity to impact others and an opportunity to be impacted yourself.

With pride in IIKE,

A handwritten signature in black ink that reads "Linda Daniel Johnson".

Linda Johnson  
International President  
[IP@gammaphibeta.org](mailto:IP@gammaphibeta.org)

### INTERNATIONAL COUNCIL

#### International President

Linda Daniel Johnson

#### Alumnae Vice President

Nancy J. Truesdale

#### Collegiate Vice President

Krista Spanninger Davis

#### Financial Vice President

Amy M. Peterson

#### Education Vice President

Kris L. Baack

#### Membership Vice President

Linda Lyons Malony

#### Panhellenic Affairs Vice President

Elizabeth "Betty" Ahlemeyer Quick

#### Executive Director-Sorority

Patricia M. Crowley

#### SORORITY MISSION STATEMENT

Our mission is to foster a nurturing environment that provides women the opportunity to achieve their potential through life-long commitment to intellectual growth, individual worth and service to humanity.

#### GAMMA PHI BETA FOUNDERS

E. Adeline Curtis

Frances E. Haven Moss

Helen M. Dodge Ferguson

Mary A. Bingham Willoughby

*The Crescent* staff dedicates this issue to Geraldine "Gerri" Epp Smith (Missouri-Columbia), who passed away September 24, 2006. Gerri was editor of *The Crescent* from 1972-1978 and served as a mentor for her editorial successors. On behalf of Gamma Phi Beta Sorority, we thank Geraldine for all her hard work and support.



## FEATURES

The ΓΦΒ Connection 8

On the ΓΦΒ Bookshelf 10

Award Winners 12

ΓΦΒ, Building Resiliency 22

Polycystic Ovary Syndrome  
24

## IN EVERY ISSUE

Spotlight On 5

NPC Update 6

Member News 14

Pacesetters 20

Out & About 26

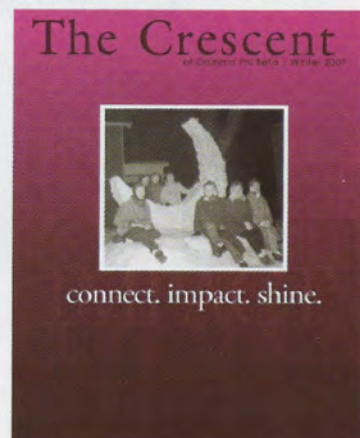
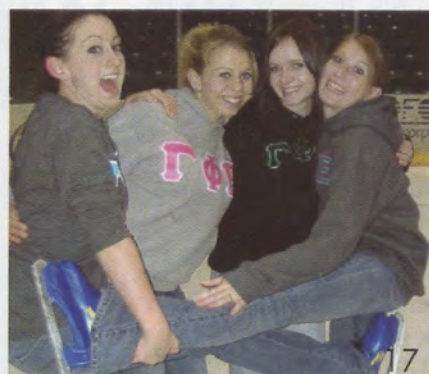
In Memory 27

Foundation News 28

In Celebration 30

Memorial Gifts 31

Capture a Crescent 32



On the cover: Even back in 1960, the Alpha Omega Chapter (Western Ontario) captured a crescent.

The Crescent magazine is a Gamma Phi Beta publication to:

- »Inspire and nurture loyalty
- »Inform of trends and events impacting our members
- »Celebrate Sorority, Foundation and member achievements
- »Promote positive public relations for the Sorority

Winter *The Crescent* 2007 Volume 107 | Number 1  
INTERNATIONAL HEADQUARTERS  
12737 E Euclid Drive, Centennial, CO 80111  
Phone: 303-799-1874 Fax: 303-799-1876  
Internet: [www.gammaphibeta.org](http://www.gammaphibeta.org)  
E-mail: [TheCrescent@gammaphibeta.org](mailto:TheCrescent@gammaphibeta.org)

### THE CRESCENT STAFF

Editor Megan McDermott  
Communications Assistant Abbie Weiss  
Print and Publications Coordinator Staci Frantz  
Business Manager Patricia M. Crowley  
Advisor Kris Brandt Riske

### MAGAZINE SUBMISSION DEADLINES

Spring January 1  
Summer April 1  
Fall July 1  
Winter October 1



© 2007 Gamma Phi Beta Sorority

*The Crescent* (USPS137620) is published quarterly by Gamma Phi Beta Sorority, 12737 E. Euclid Dr., Centennial, CO 80111. Periodicals postage paid at Englewood, Colorado, and at additional mailing offices. Non-member subscription price is \$6. Produced in the U.S.A. by Maury Boyd and Associates.

Postmaster: Send address changes to: *The Crescent*, Gamma Phi Beta Sorority, 12737 E. Euclid Drive, Centennial, CO 80111.



# How did we do it?

## With the help of these creative geniuses...

**Christine Boyett Barr** (Southwest Texas State) who wrote, "Why I Proudly Wear My Gamma Phi Beta Badge" (page 5), earned her bachelor's degree in English from Southwest Texas State (now Texas State University) and her master's from Sam Houston State University. After 7 years as an AP English teacher and 12 years as a college instructor, she moved to Paris, Tennessee, where she writes a weekly newspaper column for *The Paris Post-Intelligencer*. She is also working on two non-fiction books. Christine served as an advisor to Gamma Chi and Gamma Nu Chapters, and has been active in alumnae Panhellenic in Texas. Christine is president of the Northwest Tennessee/ Southwest Kentucky Alumnae Panhellenic and is forming a Crescent Circle in northwest Tennessee. She is in the midst of visiting all 26 NPC headquarters, a quest she says is inspiring.



**Christine Updegraff DeZarn** (Wittenberg) is the founder and CEO of the Polycystic Ovarian Syndrome Association, Inc. In 1998, Christine made an appearance on *Dateline NBC*, describing her personal experience with Polycystic Ovary Syndrome (PCOS). Christine has since been interviewed for numerous newspaper and magazine articles as well as television newscasts. Christine is employed as a director, hospitality distribution, for Travelport Inc., the parent company of *Orbitz.com*, *Cheaptickets.com*, and Galileo International. Christine lives in Atlanta, Georgia. Turn to page 24 to read Christine's article on PCOS.



**Cynthia Martens** (Wisconsin-Madison), author of "The Gamma Phi Beta Connection" (page 8), dedicates the article in memory of her grandmother, Elizabeth Christine Johnson Martens (1918-1997). Currently working for *Time Magazine* in Chicago, Cynthia hopes to move to Milan, Italy, early this year. She welcomes your comments at [cemartens@gmail.com](mailto:cemartens@gmail.com).



**René Matz Thompson** (California-Fullerton), Sorority Director-Philanthropy Resources and member of the Greater Orange County, California Alumnae Chapter, works with eight regional philanthropy specialists. A Gamma Phi Beta volunteer for eighteen years, René has also served as philanthropy chair for three alumnae chapters in California and Texas. Professionally, she works in the non-profit field as a development officer, and is a Camp Fire USA alumna. Read René's article, "Gamma Phi Beta, Building Resiliency in Girls," on page 22.



GAMMA PHI BETA

## Our logo and tagline

Alumnae and collegians across the country are using our new logo and tagline. From T-shirts to letterhead, they are helping Gamma Phi Beta **Connect. Impact. Shine.**

The new logo and branding elements are available for download via the Gamma Phi Beta Web site at [www.gammaphibeta.org/news/press/media.asp](http://www.gammaphibeta.org/news/press/media.asp). Don't be shy. We're proud of our new look, so let's share it!



The PR Initiative Committee met October 27-28, 2006, at International Headquarters to develop and advance Gamma Phi Beta's communication pieces. From left: J.J. Stoll Kaelin (Colorado-Boulder), Shannon Bradley (Nebraska-Lincoln), Megan McDermott, Maura Ryan (Colorado State), Susan Foulk Reeves (Texas), Jill Duty (Oklahoma), and Yvette Schrock Vreeman (Kansas State).

### Check out our new Website!!!

[www.gammaphibeta.org](http://www.gammaphibeta.org)

The DMAC has a whole new look as we unveil our website. Not only does the new site give you a glimpse of the new international marketing scheme for Gamma Phi Beta, but it also is filled with important information about the DMAC. Stop by regularly for updates.

[www.gammaphibeta.org](http://www.gammaphibeta.org)

#### Convention 2008

Just as the doors close on Convention 2006, the plans for Convention 2008 are already under way. The DMAC is proud to announce that Convention 2008 will be held in Cincinnati, Ohio, right in our own backyard! As members of Region 4, we are taking the time to volunteer time and money toward this great event.

Look for fundraising opportunities throughout the year.



Connect. Impact. Shine.

In Phoenix, AZ, International Headquarters revealed a new exciting look for Gamma Phi Beta. The new marketing scheme emphasizes positive public relations. In our every day lives, it is our responsibility to promote positive images of our sorority members and chapters. As sisters, we can work together to attract the attention of others.

Detroit Metro Alumnae Chapter newsletter



Logo tees - [www.GetSomeGreek.com](http://www.GetSomeGreek.com)



Zeta Rho Chapter (Texas A&M-College Station)



Beta Omicron (Oklahoma City)

### Business Directory

Our existing programs will identify premium businesses for our members. The directory size will be 5" x 7". Rules to advertise your business (please have camera ready art work) are:

Half page \$50.00

Full page \$75.00

To place an ad, please contact Dominique Choult at (512) 282-7482 or [dychoult@gmail.com](mailto:dychoult@gmail.com).

### Gift Bag Inclusions

We are creating a gift bag for attendees. Your business may want to highlight sample products to our attendees. Inclusion is free of charge. Quantity of 100 samples are required. Acknowledgment will be made in the form of a "thank you" in each bag and include recognition by the MC at the event. Our gift bags will be assembled by the collegians.

To participate, please contact Gen Gray at (514) 583-7578

### Sponsor Opportunities

We are looking for corporate sponsors who may want to seek exposure to a great group of women! If you know of any interested sponsors, please contact Dominique Choult ([dychoult@gmail.com](mailto:dychoult@gmail.com)) for our sponsor package (designed for corporate sponsors).

### CONNECT IMPACT SHINE

Alpha Tau Chapter (McGill) newsletter



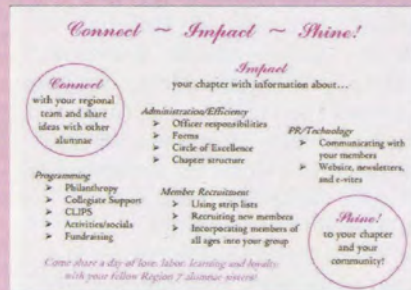
Tagline tees - [www.GetSomeGreek.com](http://www.GetSomeGreek.com)



Madison Alumnae Chapter place cards



Alpha Xi Chapter (SMU) recruitment pamphlet



Region 7 Alumnae Summit invitation



## Why I Proudly Wear My Gamma Phi Beta Badge

By Christine Boyett Barr  
(Southwest Texas State)

The National Panhellenic Conference (NPC) has proclaimed March 5th International Badge Day and asked its members to wear their badge or letters.

I will proudly wear my Gamma Phi Beta badge. Why proudly? Because I know the truth. I know in the late 19th and early 20th centuries as women began to attend colleges and universities for the first time, they encountered a hostile environment. There was doubt as to whether the more "fragile" intellect of women would allow them to compete academically. One hundred and seventy-two of these educational pioneers formed the 26 women's fraternities and sororities of the National Panhellenic Conference. The organizations have grown from those initial 172 to more than 3.8 million women.

This growth would not have been possible, and would not continue today, were it not for the timeless ideals which those founders incorporated into their organizations. All of the groups seek to develop women of character and purpose who are united through sisterhood and who are dedicated to improving themselves and the community around them.

Perhaps you think all of this is well and good, but has no bearing on your life. If you or a family member has dealt with breast cancer, speech and hearing impairment, child abuse, cystic fibrosis, Alzheimer's disease, kidney disease, anorexia nervosa, eating disorders, domestic violence, suicide, cardiac care, pediatric AIDS, acquaintance rape, orthopedics, diabetes, arthritis, Girl Scouts, Camp Fire USA, Ronald McDonald Houses and Care Mobiles, Reading Is Fundamental, Christmas Seals, play therapy, Habitat for Humanity, Make A Wish,

Special Olympics, Court Appointed Special Advocates or St. Jude Children's hospital, then your life has been touched by NPC members. These are the national philanthropic projects of the organizations, and every year they provide more than five million dollars and more than 500,000 volunteer hours. In addition, local chapters contribute untold hours and monies to local charities.

On a more personal basis, NPC members provide their collegiate members a home away from home and an unparalleled support group. Study after study has shown that members of Greek organizations (fraternities and sororities) have higher grade point averages, are more likely to graduate, and more likely to support their alma maters than non-Greeks.

A look at famous NPC alumnae shows they excel at all levels and in all fields: Condoleezza Rice, Faye Dunaway, Kristin Chenoweth, Marlo Thomas, Ashley Judd, Ruth Stafford Peale, Heloise Cruse, Ann Coulter, Dixie Carter, Katie Couric, Betsey Johnson, Deana Carter, JoAnn Washam, Ruth Bader Ginsburg, Margaret Bourke-White, Pearl Buck, Harper Lee, Lucy Liu, Pat Summit, Florence Henderson, Barbara Boxer, Dr. Laurel Clark, Dian Fossey, Amy Grant, Sheryl Crow, Joyce Carol Oates, Joan Rivers,

*Wear Your Badge With Pride!*

NPC Badge Day



March 5, 2007

Grow ■ Give ■ Lead ■ Succeed

*Co-sponsors: NPC & Herff Jones Greek Division*

Sherry Lansing, Margaret Chase Smith, Sarah Weddington, Carrie Underwood, Phyllis George, and literally hundreds of others who have achieved success.

The benefits of membership do not stop when members leave college. Alumnae groups provide continuing opportunities for friendship and service. NPC members have access to career networks, and programs to help when moving to a new town. Some of my favorite memories are of the times my mother and I spent as alumnae advisors to a chapter in our Sorority. I currently enjoy meeting with other sorority women in the Northwest Tennessee/Southwest Kentucky Alumnae Panhellenic.

Wear your badge or letters proudly on March 5th!



Tell someone.

## NPC Partners with Merck Inc.

Cervical cancer is caused  
by certain types of a virus—  
human papillomavirus (HPV).

Now that you know...

Tell someone.

Maybe you've seen the TV ads that encourage people to "Tell someone," about the human papillomavirus (HPV) and its connection to cervical cancer. NPC is partnering with Merck, Inc., the creators of the "Tell someone" campaign to continue the educational awareness campaign on campuses. College Panhellenics received brochures, magnets, post cards, and a T-shirt to distribute to chapters on campus. Visit [www.tell-someone.com](http://www.tell-someone.com) for information on HPV.

You'd tell her she has  
lipstick on her teeth.

So why wouldn't you tell her about  
a virus that can cause cancer?



Gamma Phi Betas gathered at the Association of Fraternity Advisors Conference in New Orleans. Betty Ahlemeyer Quick (Indiana), back row, second from left, Panhellenic Affairs Vice President and NPC Chairman, was awarded the prestigious Distinguished Service Award.

## NPC Sponsors Anti-Hazing Event

NPC is a major sponsor of the National Hazing Awareness seminar held in conjunction with the joint meeting of the National Association of Student Personnel Administrators (NASPA) and the American College Personnel Association (ACPA) in March 2007. NPC recognizes that hazing at any age and location is a detriment to individuals as well as organizations. The Conference supports creating awareness and making changes to eliminate hazing.



# The Gamma Phi Beta Connection

By Cynthia Martens (Wisconsin-Madison)

Tethered pages of a 1936 high school yearbook stroke the edges of my fingers, each yellowed page filled with black-and-white faces and once stylish hairdos. Suddenly my eyes seize on her name, and I pause to read:

**Bob Mack:** "Do you believe kissing is unhealthy?"

**Beth Johnson:** "I couldn't say- I've never-"

**Bob:** "You've never been kissed?"

**Beth:** "I've never been sick."

Beth Johnson Martens (Oregon) is my grandmother. In 1935, she began her senior year at Eugene High School in Eugene, Oregon. She moved to Eugene that year from North Dakota, to live with her aunt and uncle.

In Eugene, "she was instantly popular," recalls Geri Tripp Leiman (Oregon), who became one of my grandmother's closest friends. Geri remembers Beth as a slim, petite, Scandinavian blonde with a head full of curls, large blue eyes, an easy smile and a tendency to giggle.

Both girls were outgoing; Geri was interested in art and architecture, while Beth scored the lead role in a school play and pulled off straight As. "Beth was very intense," Geri remembers. "Worked hard and played hard."

In the fall of 1936, Beth enrolled at the University of Oregon, where she pledged Gamma Phi Beta on September 26<sup>th</sup> (listed in her diary under "index of important notes.") The following year Geri enrolled. Beth's diary entries chronicle her concerns during recruitment that Geri might join another house. Beth and Geri became sorority sisters and remained friends for life.



Above: Beth holds Cynthia as a baby. Right: Beth as a Gamma Phi Beta collegian in the 1930s.

Beth died in 1997 of emphysema- the sad result of years of chain-smoking- and never knew her only granddaughter would also pledge Gamma Phi Beta, in the fall of 2002, at the University of Wisconsin-Madison. Nor could she have anticipated that in August 2006, I would fly out to Eugene, Oregon, to spend five days kicking around with her best friend Geri.



I was a sophomore in college when I got my first letter from Geri. Startled to receive news from one of my grandmother's oldest friends, I responded quickly. And so began a regular correspondence between two Gamma Phi Betas of different generations.

Geri, now in her eighties, remains poised and put together, her blue eyes warm and receptive, her mouth always ready to break into a smile. She is an ardent supporter of the arts, a dedicated American Cancer Society volunteer, an enthusiastic mother and grandmother, and a gracious hostess. Shortly after picking me up at the Eugene Airport, Geri tells me that she has arranged for another Gamma Phi Beta alumna to take us on a tour of Nu Chapter where she and my grandmother spent many Monday evenings.

The Nu Chapter house was established in 1908 as the first sorority on the University of Oregon campus. The house is large and striking, with its brown and mode tones and wooden beams crossing its facade. Geri lived in the house her sophomore year, and fondly remembers meal times and peeping out the window of the sleeping porch at night with the other girls, listening to the occasional dapper group of fraternity boys singing songs outside to get their attention.

She describes the Gamma Phi Betas as "very friendly and very natural"- not superficial girls, but girls who knew how to have a good time. With a twinkle in her eye, she alludes to dancing parties where girls would slip onto the deck in hopes of stealing kisses from their





Beth and Geri picking beans.

dates, and even mentions someone tying sheets together and climbing out the window to meet a boy. "Generations don't change," Geri likes to say. "It's the same old stories."

Over the years, Geri and Beth each married and had families. Since travel was more inconvenient a generation ago than it is today, the two friends didn't get to visit each other as often as they might have liked. However, Geri is quick to say, "One way or another we

were always in touch. If you're a good friend, you can always pick up the phone."

During my stay in Oregon, Geri warmly welcomed me into her extended family, introducing me as her "surrogate granddaughter," and proudly explaining our connection. She and her daughter Nancy, who has maintained a close friendship with my father, took me on a whirlwind tour of Eugene and the beautiful Oregon coast.

Geri even included me in one of her American Cancer Society appointments, helping a breast cancer survivor choose mastectomy bras and a bathing suit. That was another startling connection-during all four years of college, I volunteered weekly at the University of Wisconsin Hospital and Clinics wig salon for cancer patients. Geri has helped patients choose wigs and prostheses since the late 1990s, when she herself survived breast cancer. Both of us have participated in the American Cancer Society's Relay for Life fundraising events.

Corresponding with Geri and finally meeting her this August helped me re-connect with my grandmother. It has also strengthened my connection to Gamma Phi Beta. I can just picture Beth and Geri going to chapter meetings at Nu, hanging out with friends and loving college life, as much as I did in Madison. The clothes have changed and so have the hairstyles, but generations of Gamma Phi Betas can still connect. I only wish Beth had lived to see the connection.



Nu Chapter in 1939.



Cynthia and Geri stand outside the Nu Chapter house in 2006.



## On the ΓΦΒ Bookshelf .....



### **"Shut Up and Live!"**

Marion Pfaender Downs (Minnesota-Twin Cities)  
Cold Tree Press, 2005 \$10.95

[www.coldtreepress.com](http://www.coldtreepress.com)

Marion Downs has been a maverick in the field of Pediatric Audiology for nearly sixty years. As a result of her work, 90% of all live births in America are being screened for hearing loss. Marion is also the recent recipient of the Gamma Phi Beta Carnation Award and was featured in the fall 2006 issue of *The Crescent*.

"Shut-Up and Live!" is a how-to book by someone who really knows how. The title for the book came from Marion's first skiing lesson on her 50th birthday. She was standing on the top of a black diamond ski run, afraid to go down the slope. Her instructor shouted out, "Shut up and ski, you know how." Marion says now when she hears protests about being too old to do things, she says, "Shut up and live! You know how."

### **"The Wolf Path, A Neil Hamel Mystery"**

Judith Van Gieson (Northwestern)

ABQ Press, 2006 \$14.95

[www.amazon.com](http://www.amazon.com) or

[www.nmbookcoop.com/Marketplace](http://www.nmbookcoop.com/Marketplace)

Judith Van Gieson is the author of thirteen award-winning mysteries set in the southwest; eight featuring Neil Hamel, a woman lawyer/sleuth, and five featuring Claire Reynier, a librarian at the University of New Mexico. "The Wolf Path" tells the story of the attempt to reintroduce the Mexican gray wolf to the southwest after it had been eliminated through hunting and habitat destructions. *Entertainment Weekly* magazine called "The Wolf Path" crisp, taut and utterly compelling.

### **"Healthcare for Less"**

Michelle Katz (George Mason), M.S.N.

Hatherleigh Press, 2006 \$15.95

[www.hatherleighpress.com](http://www.hatherleighpress.com) and

[www.amazon.com](http://www.amazon.com)

"Healthcare for Less" is the new book from healthcare consultant Michelle Katz. "Healthcare for Less" makes sense of the details so you and your family can start saving money on your healthcare. Michelle's book explains the value of knowing your family's medical needs, and knowing what options exist before making costly healthcare decisions. The book explains how to read your medical bills, how to cut back on everyday health costs, and how to find programs that will save you hundreds of dollars every year.

A healthcare consultant and international medical reporter, Michelle, is the host of the cable television show *Today's Health* and a "celebrity guru" for *LifeTips* ([www.lifetips.com](http://www.lifetips.com)) as well as the healthcare contributor for *EONS* ([www.eons.com](http://www.eons.com)), a Web site dedicated to maximizing quality of life for people over 50. She has been a senior healthcare consultant at Arthur Andersen and consulted in the development of congressional healthcare legislation. Most recently she was interviewed about her book on the *Jean Chatzky Show* on the Oprah & Friends XM radio station. Michelle received her master's in nursing from Georgetown University and lives in Washington, D.C.



### **"Hedge Funds for Dummies"**

Ann Logue (Northwestern)

For Dummies, 2006 \$24.95

[www.dummies.com](http://www.dummies.com)

The latest in the For Dummies series, "Hedge Funds for Dummies," explains the ins and outs of hedge funds to individual investors who are interested in learning more about how hedge funds generate their investment returns, staffers at pensions or endowments who deal with hedge funds, and corporate managers who may be facing a takeover by a hedge fund.

Ann is a financial writer, hedge fund specialist and former financial analyst who frequently writes about business and financial matters and teaches finance at the University of Illinois-Chicago.

### **"Whispers from the Land. Travels in Spain"**

Penny Dumm Wilkes (Southern California)

Finishing Line Press, 2005 \$20

[www.puentenuevobooks.com/books](http://www.puentenuevobooks.com/books)

A collection of photography and poetry, Penny's book chronicles her travels in Spain. Lee Pennington, former Poet Laureate from Kentucky said, "Her poems touch landscapes, and cities, and rocks, and rivers, and roads. On every land she finds sun and shadows. Reading her is like eating light."

Penny is an adjunct professor of creative writing at National University and mentors individual writing students in person and online. Named Toastmaster of the Year in San Diego, Penny also speaks on writing pedagogy, creativity, and public speaking.

### **"My House is Singing"**

Betsy R. Rosenthal (California-Berkeley)

Harcourt, Inc, 2004 \$16

[www.HarcourtBooks.com](http://www.HarcourtBooks.com)

"My House is Singing" is an affectionate collection of poems that celebrate the places and spaces that make a house a home. Betsy's second book for children, "It's Not Worth Making a Tzimmes Over!" was inspired by her son Joel's baking mishap and the feisty grandmothers she plays badminton with regularly.

After graduating from UC Berkeley, and then living in Israel, Betsy became a lawyer. Eventually leaving law for writing to others, she turned to writing personal essays and children's books. Her essays have appeared in numerous newspapers and magazines, including the *Los Angeles Times*, *The Christian Science Monitor*, *Mothering* magazine and *California Monthly* magazine.

Betsy lives in Pacific Palisades, with her husband, David, and children, Adam, Sara, and Joel.

### **"The Simple Truths of Service"**

Barbara Bauerle Glanz (Kansas)

Co-authored with Ken Blanchard,

Blanchard Family Partnership, 2005 \$15

[www.simpletruths.com](http://www.simpletruths.com) or

[www.barbaraglanz.com](http://www.barbaraglanz.com)

You know you've made it when McDonalds orders a copy of your book, "The Simple Truths of Service" for every manager in the world and your publishing company shuts down for a week to fill the order! Barbara Glanz, CSP has made a business working with organizations that want to improve morale, retention, and service and with people who want to rediscover the joy in their work and in their lives.

An internationally known speaker, trainer, and consultant who has a master's degree in adult education, Barbara lives and breathes her personal motto: "Spreading Contagious Enthusiasm." Barbara has made presentations on six continents and in all 50 states since 1995.

#### **More interesting facts about Barbara:**

- Author of 11 books
- Elected to the Board of Directors of the National Speakers Association 2002-2005
- One of fewer than 500 Certified Speaking Professionals (CSP) worldwide
- Ranked one of the top 10 speakers at the Society for Human Resource Management national conferences from 1997 to 2003
- Chosen by Meeting Professionals International as one of only 34 Platinum Speakers worldwide
- Featured in two of Westcott Communications's most successful live satellite TV performance
- Featured on ABC, NBC, CBS, CNN, FOX-TV, PAX-TV, WGN, CNBC, and on radio and in print nationwide

More than just an exciting speaker, consultant, and author, Barbara has three additional "claims to fame": her great-grandfather laid the cornerstone where the four states come together (Page, Arizona, is named after him); she played the piano on the TV show "Talent Sprouts"; and she directed David Hasselhof of "Knight Rider" and "Baywatch" fame in his first high school play!



# 2006 Gamma Phi Beta Award Winner

## Individual Honor Awards

### MERIT, LOYALTY & SERVICE AWARD CRITERIA

**Merit:** Member in good standing with minimum of 15 years of service to the Sorority at the local level and a minimum of five years of financial support.

**Loyalty:** Member in good standing with minimum of seven years of service on the international level and a minimum of seven years of financial support.

**Service:** Member in good standing with minimum of five years of service on the international level and 15 years total at both the local and international level and a minimum of five years of financial support.

#### Merit Roll

##### Frances Beale

Gamma Upsilon Chapter  
Cleveland East Alumnae Chapter

##### Ann Hipskind Campbell

Epsilon Chapter  
Chicago Alumnae Chapter

##### Sharon Junttila Greenwood

Omega Chapter  
Greater Kansas City Alumnae Chapter

##### Rosemary Kachel Hagan

Beta Lambda Chapter  
San Diego Alumnae Chapter

##### Jane Jensen Hensel

Beta Lambda Chapter  
San Diego Alumnae Chapter

##### Cynthia (Gage) Dennett Hewes

Alpha Epsilon Chapter  
Pasadena Alumnae Chapter

##### Terrie Webb Huntington

Sigma Chapter  
Greater Kansas City Alumnae Chapter

##### Sharon Brown Mink

Alpha Chapter  
Rochester Alumnae Chapter

##### Molly Brown Noren

Pi Chapter  
Omaha Alumnae Chapter

##### Susan Repke Peachey

Epsilon Chapter  
Rochester Alumnae Chapter

##### Bonnie Buesing Phemister

Beta Delta Chapter  
Evanston-North Shore Alumnae Chapter

##### Vicki Asprooth Roy

Gamma Upsilon Chapter  
Lincoln Alumnae Chapter

##### Joyce Byerly Smith

Beta Gamma Chapter  
Rochester Alumnae Chapter

##### Nancy Pinto Steen

Beta Tau Chapter  
Greater Kansas City Alumnae Chapter

##### Donna Dwyer Stoner

Beta Lambda Chapter  
San Diego Alumnae Chapter

##### Carolyn Herwig Terry

Phi Chapter  
St. Louis Alumnae Chapter

##### Kathryn (Kathy) Walck

Delta Lambda Chapter  
Inland Empire Alumnae Chapter

#### Loyalty Award

##### Beverly Cummings

Adams-Howard  
Tau Chapter  
Denver Alumnae Chapter

##### Linda Babcock

Gamma Eta Chapter  
South Bay Alumnae Chapter

##### Sue Schlessman Duncan

Alpha Phi Chapter  
Denver Alumnae Chapter

##### Virginia (Ginny) Harris

Hammond  
Beta Rho Chapter  
Denver Alumnae Chapter

##### Jeannette (J.J.) Stoll Kaelin

Beta Rho Chapter  
Denver Alumnae Chapter

##### Catherine (Cathy) Guthrie Lindauer

Omega Chapter  
Denver Alumnae Chapter

##### Helen Ward Pustmueller

Alpha Iota Chapter  
Denver Alumnae Chapter

##### Marjory Mills Shupert

Tau Chapter  
Denver Alumnae Chapter

##### Rebecca Syverson Young

Tau Chapter  
Denver Alumnae Chapter

#### Service Roll

##### Sally Ramseyer Beck

Sigma Chapter  
Greater Kansas City Alumnae Chapter

##### Susan (Sue) Bender Bloch

Alpha Eta Chapter  
Rochester Alumnae Chapter

##### Cecilia (Cele) Hoffman Eifert

Beta Alpha Chapter  
Atlanta Southern Crescent Alumnae Chapter

##### Patricia Horvath Mahan

Beta Epsilon Chapter  
Rochester Alumnae Chapter

##### Kathleen (Kathy) Meadows Smith

Beta Lambda Chapter  
Balboa Harbor/Greater Orange County Alumnae Chapters



## Circle of Excellence Award Winners

### CIRCLE OF EXCELLENCE CRITERIA (alumnae chapters)

- Payment of alumnae dues, postmarked by December 1 (at least 12 members).
- Payment of Technology, Publications & Forms fee, postmarked by December 1.
- Filing of Alumnae Chapter Officers List, postmarked by May 15.
- Filing of Alumnae Chapter Presidents Report, postmarked by May 15.
- Hold four or more alumnae chapter gatherings, events, or activities per year.
- Participate in the Gamma Phi Beta Connection Program by assisting a collegiate chapter.

#### Circle of Excellence

All of the Circle of Excellence criteria.

Boise, ID  
 Fargo-Moorhead, ND  
 Marin County, CA

#### Carnation Circle

All of the Circle of Excellence criteria, plus three of the higher circle criteria.

Madison, WI  
 Manhattan, KS

#### Pearl Circle

All of the Circle of Excellence criteria, plus four of the higher circle criteria.

Bakersfield, CA  
 Cincinnati, OH  
 Fort Collins, CO  
 Louisville, KY  
 Raleigh, NC  
 San Antonio, TX

#### Diamond Circle

All of the Circle of Excellence criteria, plus five of the higher circle criteria.

Albuquerque, NM  
 Arlington, TX  
 Atlanta Southern Crescent, GA  
 Balboa Harbor, CA  
 Chicago, IL  
 Chicago Far West Suburban, IL  
 Chicago NW Suburban, IL  
 Cleveland East, OH  
 Cleveland West, OH  
 Columbia, MO  
 Dayton, OH  
 Denver, CO  
 Detroit Metro, MI  
 Diablo Valley, CA  
 Evanston North Shore, IL  
 Evansville, IN  
 Grand Rapids, MI  
 Greater Fort Myers, FL  
 Greater Kansas City, MO

Houston, TX  
 Indianapolis, IN  
 Inland Empire, CA  
 Jacksonville, FL  
 Kent, OH  
 La Jolla, CA  
 Long Beach, CA  
 Milwaukee, WI  
 Naples, FL  
 Nashville, TN  
 New Jersey Metro, NJ  
 New Orleans, LA  
 North Houston, TX  
 Northern Virginia, VA  
 Oklahoma City, OK  
 Omaha, NE  
 Pasadena, CA  
 Peoria, IL  
 Philadelphia North, PA  
 Princeton, NJ  
 Puget Sound, WA  
 Quad Cities, IA  
 Rochester, NY  
 San Fernando Valley, CA  
 South Bay, CA  
 St. Louis, MO  
 State College, PA  
 Syracuse, NY  
 Tallahassee, FL  
 Tampa Bay, FL  
 Tulsa, OK

#### Founders Circle

This prestigious award is presented to chapters attaining either the Pearl or Diamond Circle of Excellence for the past five consecutive years. Three of the five years must have been Diamond, although Diamond years need not have been consecutive.

Arlington, TX  
 Atlanta Southern Crescent, GA  
 Chicago, IL  
 Chicago Far West Suburban, IL  
 Chicago NW Suburban, IL  
 Cincinnati, OH  
 Cleveland West, OH  
 Columbia, MO  
 Dayton, OH  
 Denver, CO  
 Evanston North Shore, IL  
 Evansville, IN  
 Greater Fort Myers, FL  
 Greater Kansas City, MO  
 Kent, OH  
 Long Beach, CA  
 Naples, FL  
 Nashville, TN  
 North Houston, TX  
 Oklahoma City, OK  
 Pasadena, CA  
 Philadelphia North, PA  
 Quad Cities, IA  
 South Bay, CA  
 Syracuse, NY

### To achieve a higher circle

Meet the Circle of Excellence Criteria as well as three or more other criteria, such as make a Founders Day gift to the Sorority, support Camp Fire USA or any local philanthropy, send a representative to Convention, and increase dues paying members by 5% from the previous year.



California 🌸

After returning from Convention, SAN DIEGO alumnae met at the Casa Guadalajara for their traditional Mexican luncheon.

Colorado 🌸

DENVER alumnae were honored to share their fall kickoff party with International Council. The special interest LINKS continue to attract alumnae. These groups function year-round. Visit [www.DenverAlumnaeGPB.org](http://www.DenverAlumnaeGPB.org) for more information.

Georgia 🌸🌸

The ATLANTA Alumnae Chapter held its 12th annual Collegiate Mother Daughter Luncheon. During the luncheon, the chapter raised \$300 for the local Camp Fire USA Council. Alumnae assisted with recruitment at the University of Georgia and Southern Polytechnic University. They also joined the Zeta Tau Chapter (Emory) for a housewarming party.

Massachusetts 🌸🌸

This year, BOSTON alumnae welcomed members from all three local collegiate chapters to their annual Founders Day celebration. They volunteered during the breast cancer walk, and took a daytrip to Newport, Rhode Island.

Missouri 🌸🌸

Local artists joined KANSAS CITY alumnae for a fall kickoff and open house. The chapter hosted the Antiques, Garden, and Home Design Show benefiting Kansas City Public Television. They hosted Founders Day at a local country club and welcomed Cynthia Smith, Executive Director of the Sunflower House Child Abuse Center, as a speaker.



GREATER COLUMBIA members shared an alumnae tea at the Alpha Delta Chapter (Missouri) house, a Founders Day celebration, and a holiday party.

New Mexico 🌸

Members of the ALBUQUERQUE Alumnae Chapter attended the International Balloon Fiesta in October, followed by a luncheon. During the Founders Day celebration, the chapter awarded three 50-year pins. They rounded out the end of 2006 with a Christmas party.

Ohio 🌸

CINCINNATI alumnae met for their annual pottery painting in September. There were many new faces at their potluck dinner, an evening filled with exciting news about upcoming activities and Convention 2008!

Symbol Key



Sisterhood



Scholarship



Leadership



Philanthropy



Cyndy Meisner Howes (Indiana State), front row, far left, chapter president, hosted the Nashville Alumnae Chapter for its first meeting of the 2006-2007 year.



## Tennessee 🍁

NASHVILLE alumnae participated in November's Race for the Cure.

## Texas 🌵

The HOUSTON Alumnae Chapter participated in the Komen Houston Race for the Cure and raised \$875. They also hosted a Founders Day luncheon and silent auction.

## Wisconsin 🍷

MADISON alumnae enjoyed a sisterhood resurgence. They attended a Badger football game and helped Gamma Chapter (Wisconsin-Madison) with formal recruitment. The chapter is also involved in establishing a Panhellenic Association in the Madison area.



Linda Daniel Johnson (Vanderbilt), International President, right, presents Marion Pfaender Downs (Minnesota-Twin Cities), with the Carnation Award, which recognizes Marion's outstanding contribution in the field of audiology.



Greater Columbia alumnae welcome new members and are ready to connect, impact, and shine in 2007.



New Orleans alumnae attend their Rock n Bowl party.



The Houston Alumnae Chapter "Crescents for a Cure" team gets together at the 2006 Komen Houston Race for the Cure.



## ETA | CALIFORNIA-BERKELEY

After a successful recruitment, sisters headed to San Francisco's Ocean Beach for a sisterhood retreat.

## XI | Idaho

Sisters welcomed their dads for a barbeque lunch and opening football game. During Homecoming, they embraced the Forever Idaho theme with house decorations, a float and a skit with Sigma Chi. They also collected supplies for battered women via Alternatives to Violence on the Palouse.

## ALPHA BETA | NORTH DAKOTA

Camp Week, Alpha Beta Chapter's annual philanthropy, raised money for the American Diabetic Association. They crowned a member of Beta Theta Pi fraternity during the chapter's first Moon Man competition.

## ALPHA NU | WITTENBERG

In an effort to reduce competition between sorority houses on campus, Alpha Nu set a goal to hold a sisterhood event with each sorority. Their first event, a Subway lunch at the chapter house, was with Alpha Delta Pi. After lunch the women played corn hole on the front lawn.

The chapter raised money for Camp Joy, its local philanthropy, with a 12-hour teeter-totter event and a campus-wide cookout. During a retreat, members experienced what being a camper at Camp Joy means and strengthened their own bonds of sisterhood.

## ALPHA UPSILON | PENNSYLVANIA STATE

Under Alpha Upsilon's new community service program, every sister is required to volunteer at least two hours a month. This semester sisters participated in other fraternity and sorority philanthropies, donated blood, and shared their time with local organizations.

## BETA ALPHA | SOUTHERN CALIFORNIA

The Beta Alpha Chapter supports Troy Camp, a week-long student-run camp for neighborhood children. In 2005, the chapter was the organization's largest contributor and this year they plan to raise \$20,000. Their first fundraising event of the year was a dodgeball tournament.

## BETA KAPPA | ARIZONA STATE

The Beta Kappa Chapter will hold its annual house corporation board meeting on Monday, April 16, 2006, at 8:30 p.m. at the Beta Kappa Chapter Room, Adelphi Commons, 739 E. Apache Blvd., Tempe, AZ 85284. For more information, contact Donna Blatt, HCB Secretary at [ddot@cox.net](mailto:ddot@cox.net).

## BETA LAMBDA | SAN DIEGO STATE

Almost every member of the Beta Lambda Chapter welcomed a little sis after a very successful recruitment. The chapter celebrated with a retreat and held two exchanges, one with Kappa Alpha Order and the other with Kappa Sigma.



Psi Chapter (Oklahoma) members celebrate their new member class.



## BETA OMICRON | OKLAHOMA CITY

Members of Psi Chapter (Oklahoma) joined Beta Omicron Chapter in the fight against ovarian cancer during cancer awareness week.

## BETA SIGMA | WASHINGTON STATE

Freshmen members held their class retreat in Spokane, Washington, and the chapter held an alumnae brunch before the Homecoming football game. Gammie Golf raised money for Camp Fire USA and sisters welcomed new house director Barbara "Mom" Lane.

## BETA UPSILON | KANSAS STATE

The Beta Upsilon Chapter is turning 50 on April 21, 2007. The chapter is hosting a luncheon to celebrate. For more information, visit <http://gammaphi50/myevent.com>.

## BETA PHI | INDIANA

Small group discussions and hilarious skits made the annual chapter retreat a huge success. The day was filled with laughter and learning.

## BETA CHI | WICHITA STATE

During a PACE program on breast cancer awareness, sisters learned about self exams, regular doctor visits, and ways to minimize risk.



Beta Omicron (Oklahoma City) members, from left, Natalie Rossi, Amelia Andrews, and Rebecca Maiher help spread awareness about ovarian cancer.

## BETA PSI | OKLAHOMA STATE

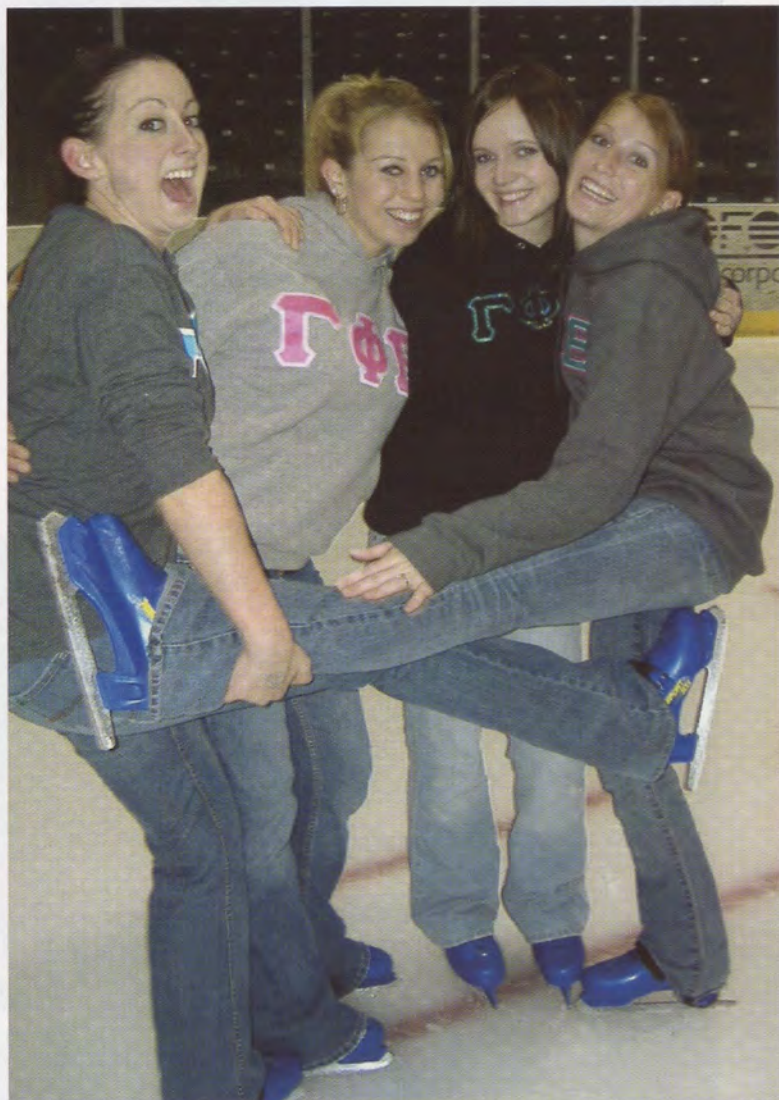
A visit from billionaire oil tycoon T. Boone Pickens helped ensure a successful annual Dad's Day auction. His donation of suite tickets for a university football game brought in \$3,000, helping to raise more than \$12,500 for chapter house improvements.

## GAMMA KAPPA | NEBRASKA-KEARNEY

After a successful recruitment, sisters spent time preparing for a bowling fundraiser and Homecoming week.

## GAMMA MU | MINNESOTA STATE-MOORHEAD

The chapter doubled its size during recruitment and won the Homecoming spirit competition for the first time.



Members of Gamma Kappa Chapter (Nebraska-Kearney) take an ice skating break to celebrate sisterhood.





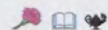
Delta Phi Chapter (California State-Bakersfield) welcomes new members on bid day.

## GAMMA TAU | ST. LOUIS



The ladies of Gamma Tau Chapter were pleased to present Girls Inc., their local philanthropy, with a check for \$3,100. The chapter raised the money during last year's Camp Gamma Phi Week.

## GAMMA OMEGA | WICONSIN-PLATTEVILLE



Gamma Omega Chapter partnered with Gamma Gamma Chapter (Wisconsin-Milwaukee) for a philanthropy event with the Children's Service Society of Wisconsin. Members spent the day playing games with disabled children. The chapter implemented a new scholarship program raising the GPA requirement and establishing an academic all-star game and bi-weekly rewards for A's on homework, quizzes, and exams.

## DELTA DELTA | CALIFORNIA STATE-FULLERTON



The chapter hosted a haunted house with sisters at Chapman University and prepared for Gammies N Jammies, a campus-wide pajama party with food, dancing, and a band. They held a bake sale for Camp Fire USA and participated in a breast cancer walk in Newport Beach.

## DELTA UPSILON | GEORGIA



Moms and dads joined their daughters for Parents Weekend and a Gamma Phi Beta family tailgate. Families enjoyed a southern dinner and country music while bidding on fabulous prizes during the silent auction.

## EPSILON BETA | ALMA



Sisters celebrated Gamma Phi Beta with a Gammie barbeque before recruitment. At Homecoming, they joined the campus parade, and throughout the semester they put on their orange vests and cleaned up US-127 for Adopt-A-Highway. They hosted an all campus semi-formal to raise money for local philanthropies.

## EPSILON DELTA | CREIGHTON



Hosting their annual Goophoooboo date party and 6<sup>th</sup> annual bowling tournament kept the sisters of Epsilon Delta Chapter very busy. During Homecoming week, Katie Kelsey was named Homecoming Queen!

## EPSILON THETA | CLEMSON



Epsilon Theta Chapter won the Homecoming float contest with its Fun in the Sun to Death in the Valley theme, named for the university football stadium, Death Valley. The chapter adopted a new local philanthropy, United Way of Pickens County, and hosted a United Way awareness week in October.

## EPSILON MU | LOYOLA-NEW ORLEANS



Sisters shared mocktails with the New Orleans Area Alumnae Chapter prior to recruitment. They enjoyed appetizers, dessert, and great conversation.

## EPSILON NU | CHAPMAN



Lindsay "Liddy" Nault was crowned the new Miss City of Orange, (CA).



## ZETA DELTA | SOUTHEAST MISSOURI STATE

Members of Zeta Delta volunteered outside a local Walmart, collecting \$500 for the American Red Cross. They also operated a milk can toss booth during the Muscular Dystrophy Association Telethon, an event that raised more than \$500,000.

## ZETA EPSILON | DUQUESNE

In early September the chapter hosted its 9<sup>th</sup> annual Walk Miles for Kids' Smiles, and raised more than \$3,600 for the Children's Institute. Coldstone Creamery sponsored the event and donated an additional \$1 for every ice cream sold. An amazing 340 walkers participated. The chapter also enjoyed a sisterhood retreat, cleaned up neighboring communities, and defended their title at the annual Greek Sing.



Julia Flannery (left) and Allison Satterfield (right) stand proudly next to the Gamma Phi Beta sign on the morning of the ground breaking for the new Zeta Sigma Chapter (South Carolina) chapter house.

## ZETA ZETA | COASTAL CAROLINA

Zeta Zeta held a fundraising car wash and raised more than \$250 for a local philanthropy.

## ZETA ETA | LANDER

Members traveled to the state capitol, Columbia, South Carolina, for their sisterhood retreat. They went to the zoo and on a ghost walk.

## ZETA IOTA | VALPARAISO

The chapter combined their sisterhood retreat with a philanthropy project at Camp Tannadoonah in Michigan. They painted the interiors and exteriors of six cabins. The ice cream colored paint brightened up the landscape and set the backdrop for campfires and s'mores.

## ZETA RHO | TEXAS A&M-COLLEGE STATION

New members bonded during a trip to Houston for an Astros baseball game.

## ZETA TAU | EMORY

The chapter celebrated its nine new members on bid day at an Atlanta Braves game.

## ZETA UPSILON | TEXAS-TYLER

After successfully recruiting its first formal new member class, the chapter was thrilled to achieve quota. During fall semester they hosted their first date party, G-Phi Jane, and supported the local Camp Fire USA council.

In honor of their new house, Zeta Tau Chapter (Emory) hosted a housewarming party with local Atlanta alumnae.





## Hilary Russo loves an audience

From the small screen to the silver screen, Hilary Russo (Southern Methodist) loves an audience. She caught the acting bug as a child, growing up outside New York City, and has been performing ever since.

Hilary recently became host of the weekly television show "Fine New Homes" which airs across North Carolina and can be viewed online at [www.finenewhomestv.com](http://www.finenewhomestv.com). The show travels across the state, touring communities and speaking with local builders to help buyers understand the individuality of each property.

Russo studied radio/TV and theatre at Southern Methodist University and launched her career in on-air radio in Monroe, Louisiana. She then moved to television journalism where she was honored with the Associated Press Broadcasters Award two years in a row. She continues to freelance in broadcasting while maintaining a career in commercials, television, films, and stage.



## Megan Byrne Krueger strives for unique experiences for students

Assistant Dean and Director of Students Affairs for The Manager's Program (TMP) at the Kellogg School of Management, Northwestern University, Megan Byrne Krueger (Indiana) strives to provide part-time students with a unique experience. In 2002, the former director of alumni relations at Kellogg, and current sorority director-alumnae development for Gamma Phi Beta, was charged with developing and nurturing student life among the working professionals of TMP.

Megan, a TMP alumna, implemented a series of programs designed to unite a group of students who were working as management professionals while tackling the strenuous MBA program at their own pace. Her solutions included a segmented orientation program that enables students to begin the program with a group of familiar faces, mid-program symposias and workshops and, as they approach graduation, a series of "class spirit" activities including winter social events and the selection of a class gift.

"We're addressing academic and professional and often even personal needs. That's the kind of relationship we've built," says Megan.







### At long last ...

For decades, Miriam McFall Starlin (Idaho) was the wind beneath the wings of her late husband Glenn, head of the University of Oregon's speech department. But who knew that within Miriam's "quiet spirit" lived an artist, too?

At 80, Miriam asked for one thing for her birthday: a scholarship for women poets in UO's Creative Writing program. And so began the Miriam McFall Starlin Poetry Award, which goes to a female graduate student in poetry each year.

Who knew that while she admired and encouraged the poetry of others, she was a poet herself, since age 8. Asked to read a poem at an event involving her poetry scholarship, she did so. Among those listening was Dorianne Laux, Director of Poetry for UO's Creative Writing Program. "You should be published," Laux said. "Your writing is too good to stay hidden in the shadows."

The book, "Wait a Minute" (Wipf and Stock, \$19) was released in June 2006. Tsunami Books invited her for a reading. Heart pounding, Miriam stood to read the final poem, "And With Thy Spirit." And there they were in front of her: family, friends and others. All applauding her this time. The wind beneath her wings.

Excerpted from "Putting forth her own art at long last" by Bob Welch, *The Register-Guard*, with permission.

### Sharmane's Songs

Sharmane Bolt Adams' (Oklahoma State) lovely sound is best described not only by the characteristics of her voice, but by the character her music embodies. It was that voice that helped her debut album reach number five on the Catholic music sales charts, and her music has aired on radio stations around the globe.

Sharmane has been singing her entire life, from performing in pageants and teaching music and voice, to serving as a cantor and singing at numerous church events. She also composed several of her recorded songs. She currently travels as a concert musician and workshop clinician, performing and speaking at music and liturgy conferences. Sharmane says, "I believe music is a venue for healing the soul."

Sharmane lives on the Florida waterfront with her husband and two children. Her new self-titled album, Sharmane, is available for purchase at [www.prayerfulhearts.com](http://www.prayerfulhearts.com).



### She knows news



As bureau chief of FOX News' national offices in Atlanta and Miami, D. Sharon Fain (Georgia) oversees news coverage in the southeastern region of the U.S., as well as Haiti, Cuba, and Latin America. An Atlanta native, she began her journalism career as a writer for a local television station.

She went on to work for NBC News as a national assignment editor, working on special assignments like the Timothy McVeigh trial, Elian Gonzalez story and the Florida election recount. Sharon served as national editor and breaking news manager for the FOX News Channel in New York before assuming her current position with the network in late 1999.

### Business cards keep moms in contact

Maybe this sounds familiar...you're at the playground, talking with another mommy friend and you decide to exchange contact information, but all you can find in your very full diaper bag is a crumpled receipt. You scribble down the phone number and then, you lose it! Michele Lavin Koering (Wisconsin-Madison) has solved your problem with Mommy Business Cards.

When Michele worked outside the home, business cards were critical to staying in contact. As a stay-at-home mom, she recently started designing fun, stylish, and parent-appropriate business cards for other moms. They contain the same information (address, phone numbers, e-mail) as professional cards, and are available at [www.CardsForMoms.com](http://www.CardsForMoms.com).



Michele lives in Chicago and has a baby girl, Amelia.



# Gamma Phi Beta, Building Resilienc

By: René Matz Thompson  
(California State-Fullerton),  
Sorority Director-Philanthropy Resources

The following profiles are from chapters that have supported their local Camp Fire USA councils. To search for a Camp Fire USA council in your area, visit the Web site at [www.campfireusa.org](http://www.campfireusa.org), and click on the council locator tab. Applications for supplemental funds from the Gamma Phi Beta Foundation can be found in the spring packet and are due March 15, 2007.

## Zeta Sigma Chapter Starts New Tradition

**Zeta Sigma** Chapter (South Carolina) began a new tradition in philanthropy with its first annual Crescent Classic Dodge Ball Tournament. More than 30 organizations got together for the friendly competition, fun door prizes, and great food. Zeta Sigma raised \$2,800 and received supplemental funds from the Gamma Phi Beta Foundation for a total donation of \$4,670. In addition, Zeta Sigma supported the Camp Fire USA/Gamma Phi Beta national fund with a donation of \$528.



**\$30,500** Amount collegiate and alumnae chapters gave to Camp Fire USA national fund in Kansas City, Missouri, in 2005-2006.

**\$62,000** Amount collegiate and alumnae chapters gave to local Camp Fire USA councils and camps in 2005-2006, through the Gamma Phi Beta Foundation.

For tracking purposes, all donations for Camp Fire USA and its local councils should be sent through the Gamma Phi Beta Foundation.

## Teetering for Tots Attracts Large Crowd

The **Epsilon Lambda** Chapter's (Alabama) annual Teetering for Tots is a 48-hour teeter-totter-a-thon. The event, now in its 17<sup>th</sup> year, features a kick-off barbeque and round-the-clock entertainment provided by local bands. The event raised \$1,500 in 2005-2006, and with supplemental funds from the Gamma Phi Beta Foundation, the chapter was able to make a total donation of \$2,500 to send girls to camp.



Epsilon Lambda's (Alabama) Teetering for Tots brings smiles to all ages.

## Twice the FUN Raising

The **Indianapolis Alumnae** Chapter holds two fundraisers to raise money for Camp Fire USA. The first event, held in the fall of 2005, was a vendor fair. Gamma Phi Beta raised \$400 for the local Camp Fire USA council (with supplemental funds from the Gamma Phi Beta Foundation). The second fundraiser was a carnation sale. Alumnae asked parents of collegians to purchase pink carnations for their daughters. The alumnae chapter raised \$500 for its local Camp Fire USA council.



Camping is fun! Members of the Oklahoma City Alumnae Chapter meet with a local camp staff member. From left: Linda Tysor Nowlin (Oklahoma State), camp staff member, Karen Seyer Dunn (Oklahoma City), and Fran Woolverton Tysor (Texas).



# n Girls

## Week-long Celebration Doubles Donation

**Beta Eta Chapter (Bradley)** hosted a week-long Camp Fire USA celebration last spring. Each day featured a different fundraiser, which included a benefit at a local restaurant and a hockey game night. With supplemental funds, the chapter raised more than \$5,000, twice the amount they have ever contributed to Camp Fire USA. The donation was given to Camp Fire USA's Metropolitan Chicago Council and their Day Camp.

## Theater Event Provides Camp Experience to Girls

For 15 years, **Oklahoma City Alumnae Chapter** members have raised funds through their Jewel Box Theater event. Gamma Phi Beta rents the theater with other organizations on dress rehearsal night and sells tickets and soft drinks. In 2006, the chapter raised \$400, and with supplemental funds, contributed \$660 to Camp Fire USA's Heart of Oklahoma Council, and Camp DaKaNi.

## Five-Year Camp Tradition

**Philadelphia North Suburban Alumnae Chapter** held its fifth annual fall auction. Over the last five years, the auction (with supplemental funds from the Gamma Phi Beta Foundation) has raised more than \$10,000 for Camp Fire USA's Adahi Council and Camp Adahi.



Beta Eta Chapter (Bradley) members made tie-dye shirts on Philanthropy Day.

## Non-Event Fundraiser Sends 12 to Camp

In February 2006, the **Balboa Harbor Alumnae Chapter** sponsored a non-event fundraiser for Camp Fire USA's Orange County, California council. More than 300 invitations were sent to local Gamma Phi Beta alumnae and friends inviting them to "gather 'round the campfire." A total of \$2,100 was raised. Gamma Phi Beta Foundation provided supplemental funds, bringing the total to \$3,465. With these funds, the Camp Fire USA council was able to send 12 deserving girls to Camp Ta Ta Pochan near Big Bear, California.

## Nu Chapter Supports Two Local Camps

This year, **Nu Chapter (Oregon)** raised \$4,100 (including supplemental funds) at its annual pancake breakfast for Camp Namanu, and Camp Wilani in Portland and Eugene Oregon.



Members of Nu Chapter (Oregon) at their annual pancake breakfast.

## Day of Service March 15, 2007

In conjunction with Camp Fire USA's Absolutely Incredible Kid Day, Gamma Phi Beta encourages collegiate and alumnae chapters/groups and members to participate in a Day of Service, March 15, 2007!

By investing our time, talent and resources, Gamma Phi Beta sisters in the U.S., Canada, and worldwide can provide experiences and resources that build spiritual, mental and social resiliency in girls (our philanthropic mission). Day of Service unites our members in a common philanthropic cause/activity while giving Gamma Phi Beta the opportunity to **SHINE** in our communities.

Activity ideas include:

- Scrap book with girls
- Write a story together
- Read books together
- Play a game together
- Share your hobby

For more information on the Day of Service, contact your regional coordinator-philanthropy resources.



# Are you one of the estimated 10,000 Gamma Phi Betas with PCOS?

By Christine Updegraff DeZarn  
(Wittenberg)

**M**any women have a serious medical condition, and they don't even know it. PCOS, or polycystic ovary syndrome, is the most common endocrine disorder affecting women of reproductive age. PCOS affects between 5% and 10% of all women. That means at the very least, one out of every 20 women you know has PCOS.

The majority of women with PCOS don't know they have it. Others know they have it, but don't know what to do about it. Sixty percent of all doctors are unfamiliar with the treatment options, or in some cases the importance of treatment itself.

Ovaries are the root of motherhood, the foundation of reproductive function. But PCOS is not really about your ovaries. The name itself is poorly assigned and confusing. PCOS is a hormonal condition that starts with insulin resistance. When you have PCOS, your body can't properly deliver glucose (energy, fuel) to the cells in your body.

Insulin is a hormone. Too much insulin creates a domino effect with several other hormones, which may lead to imbalances in the reproductive messengers that govern processes in your body. The results may seem unrelated, but they attack what makes you feminine. There are high levels of some female hormones, and low levels of others, which interrupt normal functions. One effect may be high levels of male hormones.



High levels of male hormones can create devastating symptoms like:

- Irregular periods
- Facial hair
- Excess body hair
- Unexplainable weight gain
- Acne, well into adulthood
- Alopecia (thinning hair)
- Blood lipid abnormalities
- Tiny cysts on the ovaries
- Difficulty getting pregnant



A syndrome is a collection of symptoms, but not all symptoms are necessary for diagnosis. Not all women with PCOS experience all of these symptoms.

Bottom line, if you have PCOS, you have a problem. Insulin doesn't work the way it should, and unfortunately, this can lead to serious and sometimes life-threatening consequences without proper treatment. Women with PCOS are often unknowingly approaching the onset of type II diabetes, and need to take immediate action to prevent the onset of this disease.

The good news is, once diagnosed, PCOS can be effectively managed, and most women who have PCOS enjoy a normal, high-quality life. Diet, exercise, and traditional and alternative medicine can reverse both the effects and the elevated risks associated with PCOS. But in order to manage PCOS, you have

The majority of women with PCOS don't know that they have it.

to recognize and treat the condition.

One problem is some symptoms (facial hair, excess body hair, alopecia, and acne) are perceived as cosmetic problems, not worthy of medical attention. A trip to the spa or laser hair clinic is often chosen as the means for resolution, but these annoying symptoms are NOT just a cosmetic problem. They indicate a serious underlying medical condition that needs to be addressed!

Another problem is most diagnoses do not occur until a woman is trying to achieve pregnancy. Treating PCOS is necessary in the teen years and throughout young adulthood to preserve fertility, and to prevent progression of insulin resistance to more serious health conditions like diabetes and resulting heart disease.

If you identify with some of the symptoms of PCOS, learn about what you can do to receive a proper diagnosis, and take action to improve your quality of life, and reduce the elevated risks of long-term disease. For collegians and other young women, learn what you can do to preserve your ability to become a mother some day in the future, if you choose to pursue parenthood.

For more information on PCOS and treatment, visit the Polycystic Ovarian Syndrome Association Web site at [www.pcosupport.org](http://www.pcosupport.org).

## Taking Action – My Story

At some point in life, we find ourselves faced with unexpected challenges. In 1996, I learned I had PCOS, a medical condition that was almost unheard of at the time. I spent tens of thousands of dollars on medical



treatments, that I later learned could not have worked, due to my then undiagnosed hormonal imbalance. I discovered only a handful of doctors

knew what PCOS was, and even fewer knew what to do with it.

I found myself faced with a choice: do something, or do nothing. I knew a patient support organization was needed by the millions of women with PCOS, but I had no experience or background in the field.

I thought back to my days of recruitment party preparation and homecoming float projects, philanthropy hair cut-a-thons, and the effort it takes to coordinate people, delegate, and communicate. I thought of the mistakes I made, and the lessons I learned.

I decided to do something rather than do nothing. I worked with volunteers to build a Web site, incorporate the organization, open a bank account, create graphics, answer mail, and plan meetings. Today, because of the Polycystic Ovarian Syndrome Association, lives have been saved and children have been born who otherwise would not have had a chance.

I credit Gamma Phi Beta for giving me the will to tackle organizational challenges, the encouragement to persevere, the sense of accomplishment to help others, and the motivation to achieve my own "highest type of womanhood."

Christine DeZarn



## 100th birthday celebration

Harriet McCurley Trout (Goucher) celebrated her 100th birthday in August with family, friends, and Gamma Phi Beta sisters.

In 1925, Harriet was initiated into Zeta Chapter in Baltimore, Maryland, where she was a day student. As a member of the Baltimore Alumnae Chapter, she helped with the installation of Alpha Chi Chapter at the College of William and Mary in January, 1933. She was a charter member of the Richmond Alumnae Chapter when it was organized in April 1947.

## Palm Desert Crescent Circle

Congratulations to the Palm Desert Crescent Circle of Palm Desert, California, which was formally recognized by International Council on August 18, 2006.

Salutations may be sent to:  
Anne Grey, Chairwoman  
Palm Desert Crescent Circle  
39900 Keenan Dr  
Rancho Mirage, CA 92270



Members of Omicron Chapter (Illinois) celebrate their 55th reunion.



The region 7 team gathers for a meeting.



Members of Alpha Chapter (Syracuse) meet for their 35th class reunion.







## Leave a Legacy to the Foundation

"She was interested in everyone and very energetic."

-Sally Erikson Lewis (Bradley)

Charlotte "Char" Brightman Stone (Syracuse) joined the Tau Epsilon Pi Society in 1996, indicating that she would direct her bequest toward leadership training for collegiate officers or for chapter advisors to attend Convention. She unexpectedly became ill and died on January 20,

1997 without formalizing her gift. Appreciative of the support that Char's long-time Gamma Phi Beta friends demonstrated over the years, her husband Joe promised her intended gift would be part of his estate. Upon his death this past June, the Gamma Phi Beta Foundation received a \$25,000 bequest.

In remembering Char, Sally Erikson Lewis (Bradley) said, "Char was a long-time member of the Chicago Alumnae Chapter and our only Alpha member. She was probably the oldest in age in our group, but you would never have known it! She even attended a 40th birthday party sleepover."

"Char and Joe each had their own portfolio and read *The Wall Street Journal* every day. It was a game with them to see whose portfolio did better every year," shared Missy Creevy (Kentucky), a former member of the Chicago group. "They traveled all over the world together and Char wrote travelogs for a travel magazine."

Like Char, you can become a member of the Tau Epsilon Pi Society and make a bequest or charitable gift to the Foundation that will last beyond your lifetime. You may choose to designate the purpose of your gift (leadership development, financial aid or philanthropy), as Char did. She also generously kept it open so it could be awarded to a deserving Gamma Phi Beta member from any chapter.

One way to leave a bequest is by adding a codicil, or postscript, to your existing will. Before signing a codicil, be sure to review your existing estate planning documents with your attorney. **See the sample at the right.**

For more information on becoming a member of the Tau Epsilon Pi Society, contact the Foundation at [foundation@gammaphibeta.org](mailto:foundation@gammaphibeta.org).



Diane Soderstrom Goff (Idaho) (right), with Ann Mullen Bronsing (Indiana State), Honorary Chair of the Tau Epsilon Pi Society.

"I feel it's important to give back a small part of what the Sorority has given me over the years. As a Tau Epsilon Pi Society member, my commitment is ongoing. This will help provide for the future of those who come after me, just like our founders provided for us!" - Diane Soderstrom Goff

### FIRST CODICIL TO LAST WILL AND TESTAMENT OF (NAME)

I, (name), residing in (county), (city), (state), declare this to be a First Codicil to my Last Will and Testament dated (date).

1. ITEM 1 of my Will shall be amended by renumbering current ITEM 1 as ITEM 1A and by adding the following language as ITEM 1B:

"ITEM 1B. I give to the Gamma Phi Beta Foundation, 12737 E. Euclid Drive, Centennial, Colorado 80111-6445, the sum of (amount) or (percentage) of the rest, remainder and residue of my estate to use as part of its unrestricted funds or to use for (your intended purpose)."

2. All of the remaining provision of my Will shall remain in full force and effect.

IN WITNESS WHEREOF, I have hereunto set my hand at (city, state) this (date) day of (month), 2007. (Your signature as it appears on your Last Will and Testament)

The foregoing instrument was signed, acknowledged, published and declared by (your name), as and for a First Codicil to her Last Will and Testament, in our presence, and we thereupon at her request, and in her presence, and in the presence of each other, hereunto subscribed our names as witnesses on the day and year hereinabove written.

(witness signature) residing at (address)

(second witness signature) residing at (address)



# Stiver Endowment To Support New Chapters

New chapters experience many challenges in their journey to become established, thriving chapters. Project Success is a committee of Sorority leaders investigating how to meet these challenges and impact the future growth of Gamma Phi Beta. Committee chair, past International President and Collegiate Vice President, Jolene "Joey" Lessard Stiver (North Dakota State), who is also a former Foundation Chairwoman, knows well what is needed to ensure success.



Joey Lessard Stiver  
(North Dakota State)

Joey has also created a \$25,000 endowment within the Foundation to increase overall leadership and sisterhood development in new chapters. Her endowment will provide funding for on-site leadership training for members of new

and re-established chapters. She is keeping the endowment "unrestricted" within these general parameters, so that International Council can direct the funds where they are most needed. The endowment might be used to develop a new program, send special help to a new chapter, support advisors or help pay for a collegiate leadership consultant dedicated to new chapters wherever the need is greatest.

"An endowment within the Foundation allows me to provide financial support to the Sorority now and in the future."

-Joey Stiver

Why an endowment? After talking at Convention with Foundation Trustee Karen Wander Kline (Iowa State), who also recently set up a leadership endowment for new chapters, Joey felt that she was the right person to do something tangible to help out. Joey's generous gift of sisterhood will help new chapters and colonies achieve success in Gamma Phi Beta.

## Support the Foundation every time you are online!

Search and shop online just like you already do, but when you buy through either of these two free sites, you'll be earning money for the Gamma Phi Beta Foundation.

Make your home page [www.goodsearch.com](http://www.goodsearch.com), use it like Google or Yahoo. Designate Gamma Phi Beta Foundation (Centennial, CO) as the charity you support.

Shop your favorite retailers, such as The Gap, Best Buy, and Target online at [www.givebackamerica.org](http://www.givebackamerica.org). Link to Colorado and select Gamma Phi Beta Foundation.

If you have questions, please contact the Foundation office at [contact@gammaphibeta.org](mailto:contact@gammaphibeta.org).

## Scholarships and Fellowships

The Gamma Phi Beta Foundation encourages members to apply for scholarships and fellowships. The Foundation office must receive applications by January 31, 2007. Contact your chapter advisor for more information, download applications at [gammaphibeta.org/foundation](http://gammaphibeta.org/foundation), or call (303) 799-1874.

## Meet Our New Trustee

Joining the Gamma Phi Beta Foundation as a Trustee is Linda Lyons Malony (Southern California), Membership Vice President. Linda joins Linda Daniel Johnson, International President, on the Board of Trustees as its second International Council Representative.

Linda's focus encompasses both the international and local levels with particular recognition for team leadership and chapter success. A well-known communicator, she has a professional background in both speaking and writing.



Linda Lyons Malony  
(Southern California)

She currently works as a communications specialist near her home in Fayetteville, Arkansas. She also continues her service on the Foundation Public Relations and Marketing Committee. Linda replaces Sandra Biegelman, Burba, who completed her service on International Council.



# In Celebration

The Gamma Phi Beta Foundation acknowledges the following individuals who contributed to the Foundation to celebrate a special event. This list represents gifts received through October 31, 2006.

In Celebration of a "Milestone Birthday" for Mary Jane Hipp Misthos.  
**Frances Griffin**  
**Ann Campbell**

In Celebration of the Chicago Alumnae Chapter being named to the Hall of Fame at the Phoenix Convention. Well done, sisters!  
**Sally Lewis**

With heartfelt gratitude for the love, care, support, and sisterhood given to me by sisters across the country following my accident. I will be forever grateful to Frances Rea Griffin and the sisters (past and present) of the Chicago Alumnae Chapter for the help given to me at this time of being homebound and not very mobile!  
**Sally Lewis**

In Celebration of Mary Jane Hipp Misthos' milestone birthday on August 2, 2006, and her leading more Confirmed Conventioneer parades!  
**Sally Lewis**

In Celebration of Gloria Nelson being named to the Gamma Phi Beta Honor Roll.  
**Mary Jane Misthos**

In Celebration of the Chicago Alumnae Chapter receiving the 2006 Hall of Fame Award.  
**Mary Jane Misthos**

In Celebration of the birthday of Jeanne Swanson Beach on August 11th.  
**Gloria Swanson Nelson**

In Celebration of Margarita Perez, the new Associate Dean of Student Affairs at Spring Hill College in Mobile, Alabama! We are so happy for you!  
**Jennifer Brown**  
**Laura Hayden**  
**Angelle Hoffman**  
**Emily Kavanaugh**  
**Tina Sheesley**

In Celebration of Penny Witt Stamps for her leadership at the University of Michigan.  
**Sharon Brubaker**

In Appreciation of Leigh Ann Kudloff. You were an amazing hostess during our region 6 meeting.  
**Courtney Becker**  
**Dena Brayley**  
**Stefanie Brickman**  
**Adra Cheek**  
**Meghann Lehn Dawn**  
**McSavaney**  
**Mitzi Ritzman**  
**Kristen Slaughter**

Congratulations to Carrie Seaman (Indiana) and Mark Idzik on their wedding celebration! We love you!  
**Melissa Adams**

In Celebration of L'Cena Rice receiving the Carnation Award. You are truly an inspiration! We are proud to be your sisters.  
**South Bay Alumnae Chapter**

In Celebration of the day I discovered my wonderful friend was also my Gamma Phi Beta sister. Paige, I liked calling you friend but I love calling you my sister.  
**Jennifer Cohen**

Congratulations to Delta Pi (Illinois State) on an outstanding recruitment quota +!  
**Jeannine Kallal**

In Celebration of our Alpha Iota (UCLA) advisors: Paige Sawyer, Kate Greenberg, L'Cena Rice, Lea Martone, Debby Downey, and Keely Tidrow.  
**Corrine Dugan**

In Celebration of the birth of legacy Kathryn Elizabeth McCormick, born August 17, 2006, to Chance and Bridgette Staed McCormick.  
**Amanda Parker**  
**Carly Standridge**  
**Anne Elizabeth Akin**  
**Nashville Alumnae Chapter**

In Celebration of the birth of Carter Jean Herbst to Jasmine and Adrian Herbst.  
**Julie Dunn Eichenberg**

In Celebration of the marriage of Kristine Mylls to Dudley Lightsey.  
**Nashville Alumnae Chapter**

Congratulations to Brooke and Jason Reusch on the birth of their first child, Robert William.  
**Nashville Alumnae Chapter**

In Celebration of Diane Willhoit Kendall-Margileth (Southern California) for being a great realtor and helping us find our new home in the O.C.  
**Don and René Matz Thompson**

In Celebration of the hard work Frances Griffin has done on the sprinkler installation project at the Epsilon house.  
**Epsilon House Corporation Board**

In Celebration of the birth of legacy Sydney Retterer to Jason and Trinh Le Cong Retterer.  
**Alpha Iota House Corporation Board**

In Honor of Susan Sheldon McLean, Alpha Beta (North Dakota) President 1970-71.  
**Lisbeth Fandrich**

In Celebration of JoAnn Magno, Katherine Bennett, Valerie Teglia, Melinda Decker, Ashley Matkin, Lea Martone, and Trinh Le Cong for all your hard work and dedication to the Alpha Iota (UCLA) HCB.  
**Corrine Dugan**

Congratulations to L'Cena Rice and Joyce Stewart for the awards they received at Convention.  
**Marta Brown**

Congratulations to Cinda Lucas for receiving the Betty Gilmore Woods Award at the Western Regional Greek Conference.  
**Marta Brown**

Congratulations to Linda Babcock for designing my winning hat for the Confirmed Conventioneers event.  
**Marta Brown**

Thank you to Kathy Walck and Terry Haney for being my "ears" during Convention business meetings.  
**Marta Brown**

In Honor of Cinda Lucas and her outstanding service to Gamma Phi Beta.  
**La Jolla Alumnae Chapter**

In Celebration of Delta Pi (Illinois State) for helping Delta Iota (Purdue).  
**Jeannine Kallal**

Celebrate the joys of Gamma Phi Beta sisterhood with an In Celebration gift to the Gamma Phi Beta Foundation.



The Gamma Phi Beta Foundation acknowledges the following individuals who contributed to the Foundation in memory of a loved one. This list represents gifts received through October 31, 2006.

Memorial gifts received before the following dates will be included in the corresponding issues of The Crescent:  
January 1.....Spring issue  
April 1.....Summer issue  
July 1.....Fall issue  
October 1.....Winter issue

Marjorie McKee Orr  
(California-Berkeley '39)  
Ellen Porzig

Martha Everett Bowman  
(Ohio State '57)  
Sally Lewis

Virginia Rutledge Stark  
(Texas '25)  
Whitney Bartle  
Eleanor Carnes  
Jeanne Clark  
Lisa Fairall  
Kathy Gisin  
Donna Lord  
Elizabeth Welch

Sharon Smith Redman  
(Southern Methodist '62)  
Carolyn Lombard  
Dortha Erwin

Mary Davis, mother of  
Donna Davis Prior  
(Indiana State '63)  
Margaret Briscoe  
Catherine Bowling

Elaine Berryman Gaines  
(Michigan '63)  
Sharon Brubaker

Annie Young  
(Saint Louis '71)  
Jill Wilkis

E. Jean Bunting Haynes  
(Maryland '50)  
Carol Haynes Sloss

Betty Freeman Johnson  
(Vanderbilt '41)  
Kiki Phillips  
Lurene Frantz  
Virginia Czekaj  
State College Alumnae  
Chapter

Susan Pawlosky West  
(Wittenberg '76)  
Cheryl Petty

Brother of Mary Jane  
Hipp Misthos  
(Colorado College '40)  
Karen Kline

Mother of Kay  
Sprinkel Beaumont  
(California-Berkeley '90)  
Barbara Wessel  
L'Cena Rice

Lillian Frey Schwitters  
(Iowa State '76)  
Cedar Rapids Alumnae  
Chapter

Joanne Just  
(Iowa State '65)  
Cedar Rapids Alumnae  
Chapter

Betty Boyer Verhille  
(Iowa '54)  
Cedar Rapids Alumnae  
Chapter

Sue Ann Haines Ott  
(Kansas '56)  
Sigma House Corporation  
Board  
Ruth Allison

Lyn Perkins Mesner  
(Oregon '53)  
Diane Tietjen  
Ruth Mendenhall

Parna Joyce  
Nancy Pawka  
Beverly Gosnell  
San Fernando Valley  
Alumnae Chapter

L'Cena Rice  
Jackie Pucci  
Marta Brown  
La Jolla Alumnae Chapter

Scott Rasmussen, husband  
of Joanne Bradley  
(Oregon '81)  
Shellie Hodges

Keith Linduff,  
father of Marcie Linduff  
(Oklahoma '98)  
Ann Ross  
Margaret Pape

Norman DeWayne  
Courtright, husband of  
Elaine Bowhall Courtright  
(Oklahoma State '92)  
Melba Spurrier

Lauren Schulze Fair  
(Texas '65)  
Beverly Gosnell

Amy Bedolla Cardona  
(Southern California '93)  
L'Cena Rice

Samuel M. Hastings,  
husband of Marion Benson  
Hastings  
(Maryland '45)  
Mildred Lawrence

Janet Hartman Skadan  
(Washington '41)  
Anne Moldrem

Margaret Cate Weaver  
(Southern Methodist '29)  
Cathy Lorino  
Jane Fair

Geraldine Epp Smith  
(Missouri-Columbia '42)  
Ann Bronsing  
Sally Lewis

Donna Prior  
Patricia Henderson  
Jill Wilkis

Shirrell Finley Davis  
(Oklahoma '64)  
Melba Spurrier

Catherine Willyard Nye  
(Bowling Green State '45)  
South Orange County  
Crescent Circle

Lois Large Dissinger  
(San Diego State '50)  
San Diego Alumnae  
Chapter

Sharon Smith Redman  
(Southern Methodist '62)  
Fort Worth, Texas alumnae

Helen Griffiths Kaiser  
(Washington University '48)  
Joanne Roman  
Betty Jo Lowery  
Donna Prior  
Patricia Henderson  
Ann Bronsing  
Jill Wilkis

Arlene Parkhurst Rau  
(San Diego State '51)  
San Diego Alumnae  
Chapter

Helen Lenehan Van Kirk  
(Northwestern '27)  
Hawaii Alumnae Chapter

Kevin Lee Throckmorton,  
son of Marilyn Killebrew  
Picard  
(Bowling Green State '49)  
Hawaii Alumnae Chapter

Doris White Dees  
(Colorado College '37)  
Elizabeth Mittlestadt

Diana J. Richter, daughter  
of Jeanne Callan Richter  
(Southern California '54)  
Marta Brown  
La Jolla Alumnae Chapter

Patricia Strickler Jennings  
(Washington '33)  
Anne Moldrem  
Eleanor Merz

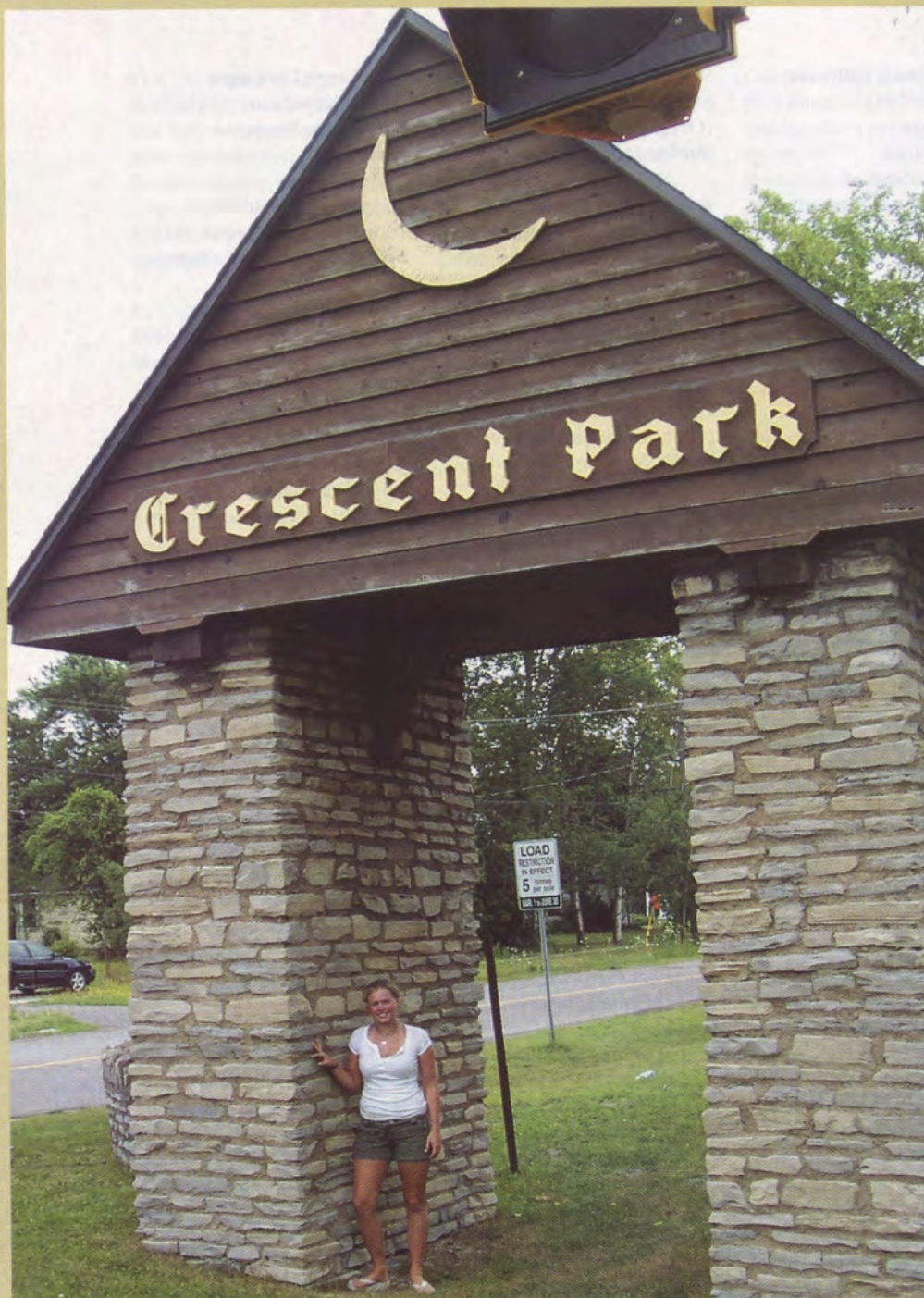
Elizabeth Henby Sutter  
(Washington University '28)  
Jill Wilkis

Emily Downey, niece of  
Elizabeth Ahlemeyer Quick  
(Indiana '61)  
Linda Ray  
Heather Ray Hammer  
Laura Mayville

Remember your Gamma Phi Beta sisters who have passed away with a memorial gift to the Gamma Phi Beta Foundation.



# Capture a Crescent



Christine Boushka (Kansas) found this crescent while visiting relatives in Canada.

## If you spot a crescent, we want to see it! Here's what we are looking for:

- » Digital or film prints featuring Gamma Phi Beta members and a crescent moon symbol
- » Digital images must be large and high resolution (300 dpi) *Remember, images will not be accepted if they show cans, bottles, cups or glasses.*

Please send submissions to: [TheCrescent@gammaphibeta.org](mailto:TheCrescent@gammaphibeta.org)

*The Crescent*  
Capture a Crescent  
12737 E. Euclid Drive  
Centennial, CO 80111



From left: Jenna Oestrick (Southern Methodist) and Emily Batten (Southern Methodist), with a sculpture in the SMU School of the Arts.



Evelyn Richardson Hare (Texas-Austin) couldn't pass up the crescent cut-out on her nephew's shed.



From left: Ashley Gora, Tabitha Roser and Rachel Terlep, members of Zeta Kappa Chapter (Southern Indiana).