

OF GAMMA PHI BETA

The Crescent

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And Then They Flew . . .

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Sisters from the University of Oklahoma and the men of Pi Kappa Alpha sing and dance to raise money to support Citizens Caring for Children and for child abuse. Read Collegiate News pages 4-9 for the positive side of Greek life on campus today.

Good News About Sororities

By Betty Ablemeyer Quick, National Panhellenic Conference Delegate



We've read the articles and seen the television shows. Most of the information about sororities has been negative. When I meet with Gamma Phis and others who know I am a national sorority board member, I am often asked:

- Is membership in sororities declining?
- What are the greatest challenges for Greeks and what is being done to help resolve these challenges?
- How does Gamma Phi Beta compare with other sororities?

Are sororities alive and well in 1997?

Definitely! In the 1995-97 biennium, National Panhellenic Conference (NPC) member groups grew from 3,011,792 to 3,167,175 members. In that two year time period 157,205 women joined sororities, a 5.22% increase! NPC member groups have 2,920 collegiate chapters in the U.S. and Canada. Ninety were established in 1995-97. There are 5,251 alumnae chapters around the world. In the last two years, 182 new alumnae chapters were established. Women are joining sororities and continuing their support after graduation.

Additionally, seven campuses that had no sororities or had local sororities invited NPC groups to establish chapters in 1996-97. That brings the number of College Panhellenics to approximately 630.

The Research Initiative, a study conducted by the highly respected Center for Advanced Social Research at the University of Missouri, showed that fraternities and sororities do more than build a strong bond of enduring friendship. Approximately 2,200 college and university graduates were contacted during this study. The study shows that Greek affiliated men and women are more likely to volunteer and be active in civic affairs during adulthood. They are also more likely to be involved in college organizations than non-Greeks. They are more likely to contribute financially, and do so in greater amounts, to charitable and non-profit organizations and religious groups.

What are the greatest challenges for Greek organizations?

Alcohol abuse and the health and safety issues that arise from that abuse are very real concerns.

Research also shows the majority of today's college students, women as well as men, are concerned about getting a good job after graduation. They are looking at all aspects of college life to decide what will help them achieve their goal. There is a need to balance the "party" image often associated with Greeks, with one which shows that scholarship, leadership, friendship and ethical behavior are the basis for Greek organizations.

What are we doing to resolve these challenges?

The national organizations, as well as colleges and universities, have programs designed to educate students about these issues. NPC is sponsoring a values-based risk management program entitled "Something of Value." Joint programming makes certain sorority members hear a consistent message about risky behaviors.

Also, the National Panhellenic Conference and the National Interfraternity Conference Substance Free Task Force has developed a plan to promote alcohol-free housing facilities and help curb underage drinking among sorority and fraternity members. Laura Mayville, Gamma Phi Beta, is a member of this Task Force. NPC member groups have long had alcohol-free housing facilities, as has Farmhouse Fraternity. Three men's fraternities, Phi Delta Theta, Sigma Nu and Phi Gamma Delta, are working with their collegiate chapters to achieve that by the year 2000. They are to be applauded and supported for their desire to provide their members with a safe, healthy living environment.

The 240 Alumnae Panhellenics contributed over \$300,000.00 to scholarships in 1996-97. They are working to encourage leadership and foster an academic environment. A special thank you to the Gamma Phi Betas

that participate in Alumnae Panhellenics. You are contributing to the success of the Greek community on many campuses.

How does Gamma Phi Beta compare with other NPC groups?

NPC does not encourage ranking of member groups. We, as members of Gamma Phi Beta, can measure ourselves by how well we are fulfilling our Mission Statement, which is: "To foster a nurturing environment that provides women the opportunity to achieve their potential through life-long commitment to intellectual growth, individual worth and service to humanity."

In 1996-97, 89% of the Gamma Phi Beta chapters made quota. We congratulate them for their success and warmly welcome every new member to our sisterhood.

Our scholarship program encourages intellectual growth. Many of our chapters are above the campus all-women's average. Our PACE programs are developed to provide life skills education. The Gamma Phi Beta philanthropy, special camping for girls, stresses service to humanity. Many of our alumnae and collegiate chapters also have local community service projects they support.

The September 1 issue of *U.S. News and World Report* ranked 489 of the more than 2,000 public and private colleges and universities in the U.S. Gamma Phi Beta has 106 chapters in the U.S. (Four chapters are in Canada.) Eighty-five chapters are on those ranked campuses. The magazine lists the top 25 public national universities and Gamma Phi Beta has chapters on 15 of the campuses. Gamma Phi Beta has quality members!

As one of the founding members of NPC, Panhellenic cooperation has become a basic Gamma Phi Beta tenet. Gamma Phi Beta is doing well, as are the other 25 NPC member groups. Yes, there are challenges. As members of NPC, we are working together to resolve them. Share the good news with your friends and encourage women to become part of the Greek system. ●

University of Nebraska members report a busy fall semester beginning with an incredibly successful rush. They also completed a weekend of cornpicking, a fundraiser that provides money for Camp Sechelt. The chapter is also looking forward to homecoming, "Ranch Dance" and the Parents Weekend hog roast.

Sisters from the **University of Washington** participated in a new philanthropic activity for the chapter, a 24 hour walk-a-thon called "Relay for Life." The chapter rallied twelve fraternities to the cause and contributed to the \$5,500 raised. All proceeds went to the Fred Hutchinson cancer research center.

The members in **Oklahoma City** are eagerly awaiting the groundbreaking for the new Panhellenic quadrangle. Building of the quadrangle was established after the current Panhellenic Hall was declared condemned. The quadrangle will house the three current sororities: Gamma Phi Beta, Alpha Phi and Alpha Chi Omega, and will welcome back Delta Zeta to occupy the fourth house. The chapter will be meeting on campus until completion in August of 1998. The chapter also reports a successful rush pledging, retaining all 23 women.



The forty-four new members at Kansas State heading for a swim to celebrate Bid Day.

Bradley University has a lot to celebrate! They just welcomed 43 fantastic new members to the chapter. They are also preparing for Greek Week and their philanthropy rock-a-thon. Sisters and members of other organizations rock in rocking chairs for 24 hours to benefit cerebral palsy. The chapter is also planning their 50-year celebration on the Bradley campus.

The chapter at **Mankato State** has been busy participating in a March of Dimes walk-a-thon, and sponsoring an all-you-can-eat spaghetti feed with proceeds going to Camp Fire Boys and Girls club. They held their annual pig



Sisters from Bradley University gear up for the Greek Week Air Band competition. The sisters selected American baseball as their theme.

roast fundraiser, and developed their short and long term goals. The chapter also achieved over quota this fall. They prepared for

rush with workshops, retreats and sisterhood building activities. The chapter also met with their province collegiate director



University of Oklahoma sisters (L to R) Mandy Mayer, Kelli Curtis, Lindsay Taylor, Ashleigh Lavender and Kim Miller celebrate Legacy Day.



Mankato sisters at the Gamma Phi Beta Campus Cleanup philanthropic event.



Dalana Hall, 1997 Miss Morehead State University.



Sonoma State members celebrate Bid Day.

(PCD) to gain new ideas, receive helpful feedback and develop action plans to help the chapter grow even stronger.

Texas A&M-Commerce has been busy participating in a walk-a-thon for Drug Free Hunt County, an alcohol-free casino party for the Commerce High School graduating class, intramurals and Greek Week. The sisters also report having the highest GPA among campus sororities. Great job!

After a successful and fun-filled rush, **Florida State** members welcome 53 new members! Fall semester was busy with homecoming, Parent's Weekend and a new philanthropy, Casino Night. And a special congratulations to Sarah Horne for her hard work on the "Rosie O'Donnell Show."

Mixers, formal pinning, all day retreat, camping weekend retreat and initiation—**Sonoma State** sisters have been busy this year planning activities and participat-

ing in rush and philanthropic events. The chapter welcomes their 8 wonderful new members.

Miami University had a busy semester participating in Greek Week, holding their annual Moonshine celebration and their fall formal. They also hosted a brunch to celebrate Founders Day, inviting Ohio alumnae.

Sisters from **Moorhead State University** recently raised \$700 for the Rape and Abuse Crisis

Philanthropy activities:

Annual Golf Tourney held at the Univ. of Illinois golf course. It is a 4-man scramble, 9 holes of golf. \$100 per team includes the green fee, a t-shirt, and a lunch at R&R Sports Grill. The lovely women of Omicron caddie.

Traditional chapter events & socials:

New Member-Alumnae Tea; Senior Progressive Dinner (one course of dinner at five different seniors' apartments); family dinner during Initiation Week (new members and their "families" go out to eat); exchanges; barn dance; Crescent Ball; Impromptus; Lil' Sis Set-up; canoe trip; Football Block and Bid Night.

We reinstated a tradition that died with the passing of Founder Frances E. Haven Moss. In the past, on Founders Day, every new member would bring Mrs. Moss a white rose to her home. This Founders Day, every member of the chapter brought a white rose or a pink carnation to her final resting place in Urbana.

Campus/Greek life:

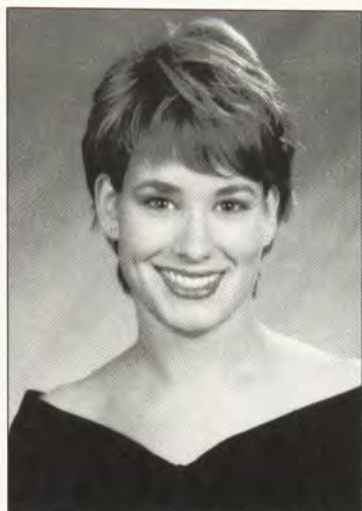
23 sororities and over 50 fraternities on campus. One in four people are Greek. We ranked 5th in highest GPA last semester with 21 5.0s!

Special things about our chapter:

Summer of 1996, we had the basement and the first floor redecorated by a member's mom, Mrs. Phillips. It looks beautiful! Ceiling fans were installed in bedrooms, as well as the kitchen and livingroom. Omicron is the only chapter to be founded by a Founder (excluding Alpha). Mrs. Frances E. Haven Moss came to the Univ. of Illinois because her husband became a professor here.



Sisters from the University of Oklahoma, paired with the men of Pi Kappa Alpha, show their stuff at a recent musical presentation to raise money to support Citizens Caring for Children and for child abuse.



University of Wisconsin-Madison sister, Nicole Locey, was crowned Miss Wisconsin. She competed in the Miss America pageant in September of 1997.

Center. They also reached quota during fall rush and held their annual Gamma Games which benefits Camp Sechelt. Also, the chapter just started their second annual semester-long food drive, and anticipate another great success.

Colorado State sisters have had an action packed year. The women enjoyed a "Night in Camelot" at the Brown Palace in Denver for their formal. They also won first place during Greek Week for their "Gamma Phi Beta Closet" skit. The members also took a trip to Coors Field to see a Colorado Rockies game and volunteered during the MS walk-a-thon.

Forty-six new members join the chapter at **University of Arizona**, making them the largest sorority on campus. These new members also have the highest GPA on campus. The fall semester began with an all-house retreat and a "Date With Destiny" date function. Both events were filled with fun and sisterhood.

After twenty years of renting their chapter house, the collegians and alumnae from the **University**



University of Arizona members enjoy the warm weather during their all-house retreat.



Sisters at Rhodes College enjoy their formal and the shared sisterhood.

of Wisconsin-Platteville purchased the house they have called home. Congratulations.

Union College sisters were busy this fall preparing for the first annual "Throw a Pie at Gamma Phi" philanthropy. They also report academic excellence, maintaining a GPA of 3.19 above both the all women and all sorority average. Great job!

The all-house retreat at the **University of Missouri, Columbia** was a great success. Groups attended workshops on "You and Your Car," had makeovers, visited a hypnotist,



The women at Southeast Missouri State University show their spirit at a local fraternity's watermelon bust!



University of Oklahoma Juniors celebrate another successful Bid Day.



Sisters from the University of Iowa took part in an annual dance marathon last February. The over-all event raised \$105,000 for the University of Iowa Hospital and Clinic's Pediatric Oncology Unit.

had a pizza party and ended with a fireside. The evening was special and meaningful for all the sisters. The chapter also receives high marks following their fall rush. A record-breaking 60 new members joined the chapter! Homecoming, Sirena de Luna, a formal and a crush party are all planned for this semester.

Penn State University raised over \$37,000 with the help of Sigma Phi Epsilon for the annual Dance Marathon. The chapter also won best female lead and first place in spirit in the Greek Sing competition. At the annual Greek Oscars,

the women were awarded the Panhellenic Chapter of the Year.

Sisters from the **University of Idaho** were ecstatic to return to their newly remodeled chapter house this fall. The exterior of the house had a face lift, and a new technology center complete with a computer and study room had been added. The sisters, along with their 32 new members, are now gearing up for their second annual golf tournament to raise money for Camp Sechelt.

Iowa State University members found that many hours

of hard work gearing up for rush did pay off. Twenty-two new members joined the chapter this fall. The chapter is now planning their annual retreat where goals for the upcoming year will be set. The retreat is a wonderful time for the chapter to welcome their newest members.

Sisters from the **University of Maryland** are happy to announce they moved back to #9 Fraternity Row. The chapter waited two years for their house renovation project to be completed and are looking forward to rush, homecoming, formal and living together again.

Sisters from **Indiana State University** report hitting the jackpot with their casino fall rush theme. Twenty-one new women joined the chapter. The sisters are busy preparing for their "Pumpkin Pie with Gamma Phi" event where each sister invites a professor to join them for hot pie and cider. Up and coming is the chapter's philanthropy entitled "Rock-a-Thon." The sisters rock in rocking chairs all day to raise money for Camp Sechelt.

Kansas State members added a barbecue and nightly sister bonding to keep their enthusiasm level high during rush week this fall and it paid off. Forty-four new members joined the chapter, making this new member class one of the largest on campus. The sisters celebrated Bid Day at a local ranch. Activities included lunch, swimming, water sliding and getting to know the new members better.

Sacramento Alumnae Panhellenic presented Jennifer Bowling the Panhellenic Sister of the Year Award. Ms. Bowling is a member of the California State University, Sacramento chapter. This award is given annually to collegiate women who demonstrate academic excellence, commitment to community service and promote sorority life.

A record-breaker from the sisters at the **University of Illinois** following fall rush—after a great deal of hard work toward achieving quota, the sisters proudly report adding 48 new members to their chapter! Other activities include a philanthropy golf tournament to raise money for Camp Sechelt and Fathers' Weekend.

Auburn University enjoyed its second successful rush. The sisters piled on buses on Bid Day to Camp Hargis for their chapter retreat. The women spent the night making holiday cards for



Sisters at San Diego State University celebrate their Crescent Ball.

nursing homes, creating shakers and noisemakers for pep-rallies and football games, and cheering the Auburn Tigers to victory.

The Blue Mountain Resort in Ontario was chosen, for the second consecutive year, for **Michigan State University's** annual ski weekend. The chapter took third overall in Greek Week activities last year and are confident that they will take it ALL this year. The sisters said goodbye to 40 graduating seniors last spring and are now looking forward to adding many new women during this fall's rush.

Looking for a repeat performance from last year, the sisters at **Clemson University** are gearing up to hit quota, again. The chapter took first place at the University's Greek Sing last March and this fall are planning a chili cook-off and a first-annual "evening at eightball."

Sisters at the **University of Rochester** were awarded the Dekiewiet Cup this past May. A group of university administrators are responsible for selecting the winner and the award is given to the Greek organization on campus that has done the most. This is the second consecutive year that the sisters have won! The chapter's annual philanthropy, "Throw a Pie at Gamma Phi," again proved a huge success and raised over \$700 for a local charity.



Sisters at Kansas State gearing up for preference parties during fall rush.

Bridgewater State College members, along with a local fraternity, are gearing up for HandiKids, a softball clinic for mentally and physically challenged youngsters. They report a successful rush with 11 new members. They are now the largest sorority on campus. The chapter also held their 10th anniversary ball, a spectacular event sharing sisterhood and memories.

San Diego State University sisters enjoyed a memorable evening celebrating their Crescent Ball in downtown San Diego. The chapter is now gearing up for fall rush. Many hours of song and skit practices are sure to pay off.

After an intense rush retreat consisting of mock rush conversations, image presentations and chorus workshops, the sisters at **University of California, Santa Barbara** are ready for fall rush. The chapter was honored last May with President of the Year and Chapter Advisor of the Year awards. Congratulations! Philanthropy activities for the upcoming quarter include a day of blowing large soap bubbles and hosting a dinner for the girls at



Sisters from the University of Michigan prepare for preference.

Camp Sechelt. The sisters also plan to plant a garden for a local elementary school.

Nineteen members from **California State University, Sacramento**, attended the Regional Leadership Conference in Los Angeles. After the conference, the members were invited to tour the chapter house at the University of Southern California.

Arizona State University made quite a splash at last year's Greek Awards. The chapter was awarded with: Outstanding Chapter of the Year, President of the Year, Outstanding House Manager of the Year, and

Outstanding New Member Class of Spring, 1997. The chapter also added 37 new members to their sisterhood this past fall. Sisters kicked off the semester at their annual all-house retreat. The members are also looking forward to holding their first annual "Kings of the Green" philanthropy. Proceeds from the golf tournament will benefit Camp Sechelt.

Oklahoma State sisters have spent the past semester: raising money to help a young girl who needed a liver transplant, working on their philanthropy project to benefit Camp Sechelt and participating in homecoming. The chapter also received the Most



University of California, Santa Barbara's Chapter Executive Council at Greek Awards pose enthusiastically after receiving both President of the Year and Chapter Advisor of the Year awards.



Sisters from Arizona State University swept several awards at last year's Greek Award celebration.

Outstanding New Member Program award from the Panhellenic Council.

Southeast Missouri State University wrapped up a tremendously successful and busy spring semester. The chapter hosted a "Moonball" philanthropy which raised over \$300 for a local Girl Scout troop and collected more than 700 canned good items for a local food pantry. The chapter took second in a Disney-themed Greek Sing with their rendition of "The Jungle Book." Congratulations to Cathy Roeder on being named the Chapter Advisor of the Year and to Angela Lauer on being named the Unsung Heroine.

Sixteen sisters from the **University of Iowa** took part in an all-university dance marathon to raise money for a local hospital unit. Each dancer was required to raise over \$200 to participate, and after thirty hours of non-stop dancing, a total of \$105,000 was

raised. The chapter was responsible for over \$5,000 of the proceeds and everyone expects to exceed that number in 1998. The members were also excited about activities which included a visit by Catherine Nacke, an alumna, who was a member in the mid-30's. Ms. Nacke was very involved in campus theater, member of the Purple Mask Chapter of National Collegiate Players Theater and Hawkeye Beauty Queen. She was also one of the six most beautiful coeds in 1936. Nacke was inspirational to the chapter and a wonderful speaker.

The **University of Georgia** welcomed seven new members to their chapter this past June. A spring formal, a social with the men of Chi Psi, and an Atlanta Braves baseball date night kept the chapter busy. Plans for this semester include a great fall rush and a successful new philanthropy entitled "Battle of the Bands."

Seniors from **Oregon State** were welcomed to alumnae membership at a dinner in their honor given by Corvallis Area Alumnae last April. In addition, Kristin Curtis and Kari Kurtz, two of the graduating seniors, were recognized as Outstanding Senior Scholars for graduating with the highest class grade point average. They were each given a \$250 scholarship.

The **University of Oklahoma** joined the men of Pi Kappa Alpha

in the 54th production of the Sooner Scandals Musical. This presentation raises money to benefit Citizens Caring for Children and for child abuse. Also, the chapter was runner up for the coveted President's Trophy. This trophy is presented to the chapter most involved on campus and in the community. Additionally, three sisters had the honor of interning in Washington D.C. with the Department of Energy, U.S. Chamber of Commerce, and the office of Senator Mitch McConnell.

Sisters from **Gettysburg College** held a successful fundraiser to support their local philanthropy, Green Acres Nursing Home. The chapter also held their first "singled out" competition with the men of Sigma Chi.

The **Florida Institute of Technology** chapter welcomed



University of California, Santa Barbara's chapter president Katy Hansen and chapter advisor Lois Abbott at Greek Awards.

ten new members to their chapter following fall rush. Their Pink Carnation Ball was a success with over 30 alumnae and 40 collegians sharing the special evening together. Other events planned for the chapter include a fundraiser and mixers with fraternities.

Chapman University sisters held their first ever "Gamma Phi-esta" COB party and initiated seven new members. They also held their annual philanthropy event, "Camp Gamma Phi," an all night camp-out under the stars with an attendance of over 400. The event raised \$600 for Camp Sechelt and was publicized so well the chapter won Best Publicity award and Most Original Event during the Greek awards.

Looking for a new Director of Collegiate Extension

Membership Department seeks nominations for Director of Collegiate Extension for a re-appointable two-year term. Responsibilities include investigating potential locations for collegiate extension, presentations to College Panhellenic extension committees, liaison between university/college Greek advisors, College Panhellenic and Gamma Phi Beta during extension projects.

Preference will be given to those with a background in marketing, public relations or related field. Excellent oral, written and presentation skills. Ability to travel 25-30 days a year and a strong commitment to the growth of Gamma Phi Beta.

Philanthropy, chapter activities and socials:

We kick off the year with a potluck supper and sell entertainment books for our philanthropy, United Cerebral Palsy. Other activities include: Founders Day Celebration Lunch, Valentine's Dinner Out and Christmas gift exchange. We prepare toiletry bags for campers or shelters.

Recruitment activities:

Annual newsletter to all area-wide Gamma Phi Betas. Each member is also contacted annually to encourage involvement.

Special things about your chapter:

We are a relatively small group, but can accomplish much (we earned the PACE Award for 1995-96).

Anything else you want the rest of Gamma Phi Beta to know?

We try to include other close chapters in activities. Cincinnati and Springfield Alumnae join our Founders Day. We also send newsletters to Beta Epsilon (Miami U.) and Alpha Nu (Wittenberg). We try to help with Miami University's rush each year.



Fourteen members of Grand Councils who served from 1978 to 1990 were reunited last year. They gathered at The Rosemont Suites near O'Hare Airport in Chicago to share recollections, family news, pictures as well as letters from three sisters who were unable to attend. Seated (L to R): Karen Wander Kline, Joyce Cole Hultgren, Frances Rea Griffin, Phyllis Donaldson Cboat, Sally Erikson Lewis. Standing (L to R): Gloria Swanson Nelson, Mary Jane Hipp Mistbos, Leonite Selzer Moore, Ann Mullen Bronsing, Marjory Mills Shupert, Randall Stevens Allard, Jolene Lessard Stiver, Karen Gamel Urette, Janet Heft Wright.



The St. Louis Alumnae pose during their recent annual officer retreat at Camp Wyman in Eureka, Missouri.

Fall will be a very busy time for our **Portland Alumnae**. Events include: a welcoming potluck, a ceramic pottery night, Founders Day celebrations and a holiday party.

The **St. Louis Alumnae** are very proud of Lisa Morgan Moulton, Rho '88, on completing a 13 mile half-marathon. A special thanks to the 40 individual contributors and to the St. Louis Alumnae and the State College Alumnae for their contributions of nearly \$700 towards cleaning up the chapter house at the University of North Dakota

following catastrophic flooding last spring.

Tampa Bay Alumnae gathered with family and friends for a trip to Legends Field in Tampa to watch the New York Yankees play the Cleveland Indians. They had a great time during the 7th inning stretch singing "Take Me Out to the Ball Game." The members also gathered, again, to serve ice cream sundaes to children at the Tampa Children's Home. The home is a half way house for children going into foster care.



The officers from the Hawaii Alumnae Chapter are getting down to business planning this year's upcoming chapter events.

McGill University Alumnae and chapter members gathered to renew old acquaintances and make new ones. A wonderful time was had by all and especially by sisters who hadn't seen each other for 30 years!

News from the Aloha State is that the **Hawaii Alumnae** are also quite busy. Each year the group bakes cookies for a local spouse abuse shelter and



Several alumnae from the University of Colorado reunited this past summer to celebrate the marriage of Stacey Chomko Schalk. Five sisters were honored to be in the wedding party.



The Fort Collins Area alumnae welcomed two of the graduating seniors from Colorado State University to their group this past April at a dessert party.



Alumnae from the University of British Columbia celebrated their 50th class reunion this past June.



Alumnae from Florida State University reunite over Memorial Day Weekend at the chapter house. Over 125 alumnae responded to the invitation!

that any sister who visits the island of Hawaii for an extended stay will be in touch and join the chapter in the spirit of aloha.

Congratulations to Melissa A. Rondy, Oakland, on being named to General Motors' new Management Health and Safety team. Melissa received her B.S. in Industrial Health and Safety from Oakland University in Rochester, Michigan. She is currently working on her Masters Degree in Science Administration at Central Michigan University.

donates toiletries and personal items. The group also donates money to the Girl Scout Council of Hawaii to be used for camper-ships for deserving girls. The Foundation provides matching funds for this worthy cause.

The Hawaii Alumnae Chapter is faced with a unique geographical problem. The chapter has over 200 alumnae in Hawaii on the islands of Oahu, Kauai, Maui, Lanai and Hawaii. The group meets on the island of Oahu and

consists of an average of 25 dues-paying members each year. Activities often include touring the many tourist-oriented attractions, attending musicals and attending Panhellenic luncheons as a group. The officers hope



Philadelphia/West Suburban Alumnae get together for a "Lethal Luau" murder mystery party. Fortunately no fatalities occurred —just a roaring good time.



Alumnae who were initiated at San Diego State University between 1959 and 1967 got together for their third biennial reunion this past August in San Diego.



Florida State University alumnae (L to R): Sandy Adsit Johnson '71, Patricia Ann Yearsley Segler '50, and Lorene Abney Secord '50.



Alumnae and collegians from McGill University share memories and sisterhood at a reunion last year in Toronto, Ontario.

Jackie Pletcher surprised her mother, Carol Culver Pletcher, with a birthday luncheon where **San Diego State University** alumnae, friends and family were invited. The alumnae held their third biennial reunion for sisters initiated during 1959-1967 this past August. Many alumnae made donations to the Foundation in memory of deceased sisters and housemothers. The next reunion is planned for the summer of 1999.

Fort Collins Alumnae welcomed graduating seniors from Colorado State to the alumnae group this past April at a dessert in their honor. In May,

six alumnae attended the annual Panhellenic Luncheon honoring the outstanding junior from each sorority on the Colorado State campus. Congratulations to Julie Moulds on being the recipient of this award. They also hosted the annual Ice Cream Social for the new member class and were able to lend support during rush in cooperation with the Boulder Alumnae. Special recognition also goes to fifty year members, Sharon Page Anderson, U. of Denver and Virginia Gose Febinger, U. of Denver.

Congratulations to Beryl "Brownie" McGraw, Vice Chairperson of the Poudre Valley Health System Board of Directors, for her many accomplishments and for her recent recognition in the Poudre Valley Hospital's magazine. Aside from her great work as a volunteer at the hospital, Ms. McGraw served 25 years in the Poudre School District and now has an elementary school, McGraw Elementary School, named after her in recognition of her efforts. "It's all about giving back what you receive," believes

McGraw. "Our expectations for young people are so high and we blame them for everything that happens. There are adults who are not good role models. I'm talking about some athletes, movie stars and politicians." McGraw has walked her talk and has made quite a difference in the Fort Collins area.

The **San Diego Alumnae Chapter** continues to be heavily involved in philanthropy and camping. Their philanthropic efforts are mainly focused on



Tampa Bay alumnae showed their spirit at a baseball game.

camperships for Camp Sechelt and the San Diego Imperial Counties Girl Scout Day Camp Program. The local camperships are for girls with special needs. Clothing for the YWCA's "My Sister's Closet" is also supported by the chapter. This is a Y program that aids battered women and children. Clothing is collected at the Christmas party and delivered to the YWCA. The project continues to grow by leaps and bounds and the chapter believes that in the not to distant future, they will need to recruit someone with a truck to make the deliveries. The chapter, together with the alumnae from La Jolla,

enjoyed a picnic supper in the park before attending the Starlight Opera presentation of "Singin' in the Rain" this summer. The chapter is planning to tour the Aerospace Museum after a luncheon in the park in October. The San Diego Alumnae describe themselves as very close with a strong bond of sisterhood. Many San Diego Alumnae are charter members of San Diego State University chapter.

Ten of the twelve members of the graduating class of 1947 from **Pennsylvania State University** reunited in Pennsylvania to celebrate their 50th class



Planning a reunion?

If you are interested in planning a reunion, Convention 1998 is a great time. Contact International Headquarters at 303-799-1874 for more information.

TRUSTEE NOMINATIONS

The Gamma Phi Beta Foundation seeks nominations and applications for Trustee/Financial Aid Committee chairwoman for a re-appointable two-year term commencing August 1, 1998. Responsibilities include: managing the financial aid application review and selection process, convening biennial committee meetings and attending two Trustee meetings per year at International Headquarters in Denver.

Preference will be given to those with backgrounds in college or university financial aid programs, non-profit board experience and a proven track record of professional and or volunteer leadership. Please send letter of interest, resume and three references to the Foundation Office, 12737 E. Euclid Drive, Englewood, CO 80111 by March 15, 1998.



During August San Diego and La Jolla Alumnae enjoyed a picnic dinner in the park before attending the the Starlight Opera production of "Singin' in the Rain" at the Starlight Bowl in Balboa Park. (L-R): Carol Pletcher, Dian Tietjen, Marta Brown. Back: Lynn Mesner, Fran Mebling, Barbara Mckewen, Beverly Ingram, Sally Spiess and Joyce Ross.

Beta Eta 50th Anniversary Celebration

Alumnae members of Beta Eta Chapter, Bradley University, are invited to attend the 50th anniversary celebration of the chapter's chartering. The celebration will be held in Peoria April 3, 4 and 5, 1998, with a full schedule of activities for returning alumnae and collegiate members. Reservations can be made with Joan Severns Roeder, 309-691-0780, or call for more information.



SURPRISE!!! Jackie Pletcher surprised her mother, Carol Culver Pletcher, with a birthday luncheon which included many San Diego State University alumnae, friends and family.

reunion. The sisters span the country and came to celebrate from Vermont, Florida, Ohio and Colorado. The group celebrated their induction as Pioneers in the Alumnae Association, their friendship and sisterhood of fifty-four years!

Sisters from **Florida State University** held a reunion over Memorial Day Weekend at the chapter house. Over 125 alumnae responded to the three-day event. Even members from the 1950 founding class came! Activities included an auction to raise money for the Foundation and chapter, and a "rush contribution jar" to raise funds to directly support fall rush. With such a terrific turnout, the alumnae can't wait to hold their 50th anniversary in 2000!



University of Nevada, Reno sisters gather after the senior breakfast and alumnae induction service.

Seventy-five alumnae and guests from the **Houston area** gathered for their 1996 Founders Day luncheon at the Lakeside Country Club. The guest speaker was Mrs. Elyse Lanier, wife of the Mayor of Houston. Other highlights included: a raffle that raised nearly \$500 to benefit a local philanthropy, music performed by the high school for the Performing and Visual Arts

String Quartet, and recognition of six 50-year members receiving the Golden Crescent Award. Other events for the alumnae group include an evening at "A Chorus Line" followed by a reception at the home of Linda Clarke Anderson (Oklahoma). Funds raised at this reception benefited the chapter at Texas Tech University. Alumnae were pleased to report that their spring garage sale raised enough

money to sponsor one camper at a local YMCA summer camp.

Festivities for sisters from the **University of British Columbia** celebrating their 50th reunion took place this past June in Vancouver. Joan Scrim and Joy McCusker hosted the sisters at a luncheon. Reports are that it was very enjoyable and many hours were spent catching up with

Final Reminder

Nominations for elected international officers are due no later than February 1, 1998.

Forms may be obtained from International Headquarters, 303-799-1874, and should be mailed to:

Corinne Martinez,
Chairwoman
Gamma Phi Beta
Nominating Committee
3415 Pierce Street #303
San Francisco, CA 94123

one another and renewing the ties to the Sorority.

The **Philadelphia/West Suburban Alumnae** got together for a murderously fun evening. "Lethal Luau," a murder mystery party, turned out to be a great opportunity to get this chapter together. Clad in loud tropical garb, leis and other beach attire, the alumnae solved the mystery and had a wonderful evening.

1997 Circle of Excellence

Pearl Circle of Excellence

Albuquerque	Kearney
Ames	Lake County
Bloomington	Montgomery
Boise	New Jersey Metro
Chicago	North Houston
Columbia	Philadelphia North Suburban
Columbus	Philadelphia West Suburban
Corvallis	Quad Cities
Des Moines	State College
Eastern Virginia	Stillwater
Evanston-North Shore	Syracuse
Greater Fort Meyers	Tallahassee
Hawaii	Tulsa
Indianapolis	

This year a new alumnae chapter award has been introduced. The Founders Circle of Excellence is being presented to alumnae chapters achieving either the Pearl or Diamond Circle each of the last five years. These chapters were named to the Diamond Circle at least three times in that period.

All chapters may work toward this award. However, those groups with the highest level of efficiency and service to community will achieve the circle. Because it is earned over a five-year period, it requires the cooperation of officers and a dedication to excellence on the part of all members.

Congratulations to the following chapters for being named to this exclusive circle:

Columbia	La Jolla	Philadelphia N. Suburban
Greater Kansas City	Northern Virginia	St. Louis
Houston	Omaha	Stillwater

Diamond Circle of Excellence

Atlanta	New York City
Bakersfield	Norman
Balboa Harbor	Northern Virginia
Beverly Hills-Westwood	Oklahoma City
Chicago Far West Suburban	Omaha
Chicago NW Suburban	Portland
Cleveland West	Rochester
Dayton	San Antonio
Diablo Valley	San Diego
Fort Collins	San Fernando Valley
Greater Kansas City	South Bay
Houston	St. Louis
Jacksonville	Washington, D.C.
La Jolla	
Long Beach	
Milwaukee	

Circle of Excellence

Duluth
Peoria
Reno
Richmond
Springfield

Carnation Circle of Excellence

Arlington
Marin County
Wichita

SUBSTANCE ABUSE

Submitted by:

Danice Rinderknecht, M.D. (Theta)

Alcohol and drugs have been around for centuries and both have been used for many purposes. They have their benefits, but unfortunately, they also have their problems.

Marijuana use was decreasing in the 1980s, but is on the rise again. A recent study showed that teenagers, in particular, are increasing their use of tobacco and other drugs. Unnecessary deaths from accidents and overdoses are far too common. These often occur when alcohol and drugs are used together.

Alcohol use in women has increased dramatically over the past 50 years. A 1996 study revealed that at least 10% of women and almost 50% of men who go for routine medical care have a problem with their use of alcohol.

HOW ALCOHOL AFFECTS OUR CHILDREN

High Schoolers

- 87% of high school seniors have tried alcohol in their lifetime
- Over 50% have had a drink in the last month
- 23% have driven after excessive drinking
- 17% report problems with friends/peers because of drinking alcohol

Junior Highers

- 50% of 12-year-olds in one study have felt peer pressure to try alcohol
- At least 40% of 12-year-olds have had their first drink (excluding religious purposes or within the family)

WHEN IS IT A PROBLEM?

When is the use of drugs or alcohol a problem? Is it a problem for you? What can you do if you think you or a friend has a problem?

The generally accepted definition is that if you have ever had trouble with any of the following, it's a problem:

- Functioning at school or work (including absences or being late)
- Relationships with family, friends or others
- Being in potentially physically hazardous situations (i.e. driving after drinking, fighting)
- Medical or legal problems because of alcohol or drugs

Editors note: Danice graduated from Dartmouth Medical School in 1992 and the Maine-Dartmouth Family Practice Residency in 1995. She is now in a group family practice in Lewistown, ME.

This is particularly true if you know these problems were due to substance use and you continue to use the substance.

If any of the following are true, you have what is considered "substance abuse." If three or more of the following are true, you have what is considered "substance dependence."

- Needing to drink or use more of a substance to get the same effect (increased tolerance)
- Having symptoms of withdrawal
- Taking more of a substance or over a longer period than intended
- Wanting to cut back or control how much you use
- Spending much time using or obtaining the substance
- Giving up previously important activities to use the substance
- Continuing to use despite knowing that you have a problem

ALCOHOL

You may have an alcohol problem if three or more of the following are true:

- Have you ever tried to cut back?
- Have you ever felt angry or annoyed with anyone who questioned whether you had a problem?
- Have you ever felt guilty about the amount you drank?
- Have you ever needed an eye-opener?
- Have you ever had a blackout?
- Have you ever drunk when you didn't plan to—or planned not to?
- Do you ever drink for "medicinal purposes" (i.e. to feel better, take away pain, feel less anxious)?
- Do you always know where you can get a drink if you need one?
- Do you ever feel like you need to have a drink?

Today in the United States, one-third of alcoholics are women. Women, more often than men, tend to be "closet-alcoholics" or hide their addiction. Medical complications of the disease and alcohol-related accidents/deaths have risen more quickly than the rate of alcohol use. Women with alcohol problems are more likely to divorce, have problems with anxiety and depression, attempt suicide, and be the victims of domestic violence. Alcoholism is the third leading cause of death in women aged 35 to 55.

Although in most states alcohol is not legally available until age 21, the majority of high school seniors have tried it. Alcohol is abused far more frequently than other substances.

Most states consider people impaired enough to abstain from driving when alcohol levels read between 60 to 100 mg/ml. For women, it usually takes 2 1/2 drinks in one hour to become

legally intoxicated. For men, it usually takes 4 drinks in one hour. (One drink is defined as 12 oz. beer or 6 oz. wine or one mixed drink.) Women usually metabolize only one drink per hour, which is why the effects of impairment can be noticed for hours. This is also why designated drivers are so important!

PERSONALLY SPEAKING

Alcohol's effects on you as an individual depend on a number of factors:

- How much you have to drink
- How quickly you drink
- How much and how often you have drunk in the past
- How quickly you absorb alcohol from your stomach and small intestine
- The speed at which your liver breaks down alcohol in your body (metabolism)

Studies have shown that women generally metabolize alcohol more slowly than men and usually become more intoxicated with the same amount of alcohol. This is due to numerous biochemical differences. Estrogen (one of the "female" sex hormones) increases how quickly alcohol is absorbed while oral contraceptives ("the pill") decrease how quickly it is metabolized. Compared to men, women actually have little or no alcohol dehydrogenase (the enzyme that breaks down alcohol) in their stomachs. Women also have a higher percentage of body fat and less total body water, leaving less space in which alcohol can be dispersed.

Adverse effects include:

- Direct damage to liver tissue
- Damage to the central nervous system, especially the brain
- Damage to the stomach lining, causing inflammation of the stomach wall and ulcers
- High blood pressure
- Increased risk of accidents
- Depression, anxiety and insomnia
- Menstrual irregularities

Alcohol withdrawal causes restlessness, agitation, shaky feelings, hallucinations, high blood pressure, rapid heart rate, fever and seizures. If you have any of these symptoms after going for a time without alcohol, and if alcohol relieves the symptoms, you have become physically dependent.

Women in the childbearing years are at a unique risk due to the direct effects of alcohol upon the fetus and possible pregnancy complications.

MARIJUANA (*Cannabis*, AKA *pot*, *hash*, *weed*)

This is the most frequently used illicit substance. Usually smoked, it can also be ingested orally with food or beverages.

Adverse effects include:

- Rapid heart rate
- Changes in sleep pattern
- Dry mouth
- Tremors
- Depression and anxiety
- Panic attacks and paranoia

- Sexual dysfunction
- Eating binges
- Impaired short-term memory and reaction time

In terms of lung damage, four joints of marijuana equal 20 cigarettes. In addition, memory is affected in such a way that it is difficult to lay down new memory patterns, significantly impairing the ability to learn and retain new information.

STIMULANTS (*AKA uppers, speed*)

These drugs may be abused for weight loss purposes. A rush of feeling powerful and alert is usually followed by a "crash" 4-6 hours later. Often, users of stimulants will develop problems with sedatives in an attempt to balance out the effects of the drugs.

SEDATIVES/DEPRESSANTS (*AKA pills, downers*)

These medications are usually available only by prescription and are used to treat such conditions as insomnia, anxiety and muscle spasms. When used improperly, they decrease inhibitions and can make users suffer withdrawal symptoms, as these drugs are addictive.

TOBACCO

Tobacco and alcohol are the two leading causes of preventable deaths in this country. Tobacco advertising has been increasingly targeted at women, unfortunately causing them to "buy into" a rate of lung cancer deaths equal to men.

Adverse effects:

- Emphysema
- Heart attack
- Stroke (this possibility increases for women on oral contraceptives)
- Cancer
- Aged-appearing skin
- Chronic cough
- Yellowing teeth
- Foul-smelling clothes
- Bad breath

OTHER SUBSTANCES

There are many other drugs abused by people, but we have highlighted the substances which seem to be a problem for women.

WHAT TO DO IF YOU THINK YOU OR A FRIEND HAVE A PROBLEM:

Most importantly, don't ignore it! Seek help. Good resources are counselors, physicians, or other health professionals who have experience or special training in these areas.

Most communities have good outpatient systems in place for treatment. Detox and rehab centers are widely available for those who need more intensive treatment, particularly when stopping a substance to which they are physically dependent, or if attempts at outpatient treatments have failed.

Organizations such as Alcoholics Anonymous (AA) and Narcotics Anonymous (NA) are excellent resources. Many groups are specifically designed for women. It is generally recommended that you try six meetings before deciding one of these groups is not for you. Remember: groups have different characters, so try another if the first doesn't work for you.

If you think a friend has a problem, talk with them about your concerns. Often people need to hear the message from more than one person to recognize their problem.

Above all, remember that we are a sisterhood—we need to look out for each other.

fraternities and sororities

by William DeJong, Ph.D.



Front-page stories this school year have sustained the grave concerns that many academic administrators have about the prominent role of fraternities and sororities in alcohol-related problems on campus.

At the University of New Hampshire, an 18-year-old sophomore plummeted 35 feet from the Acacia Fraternity rooftop and died. The fraternity was charged with violating university policies and eventually disbanded by college administrators.

At Ohio Wesleyan University, a 20-year-old student who died in a fraternity house fire was drunk and may have been too confused to find his way out, according to the local coroner.

At Clarkson University in New York, members of the Theta Chi Fraternity were charged in the death of a 17-year-old pledge. Reports indicated that the victim had choked on his own vomit.

At the University of California-Los Angeles, academic officials suspended the Zeta Beta Tau Fraternity for violating the state's minimum drinking age law, after three fraternity men were accused of raping a sorority woman during a party.

At the University of Massachusetts, a former student who said she was raped at a fraternity party reached a \$200,000 settlement with Sigma Phi Epsilon Fraternity, after the fraternity admitted it had provided inadequate security.

William DeJong is Director of The Higher Education Center for Alcohol and Other Drug Prevention, which is funded by the U.S. Department of Education. The views expressed in this article are those of the author and do not necessarily reflect the official position of the Department. Dr. DeJong is also a Lecturer in Health Communication at the Harvard School of Public Health.

Editor's note:
Gamma Phi Beta strictly enforces our alcohol policy and provides programming to educate our members. For more information on risk management and educational programming, contact International Headquarters at 303-799-1874.

the time for reform is at hand!

IS IT FAIR?

Some Greek organizations claim that they are unfairly singled out for criticism, but a study recently published by Henry Wechsler, Ph.D., and his colleagues at the Harvard School of Public Health shows that such criticism is warranted (*see sidebar below*).

Greek members are more likely than non-members to report problems as a consequence of their drinking, including the following:

- Missing class
- Getting behind in their school work
- Doing something they regretted
- Forgetting where they were or what they did
- Engaging in unplanned sexual activity
- Not using protection when having sex
- Arguing with friends
- Driving after having five or more drinks
- Getting hurt or injured

In response to these problems, new prevention programs for Greek organizations have been developed. Several national

programs are in place as well, including among others:

- BACCHUS/GAMMA Peer Education Network
- Our Chapter, Our Choice (OCOC)
- Talking About Alcohol (on campus)

Despite these strong efforts, the call grows louder for more radical change in the traditions of Greek organizations. This spring, two major national fraternities, Phi Delta Theta and Sigma Nu, decided to ban alcohol in chapter houses.

In some ways, this action seems to be a bow to the inevitable. The annual toll of needless student deaths due to alcohol-related [mishaps] and fraternity hazings is impossible to ignore. Given that reality, and given the attendant costs of liability insurance that fraternities and sororities now face, a ban on alcohol makes good sense. The message to students is clear:

There is barely time left to change fraternity and sorority drinking practices. The time of total license is over. The time for reform is at hand.

Prevention Resources from the Higher Education Center

The Higher Education Center for Alcohol and Other Drug Prevention, with funding from the U.S. Department of Education, has produced a bulletin to introduce Greek advisors to program options for effective prevention, "Alcohol and Other Drug Prevention: A Bulletin for Fraternity and Sorority Advisors." The bulletin reviews each program and provides contact information.

A special issue of "Prevention File: Alcohol, Tobacco, and Other Drugs" (Vol. 12, No. 2, Spring 1997) focuses on prevention at colleges and universities. With support from the U.S. Department of Education, this themed issue is available through the Higher Education Center.

To obtain a free copy of the bulletin or "Prevention File," write to the Center at 55 Chapel Street, Newton, MA 02158 or call toll-free at (800) 676-1730. A copy of the bulletin can be downloaded from the Center's web site at <http://www.edc.org/hec>. To learn about other publications and materials related to prevention at colleges and universities, available through the Center, ask for a publications list.

BINGE DRINKING

Fraternity and sorority members, especially those who are house residents, are much more likely to report binge drinking, defined for men as consuming five or more drinks in a row within the previous two weeks, and for women as consuming four or more drinks in a row.

Fifty-seven percent of fraternity house residents reported binge drinking three or more times in the past two weeks, compared to 36 percent of non-resident members and 18 percent of non-members. Among women, 43 percent of house residents reported binge drinking three or more times in the past two weeks, compared to 28 percent of non-resident sorority members and 15 percent of non-members.



And Then They Flew

By Ginny Hammond
University of Colorado

Once during a difficult time in my life, a friend sent me a card that has become a cherished sentiment. The front depicts a tiny bluebird falling from the nest, crashing downward from branch to branch with feathers flying. Close to the ground, that little bird finds its wings, executes an upside-down loop and finally takes off with a flourish. Inside the card are the simple words, "You'll make it."

Blue Sky Up Yonder . . .

I often wish I had a box full of those cards to give my women clients who are going through a divorce. The flight path may be bumpy and take longer than expected, but it is possible for women to find their wings after divorce and soar on their own.



"You'll make it," is one of the first things I emphasize to women. Life will not always be an endless stream of conferences, interrogatories and financial affidavits. The day will come when a woman's life is her own, with all the challenges, opportunities and adventure that entails. The flight getting there may be smoother when women are realistic and knowledgeable about their finances.

Financial Flapping . . .

In many circumstances, women are unfamiliar with their own finances. When you add the stress and emotional turmoil of divorce to financial fuzziness, the risk of making irrevocable, poor decisions increases exponentially. Unfortunately, divorce often forces women into a financial crash course.

Unfortunately, many women wait until after the divorce to consult a professional financial advisor. A professional financial advisor can help you avoid crashing through unnecessary financial branches, while guiding you toward a financial plan for your future. If you do not have a financial advisor, or don't feel comfortable with

one that was chosen by your husband, ask a trusted friend or your attorney for a referral.

Warming Up Your Wings . . .

To get things off to a good start, I help my women clients determine their assets and liabilities, their expenses now and what they may be in the future. I emphasize that this is not the time to enter into any new financial obligations. Buying a car or running up credit card debt will only complicate the financial situation.

Some women have never had a personal line of credit or personal credit cards and need to establish credit in their own name. It may also be desirable for women to open a savings account in their own name to cover expenses in case the spouse depletes the checking account.

Preparing For Takeoff . . .

Because the average length of alimony is two to three years, it's important to review your current work situation or the necessity of re-training to enter the work force. In addition to spousal maintenance and child support, part of the settlement may include money for education and training if you need to enter the workforce.

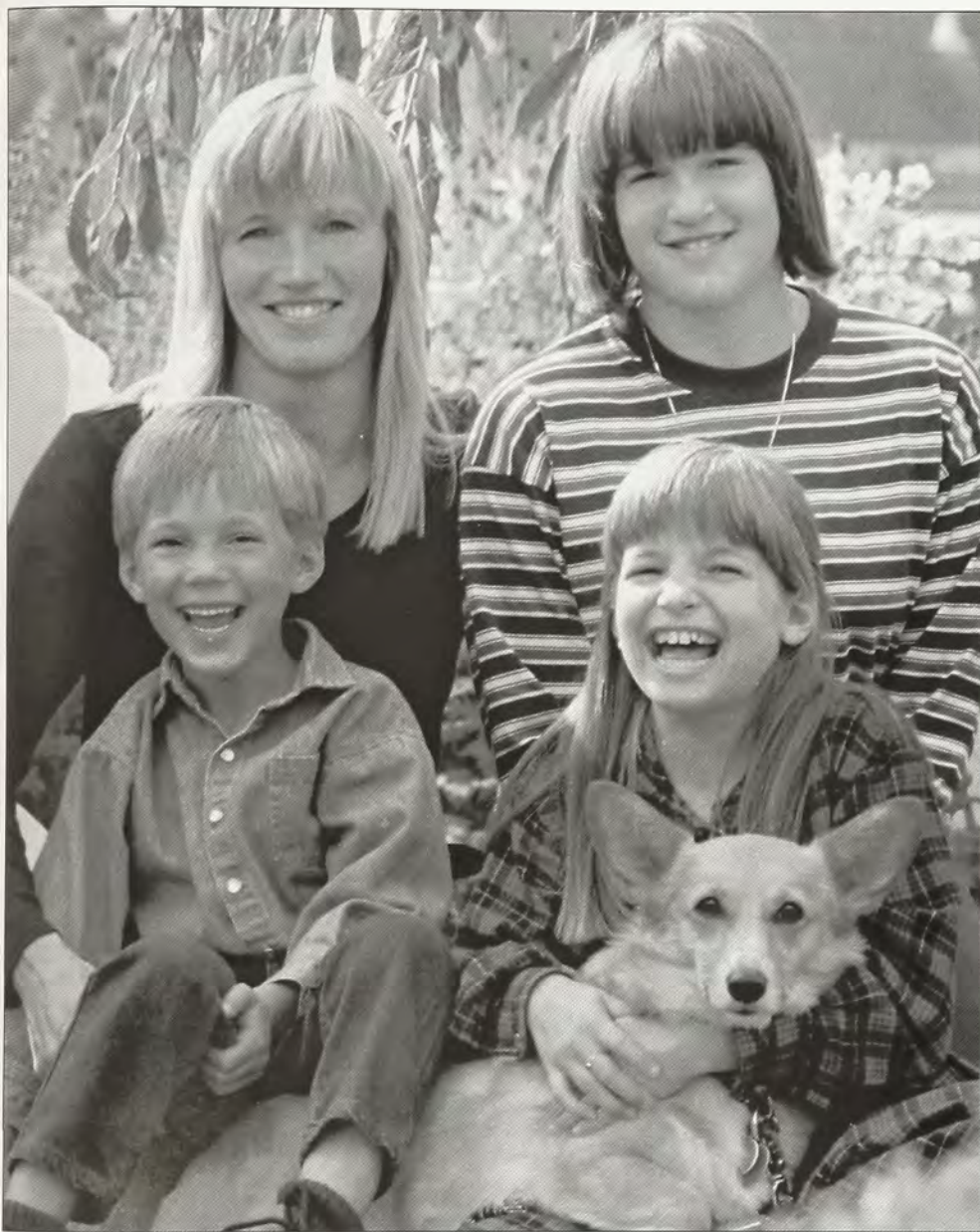
Other areas we consider are health, life and disability insurance, as well as retirement plans. Many women are at risk if these benefits have all been held in their husband's name or provided through their husband's employer. Named beneficiaries on wills and investments must also be reviewed and changes made when necessary.

Branches to know . . .

Branches to miss . . .

I encourage women throughout the process to be realistic about the challenges ahead and optimistic about their ability to survive and soar. It helps to anticipate tempting branches that look leafy from a distance but are prickly, sticky detours up close.

For example, many courts view divorce as an "equitable" distribution of assets and liabilities, much like the dissolution of a business partnership or corporation.



"Equitable" does not necessarily mean equal or fair. So, it helps to know your state laws. Only six states have community property laws where a spouse is entitled to 50 percent of the assets accrued during the marriage. The remaining states are equitable distribution states, which means variables like the length of marriage and the wife's earning power are determining factors.

It also helps to know what is rightfully yours. Many women incorrectly assume

their husband's pension is sacrosanct. However, spouses are entitled to half the pension benefits earned by their husband during the marriage. If alimony payments and/or child support payments are part of your settlement, make sure your ex-husband has life insurance to cover the money and assets you are due in the event of his death. You should be named as the beneficiary to cover alimony payments. In the case of child support, a trust is frequently established.

Be aware that court proceedings probably won't provide emotional resolution. It can be unrealistic to expect the court or your attorney to negotiate an emotional settlement. It is often desirable for women to seek counseling during this time, because delaying the proceedings out of resentment or fear is a counterproductive tactic.

Which Way The Feathered Nest . . .

Another tempting crash site is "the house." For many women, their home often symbolizes all their memories and contributions to the marriage. They think they must have the house at all costs. I ask women to be realistic and open minded about the wisdom of insisting on keeping the house if the payments and upkeep will be beyond their means. Many times, finding a home with more manageable payments and upkeep not only reduces financial strain, but also provides emotional closure with an opportunity to build a new life. It's a way for women to feather their financial and emotional nests at the same time.

Liftoff . . .

Once the divorce is over—and it will be—all the missed branches, all the wing fluttering and flight lessons, position women for solo flight. Women can design a flight path, a financial plan of their own. One that's based on their chosen goals, needs and hopes. As these newly divorced women gain financial confidence and pride in their progress, I watch them soar with their own wings. And I cheer, "You made it."

Editors Note: Ginny received her BA from the University of Colorado in 1965 and her MBA in 1985. She is a Certified Financial Planner and a personal financial advisor with American Express Financial Advisors Inc. Her practice is located in Denver, CO.



*The Sorority appreciates
the return of a deceased
member's badge, when
possible, so that it
might be preserved
in our archives.*

Merle W. Asper (husband of
Nancy Hampton Asper-Eta '56)
Patty Lazos Giese

**Beta Lambda's deceased
sisters**

*Marilou Lange Baumgarten
Patty Lazos Giese
Beverly Elliott Ingram
Betty Ragenovich Kurkjian
Thelma Dea Walker Logie
Eugenia Almond McCalmont*

Carol Heimerdinger Bigger
(Alpha Epsilon '54)
*Frances Beth Clark Babineaux
Sandra Rettke Nauman*

Evelyn L. Bird (mother of
Doris Bird Gorden - Beta
Gamma '45)
*Staff of Mauger/Givnish
Funeral Home of Malvern, PA*

Evelyn and Robert Bird
(parents of Doris Bird Gorden -
Beta Gamma '45)
*Ann and Bill Alter
Phyllis Donaldson Choat
Sharon Witt Dunham
Jacki Ennis Falkenroth
Hilda Foster
Gamma Phi Beta Foundation
Trustees and Staff
Stephanie Hearn
Laurita and Robert Patrick
Philadelphia West Suburban
Alumnae Chapter
L'Cena Brunskill Rice
Marjory Mills Shupert
Margrete and Carsten Smeby
Elizabeth Dean Wanderer
Weichert Realtors
Harry and Mary (Newell) Zahn*

Jeanne Verne Blahnik
(Alpha Omicron '35)
*Cedar Rapids Alumnae
Chapter*

Elaine Bouquin (house
director for Beta Lambda)
*Beta Lambda Chapter
Beta Lambda House
Corporation
San Diego Alumnae Chapter*

Calla D. Burkett (mother of
Connie Burkett Preston -
Gamma Nu '74)
*Gamma Phi Beta Foundation
Trustees*

Thelma Chapman (mother of
Joan Chapman Jani - Beta
Alpha '55)
L'Cena Brunskill Rice

Fred Cibula (father of Ann
Cibula Zultner - Delta Iota '75)
Sandra Rettke Nauman

Mary Moore Day
(Beta Beta '72)
*The Billig Family
Mr. and Mrs. Winston T.
Brundige
Barbara and Charles Cabn, II
M. Albert Figinski
Greater Baltimore Alumnae
Chapter
Cecilia Januszkiewicz
Bill and Debbie Kissinger
Jack and Marjorie Merriman
Edwin and Dorothy
Ottenheimer
William and Jane Scholtes*

Karen Johnson Doke (Nu '90)
Trudi Brownnton Diffendaffer

Harriette Saeltzer Duncan
(Nu '32)
Hawaii Alumnae Chapter

Phyllis Klinker Hawes
(Lambda '34)
*Katharine Welch Clancy
Anne Adams Moldrem*

Donald E. Hearn (father of
Stephanie Hearn - Sigma '82)
*Phyllis Donaldson Choat
Sharon Witt Dunham
Marjory Mills Shupert*

Alan J. Hoener (husband of
Wilma Grund Hoener - Alpha
Delta '35)
Gladys Hecker Myles

Janet Bartels Hummon
(Beta Delta '53)
Dianne Way Howerton

Sally Adams Klausung
(Alpha Delta '51)
Joyce Myers Sweeney

Katherine McGahey
(mother of Jeannie McGahey -
Beta Alpha '94)
*Reta M. Long
L'Cena Brunskill Rice*

Jean McMahan (mother of
Joyce McMahan Cookman -
Beta Phi '67)
*Bloomington Alumnae
Chapter*

John McQuaide (father of
Doris McQuaide Wascher -
Beta Lambda '61)
Patty Lazos Giese

Ernest P. Mills (father of
Marjory Mills Shupert - Tau '54)
*Sandy Biegelman Burba
Jacki Ennis Falkenroth
Gamma Phi Beta Foundation
Trustees and Staff
Stephanie Hearn*

*Joyce Cole Hultgren
Karen Wander Kline
Sally Erikson Lewis
Sandra Rettke Nauman
Betty Ablemeyer Quick
Vicki Carlson Read
L'Cena Brunskill Rice
Julie Vowell
Barbara Missert Wessel*

Billie Krouch Molina
(Theta '96)
Marjory Mills Shupert

Marjorie Simpson Morris
*San Fernando Valley
Alumnae Chapter*

Jordan Musgrave (daughter
of Kimberly Dame Musgrave -
Delta Pi '84)
Linda Trimpe

Lois Fleming Norman
(Omicron '28)
Margie Keck Wikoff

Linda Zaugg Oster
(Beta Zeta '59)
James L. Oster

Florence Whyte Parsons
(Omicron '33)
Vivian Johnson Cary

Carl Peterson (father of Amy
M. Peterson - Gamma Mu '75)
Sandra Rettke Nauman

Marion Kaeser Piper
(Omicron '35)
*Jeanne Schroll Aden
Gamma Phi Beta Foundation
Trustees
Bonnie Klund Hana
Karen Wander Kline
Susan Koch Newsom
Joanne Callis Roman
Marjory Mills Shupert
Anita Waninger Steck*

Ada Lou Hartman Richman
(Alpha Zeta '60)
Linda Clarke Anderson

**Margaret Ellen Tickner
Royster** (Zeta '34)
*Greater Baltimore Alumnae
Chapter*

Kathryn Williams Sargent
(Alpha Epsilon '55)
*Frances Beth Clark Babineaux
Betsy Ankeny Lyle
Sandra Rettke Nauman*

Ada Rost Seales (Omicron '35)
*Susanne Oehler Keller
Mary Rost Oehler*

Margaret Spencer St. Amour
(Beta '33)
Charlotte Hamilton Mason

Charlotte Brightman Stone
(Alpha '34)
Magnes Welsh

Jane Phyllis Strong

(Alpha Iota '37)

South Orange County

Alumnae Chapter

Clara Tarling Tremayne

(Phi '32)

Gladys Hecker Myles

Marilyn Goodell VanBuskirk

(Omicron '50)

William and Charlotte

(Tanton) Bash

Adlon and Bob Rector

Margie Keck Wikoff

Dora Baird Vincent (Xi '35)

Albuquerque Alumnae

Chapter

Ellen Winiarczyk (mother of

Jean Lewis Daily - Beta Pi '54)

Sharon Witt Dunham

Fred T. Witt, Sr. (father of

Sharon Witt Dunham - Pi '60)

Sandy Biegelman Burba

Jacki Ennis Falkenroth

Gamma Phi Beta Foundation

Trustees and Staff

Tucky Wheeler Hobbs

Sandra Rettke Nauman

Betty Ahlemeyer Quick

L'Cena Brunskill Rice

Marjory Mills Shupert

Melba Quick Spurrier

Key:

In Memory of

Given by

Donations in memory of friends, sisters and loved ones may be sent to the Gamma Phi Beta Foundation at International Headquarters. If you would like a card sent to a family member or friend, please include their address.

ALPHA CHAPTER

Helen Kinnin Hale, '37

BETA CHAPTER

Millicent Hulbert Armour, '39

GAMMA CHAPTER

Helen Harper Wilson, '18

ETA CHAPTER

Frances Gadsden Newton, '35

Mary Ganton Weaver, '43

THETA CHAPTER

Helen Lininger Hoyt, '37

Bettie Bryans Luxford, '40

KAPPA CHAPTER

Eileen Coyne McDonnell, '51

LAMBDA CHAPTER

Phyllis Klinker Hawes, '34

NU CHAPTER

Helen Lewis Bright, '42

Harriett Saeltzer Duncan, '32

OMICRON CHAPTER

Marilyn Goodell Van Buskirk, '50

Marion Kaeser Piper, '35

TAU CHAPTER

Retta Stinnett Faith, '64

ALPHA DELTA CHAPTER

Fern Keaton Wetzel, '21

PHI CHAPTER

Rose Holekamp Broderick, '31

PSI CHAPTER

Lela Smith Weirich, '21

Mary Campbell Winchester, '52

OMEGA CHAPTER

Vera Horswell Dewey, '34

Doris Detjen MacDonald, '39

Mary Peebles, '23

ALPHA ALPHA CHAPTER

Louise Sharp, '81

ALPHA GAMMA CHAPTER

Ethel Steinheimer Hermann, '22

Beverly Beeson Stenson, '55

ALPHA DELTA CHAPTER

Florence Fellows Bryant, '38

Sally Adams Klausing, '51

ALPHA EPSILON CHAPTER

Kathryn Johnston Hoover, '48

Kathryn Williams Sargent, '55

ALPHA ZETA CHAPTER

Karin Eckhoff, '82

Nola Carl Payne, '61

Ada Hartman Richman, '60

ALPHA NU CHAPTER

Shirley Potts Longenecker, '49

ALPHA UPSILON CHAPTER

Harriett Dayton Bain, '38

ALPHA PHI CHAPTER

Berta Trotter Sherwood, '34

ALPHA CHI CHAPTER

Denise Brooks Anderson, '61

ALPHA OMEGA CHAPTER

Jane MacIntyre, '36

BETA DELTA CHAPTER

Georgia O'Connor Brooks, '61

BETA ETA CHAPTER

Sally Day Seyller, '50

A President's Reunion Luncheon: *An Idea Worth Copying!*

By Geraldine Epp Smith (U. of Missouri)*



SENIOR MEMBER ATTENDING: Christine Chapin Rapp (Washington U.) was brought from her nursing home by daughter Roberta Rapp Bergen (Washington U. and Syracuse U.).

Looking over a St. Louis Alumnae Directory late one night, Gail Workman (U. of Illinois) wondered who was among the many past chapter presidents whose ranks she was soon to join. This sparked an idea for a Presidents' Reunion Luncheon.

With assistance from Dorothy Allen Drees Wiegelman (Washington U.-St. Louis), Eleanor Garm Hemminger (Northwestern) and Anita Waninger Steck (Washington U.-St. Louis), Gail's dream became a reality in April 1997. Invitations were mailed to 42 members residing in the St. Louis area and 25 accepted. Those 17 who didn't attend "lived to regret it." It's been praised as "the best gathering" of the clan in many a year—a luncheon program at the historic Sappington House Barn Restaurant.

A questionnaire was sent with each invitation asking the member to recall national or local events that occurred in her term and to share any special Sorority

memories. Such reminiscing spanned 62 years of the chapter's history and reflected the dark days of the Depression and the sunny days of our current economy. It covered the "good war" and World War II volunteer efforts; and it survived the "bad" when the R.O.T.C. building at Washington University was destroyed in a Vietnam protest.

Best of all, it stirred up memories of the 1948 Gamma Phi Beta international Convention at the old Jefferson Hotel, kitchen duty at rush parties, holiday bazaars with hand-painted ornaments and home-made candles, and house tours to raise money for charity or the Alpha Delta house. Proudest memories were the successful

efforts to found Gamma Tau Chapter at St. Louis University.

Elizabeth Henby Sutter (Washington U.-St. Louis), dean of the past presidents, read a letter from the International President. In part, L'Cena Brunskill Rice (USC) wrote: "It is wonderful you can come together to recognize the importance each of you played in making the St. Louis Alumnae Chapter one of the precious

BELOW: RINGLEADERS Gail Workman (U. of Illinois), left, originated the idea for the Presidents' Reunion when she retired as St. Louis Alumnae president in 1996. She was assisted with arrangements by Dottie Allen Drees Wiegelman (Washington U.) and Anita Waninger Steck (Washington U.).





AWARD WINNERS: Gladys Hecker Myles (Washington U.), a Service Roll honoree; Marion Kaeser Piper (U. of Illinois), a Carnation Award winner; and Florence Leutweiler Jones (Washington U.) shared many memories.



SPECIAL AWARD: Patricia McGahey Henderson (Washington U.) offered a necklace as an award for outstanding alumnae-collegiate relations. It was given in tribute to the late Virginia Smith Lumpp (Washington U.).

jewels in the beautiful crown of Gamma Phi Beta."

"The Alumnae Chapter," she went on, "was founded in 1919 and is now 78 years old with a long history of excellence. It has consistently been one of the Sorority's largest and strongest chapters. It has attained the Circle of Excellence annually. Though Phi has been lost on our roll, St. Louis assists three other collegiate chapters: Alpha Delta (U. of Missouri), Gamma Tau (St. Louis U.) and Zeta Delta (Southeast Missouri State U.)."

Gladys Hecker Myles (Washington U.-St. Louis) offered the luncheon blessing and Dottie Wiegelman, a two-time president, led the informal recounting of memories. When a president was not there to speak for herself, Dottie filled in the missing years with notes gleaned from the questionnaires. A calligraphied certificate of appreciation and a pink carnation was presented to each president.

Patsy McGahey Henderson (U. of Washington-St. Louis) paid a loving tribute to the late Virginia Smith Lumpp (U. of Washington-St. Louis). When Patsy was initiated, Virginia gave her an aquamarine

ring with the ΓΦΒ crest. Patsy had the ring made into a necklace and suggests that the medallion be used as an annual award for outstanding alumnae-collegiate relations.

Special guests at the gathering included Ann Mullen Bronsing (Indiana State), past International President, who brought her close friend, Mickie Jakobs Fuller (St. Louis), and Ellen Endres Spengemann (U. of Missouri), who is president of the St. Louis Panhellenic, serving as Gamma Phi's representative. Donna Davis Prior (Indiana State) was invited as photographer.

A Presidents' Reunion is an event worth repeating. It's also an idea worth copying! ●

**Editors Note: Mrs. Smith was editor of The Crescent from 1972 to 1978.*



MULTIPLE SERVICE: Multiple years of service were given by three-time president Margaret Bereton Gamble (Washington U. and U. of Maryland) and Dorothy Moore Reed (Washington U.) who served twice.

A True Act of Sisterhood

I have experienced a true act of sisterhood which I want to share to inspire others. I cannot think of a better way to repay Bobbi Jo Diotte than to nominate her "Sister of the Year."

As any new mom can attest, finding a good daycare provider is a grandiose task, especially when you live far from friends and family. Since my husband and I are both active duty Army helicopter pilots, I have no choice but to rely on people we barely know outside of interviews and background checks.

When my son, Zachery, was three months old, my husband and I had to be in the field at the same time. To my horror, the new sitter quit as soon as she started. I had one week in which to find a reliable person. This is where Bobbi Jo came to my rescue. . . literally! We bumped into each other at the restaurant where she worked. Although I graduated before she was initiated, my sister had introduced us. I cannot recall seeing her again until this chance meeting ten

months later. Without skipping a beat, Bobbi Jo offered to take a week off of work and rearrange her college classes to care for Zachery. I felt it was a burden to her, but she insisted, "I wouldn't have offered if I didn't want to."

The bond of sisterhood dissolved all my anxieties and fears—I knew I could entrust my most treasured possession to her. It was a wonderful feeling (and a surprise to me) to know that all of the things I learned while I was pledging—sisters are true to each other, there is a special friendship and a bond between sisters—was true not only between the sisters that I was close to, but also between sisters who barely knew each other!

Bobbi Jo, I am eternally grateful for what you did for me. You are the type of sister every new member should try to emulate. You are a true Gamma Phi Beta, and you have made me extremely glad to say. . . Proud to Be Gamma Phi!

Love in IIKE,

Nicole Lanctot Notz (Florida Institute of Technology)

Letters to the Editor

Thank you for printing Judy Graham's keynote speech in its entirety. As an 83-year-old, I found it refreshingly honest.

The four values named by Gamma Phi Beta's Founders, Love, Labor, Learning, Loyalty, were taught for generations. They were gradually brushed aside as too old-fashioned by the "modernist" society.

It is encouraging to read that the "post modern" society may embrace the four values as a (pre)requisite for leadership.

Beth Kerten Saul's essay on academic integrity was the frosting on the cake on the enriched issue of *The Crescent's* summer publication.

Janet S. Borgen (University of Washington)

Editors note: Gamma Phi Beta encourages her members to excel academically, philanthropically and personally. The past four issues of The Crescent have reflected the Sorority's commitment to scholarship and leadership. It is our goal to maintain these ideals in all our publications.

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Celebrate!

Gifts have been given to the Gamma Phi Beta Foundation in celebration of:

CONGRATULATIONS

Susan Grant for her success as Director of Public Affairs from Darla Click Dakin.

Julie Campbell Fein on becoming the first woman president of the Cortland County, NY, Bar Association from Barbara Missert Wessel and Stephanie Hearn.

Joan Foster Nugent, Leisure Worlder of the Month (May, 1997) for the Leisure World Historical Society from Carol Goshaw Blanchard.

Ruth Seeler for winning her age group in the Chicago triathlon from Stephanie Hearn.

Trina Montalto's marriage and her new position as Delta Omega's chapter advisor from Susan Lutz and Danielle Kolomyjec.

Jill K. Dolnicek for pledging Pi chapter from her grandmother, Adele Greene Streitwieser.

Vicky Keene Bawcom for a successful completion to her year as President of City Federation of Women's Clubs in Temple from Amy Marie Bawcom.

Beta Alpha for an outstanding fall rush and a very supportive advisory board and an exceptional house corporation board from Linda S. Babcock.

The engagement of Stacey Norton to Mr. William Gough from Fraya Hirschberg.

Pam Odeen's marriage to Joseph LoDato from Gretchen Meier Oostenink.

Bill and Doris (Bird) Gorden's 50th wedding anniversary from the Philadelphia West Suburban Alumnae Chapter, Marjory Mills Shupert, Donald and Elizabeth (Dean) Wanderer, and Foundation Trustees and Staff.

The marriage of Diana Nauman Brockelbank to John Wilcher from Sandra Rettke Nauman.

The marriage of Lynda N. Wynn to Joe Follenweider from her big sister, Stephanie Kjellstrom Matev.

Ruth Seeler, M.D., for being selected as interim chief of Pediatrics at Michael Reese Hospital in Chicago from Stephanie Hearn.

Pat Galyean Jones' (Lubbock, TX) initiation from Stephanie Hearn.

Lori Sandquist's marriage to Glen Hinz from Janel Kroeger Madden.

Delta Tau for paying off their mortgage with Gamma Phi Beta from the Financial Advisory Board.

BIRTHS AND BIRTHDAYS

The birth of Garrett Edward Wassom to Stephanie Hearn and Ed Wassom from Virginia Forsythe Vint, Sharon Witt Dunham, Magnes Welsh and Phyllis Donaldson Choat.

Dorothy Boettner's 80th birthday from Molly Brown Noren (her granddaughter).

The birth of great granddaughter, Monica Catherine Larson, daughter of Paul and Kerri (Kilpatrick) Larson of Waukesha, WI. Kerri is the daughter of Christi Lindauer Kilpatrick from Cathy Guthrie Lindauer.

The birth of Mercedes Laine to Gail Lawson Anderson and Reid Anderson from Tampa Bay Area Alumnae.

The birth of Katherine "Katie" Nicole Pearson on July 22, 1997, to Brad and Robin (Essler) Pearson. She was born at 3:05 a.m. weighing 6 pounds 9 ounces and was 19 and 1/4 inches long.

Carol Culver Pletcher's birthday—It was a great party! Nothing like very old friends to help celebrate from Barbara Davis McKewen.

Sue Hannie Bloch's first grandchild and legacy, Mary Elaine Robison.

The birth of Robert Michael Drevno to Michael and Linda (Brooks) Drevno from L'Cena Brunskill Rice, Barbara Missert Wessel and Jean Murphy Terkildsen.

The birth of twin daughters to Laurie Hymes Setness and Brett Setness in Stockton, California.

SISTERHOOD

In honor of Barbara Missert Wessel speaking for them from Alpha Omicron Pi Foundation.

Christianity from Andrea Clune.

Love in IIKE for Chrissy White Hancock for being my alumnae initiate sponsor into the friendship and sisterhood of Norman Alumnae chapter from Karen Stuart White.

Rosemary Stone Bunn (Beta Mu), #1 alumni house manager, from Gill Todd Bodziony.

In appreciation of Anne Layton for five years of service as NPC Alternate Delegate from Betty Ahlemeyer Quick.

Thank you to Joyce Cole Hultgren for two years of unbelievable hard work in chairing Kansas City's highly successful Antiques and Garden Show from Tucky Wheeler Hobbs.

Public Relations/Communications students: looking for a summer internship?

Gamma Phi Beta Sorority is offering a Public Relations internship for June and July in Englewood, Colorado.

Housing and stipend will be provided.

College credit may be available.

Send resume and cover letter by April 1, 1998 to:

Gamma Phi Beta Sorority, c/o Susan Grant,
12737 E. Euclid Dr., Englewood, CO 80111



Dedicated to Healing

LeClair Bissell, M.D., N.A.C. II (Randolph-Macon), was recently selected by the American Medical Women's Association (AMWA) to receive the 1997 Elizabeth Blackwell Award, set up in memory of the first American woman physician and the

founder of the first medical college for women in New York. This award is AMWA's highest honor and identifies a woman physician who has made the most outstanding contributions to women in medicine. The awards ceremony was held at AMWA's 82nd annual meeting in Chicago, an organization representing every medical specialty, made up of over 11,000 women physicians and medical students, dedicated to increasing the influence of women physicians and promoting women's health care.

Dr. Bissell's life as an innovator, researcher, author, teacher and social activist embodies the very spirit of the Blackwell Award. Dr. Bissell has dedicated her life to healing the impaired physician and has contributed substantially to the body of knowledge on the training, treatment and understanding of addicted professionals. She has focused her work particularly on professional women, an area previously uninvestigated.

An AMWA member since 1979, Dr. Bissell has been actively involved with the American Society of Addiction Medicine for 20 years, has helped establish the Smithers Alcoholism Treatment and Training Center, and has traveled worldwide, teaching and lecturing on issues related to impaired professionals, ethics, AIDS, sexual behavior and other addiction topics. Her most recent accomplishment is a book she has published on ethics among health professionals in the field of addiction.

SisterLink at Work

Gamma Taus on the campus at St. Louis University have an extra bonus with career counseling services from Licensed Professional Counselor Anne Lund Hensley (U. of Idaho), whose office in the law school is across the sidewalk from Gamma Tau's chapter room and dorm floors. Anne had been with the university two days when she noticed the Gamma Phi Greek letters outside her window and immediately introduced herself—she's been active ever since!

Being involved is not a new thing for Anne. In college she served as pledge* trainer at Xi Chapter and as the first female senior class president. After graduation, she taught school in Seattle, individualizing her teaching so each student could excel at their own pace.



Anne Lund Hensley

Anne moved to St. Louis where she taught three more years, and then returned for her masters in counseling, later becoming a high school counselor. She trained new members in the St. Louis Junior League, chaired the welcoming committee for the community, and volunteered in the juvenile courts and girls' group homes. As her two children grew older, she returned to part-time career counseling with teens and adults. She was president of the local counseling organization, spearheaded several large conferences, was a member of the state board of counselors and started her own counseling business, which she still maintains in the evenings, while she works days at St. Louis University School of Law as career counselor.

Hensley is also involved in the women's programs at the university, gardens, designs greeting cards, arranges flowers for wedding receptions and is part of a book discussion group. In spite of her busy schedule, she always makes time for Gamma Phis on campus. Anne believes that what goes around comes around, and it is her turn to give back to the Sorority what she can.

**Editors note: The term "pledge" has been officially changed to "new member."*

Marathon Women

Two St. Louis alumnae have been busy this spring running in separate marathons which collectively raised nearly \$1,500 for causes benefiting Gamma Phi Beta.

Lisa Morgan Moulton (U. of Iowa) completed "Grandma's Marathon" in Duluth, Minnesota in June—a 13-mile half-marathon which she dedicated to Alpha Beta Chapter in Grand Forks, North Dakota. The chapter house suffered major water damage, including nine feet of water in the finished lower level, from devastating spring flooding



Lisa (Morgan) Moulton, Rho '88 (R) and Jennifer (Pertzborn) Moulton, Epsilon Delta '90 (L)

(see fall issue of *The Crescent*). Through pledge donations from area St. Louis alumnae and international officers, Lisa raised over \$750, which was donated to Alpha Beta and area alumnae to help offset clean-up costs.

Linda Wardhammer (Alma College) also ran a 13-mile half-marathon in May at the Indy 500 Festival, raising over \$700 in pledge donations for two scholarships for St. Louis University students to attend the Undergraduate InterFraternity Institute (UIFI). The UIFI, held each summer at Butler University, is an intense five-day motivational program designed to build leadership skills relevant to the Greek community. Linda has been a group facilitator at UIFI for seven years and is very committed to the program. Now serving as Gamma Phi Beta's new member program coordinator, Linda works at St. Louis University as Assistant Director of Student Life.

Both Linda and Lisa agree that having the sponsorships of Gamma Phi Betas helped motivate them in preparing for and completing their respective races. "I really felt that my marathon had a purpose and that people were counting on me. It felt great to have the support of so many Gamma Phi sisters," said Lisa.

Linda and Lisa wish to thank everyone who sponsored them and offered words of encouragement. If you are interested in obtaining further information on how your alumnae chapter can help organize the sponsorship of a marathon runner as a fund raising event, contact Gail Workman, 7365 Northmoor Drive, St. Louis, MO 63105.

A collection of five personalized leather goods, likely for a wedding or anniversary. The items are arranged on a dark background. The largest item is a rectangular box with a dark reddish-brown leather finish, featuring an embossed design of a couple in a romantic pose. To its right is a multi-pocketed wallet or pouch in a similar leather, with a circular metal emblem in the bottom right corner. Below the box is a small cardholder with a gold-colored leather finish and embossed text. To the right of the cardholder is a small rectangular pouch with a dark leather finish and embossed text. A keychain with a gold-colored ring and a small leather tag is also visible.

A. Brass business card case	W98CC2	\$10.95
B. Brass keyring	W98CC3	\$9.95
C. Brass college frame	W98CC4	\$19.95
D. Silvertone album (4 x 6)	W98CC5	\$23.95
E. Rectangular silvertone jewelry box	W98CC6	\$15.95

(All prices include the engraved designs.)



A. Infant romper - 100% cotton, rib knit neck, cuffs, and leg bands, bottom snaps (sizes: 6, 18, 24 mos.)	W98CCROM	\$23.95
B. Pullover bib	W98CCBIB	\$12.95
C. Toddler t-shirt (sizes: 2, 5/6)	W98CCTT	\$13.95



The "Badge Buddy" is an outline of the Gamma Phi Beta crest. It has been created to pin all your Gamma Phi jewelry to one item thus eliminating the pin holes in your clothing.

Crescent Classics is Gamma Phi Beta's own sportswear and gift shop. All proceeds benefit collegiate and alumnae programs.

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THE GAMMA PHI BETA FOUNDATION:

Building Tomorrow's Leaders

This year through the generous donations of alumnae and friends, the Foundation assisted a future doctor, physical therapist, lawyer, counselor, engineer . . . the list goes on and on. These women are the leaders of tomorrow, women who will reach their educational goals, in part, because the Foundation was able to invest in their education's.

Gamma Phi Beta is Building Tomorrow's Leaders by awarding scholarships and fellowships to deserving members. The Foundation awarded more than 50 scholarships and fellowships. Unfortunately, each year the Foundation turns down many qualified applicants because of limited funding. With your gifts to the Loyalty Fund, more students may achieve their academic goals next year and beyond.

The following scholarships and fellowships were awarded for the 1997-98 school year:



April Bozcar
Four Founders, \$750
Psi-University of Oklahoma
Graduate School-University of Tulsa
Field of study-Speech-Language Pathology

Kathryn Kempf Smith
Four Founders, \$750
Gamma Kappa-University of Nebraska, Kearney
Graduate School-Emory University,
School of Medicine
Field of study-Physical Therapy



Fellowships



Kelly Setchel
Lindsey Barbee, \$1,000
Epsilon Zeta-Jacksonville University
Graduate School-Florida State University
Field of study-Clinical Psychology/Child Development



Christina Bosse
Four Founders, \$750
Gamma Tau-St. Louis University
Graduate School-St. Louis University Medical School
Field of study-Medicine



Pamela Walters-Wilson
Fern Holcomb Heath, \$650
Beta Psi- Oklahoma State University
Graduate School-Oklahoma State University
Field of study-Counseling and Student Personnel



Rachel Tunick
Audrey Weldon Shafer, \$600
Epsilon Tau-University of Rochester
Graduate School-University of Denver
Field of study-Clinical Psychology



Maria Stecklein

Beta Upsilon Chapter,
\$1,000

*Beta Upsilon-Kansas State
University*

Graduate School-Stanford
University

Field of study-Environmental
Engineering



Gargi Gajendragadkar

M.D. Award, \$1,000

*Alpha Theta-Vanderbilt
University*

Graduate School-
Vanderbilt University
Medical School

Field of study-Medicine



Stephanie Huff

Louise Wyatt, \$1,050

Alpha Delta-University of Missouri-Columbia

Graduate School-St. Louis University

Field of study-International Marketing



Jennifer Meyer

Virginia Forsythe Vint,
\$725

*Beta Omega-Northern
Arizona University*

Graduate School-University
of Denver

Field of study-Law



Kristin Heine

Virginia Forsythe Vint,
\$725

*Beta Mu-Florida State
University*

Graduate School-Indiana
University

Field of study-College
Student Personnel
Administration



Elizabeth Guse

Virginia Forsythe Vint, \$725

Beta Omicron-Oklahoma City University

Graduate School-University of Tulsa,
College of Law

Field of study-Law



Cynthia Smith

Woodward, Kansas City,
\$650

*Gamma Zeta-East Texas
State University*

Graduate School-Baker
University

Field of study-Management



Naomi Fujimoto

Ellender Dickson-Eta
Chapter, \$5,000

*Eta-University of
California-Berkeley*

Graduate School-Cornell
University

Field of study-Sociology



Elizabeth Oblath

Ellender Dickson-Eta Chapter, \$1,500

Eta-University of California-Berkeley

Graduate School-Loyola Law School

Field of study-Law



Anne Gyemant

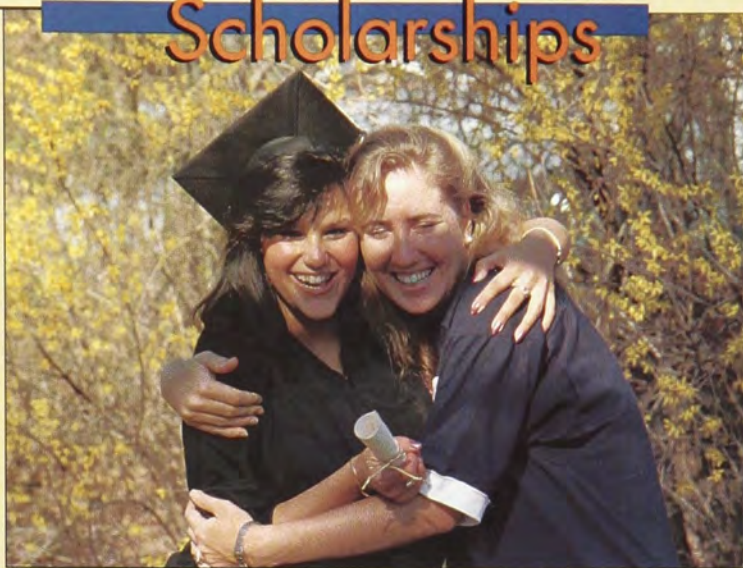
Ellender Dickson-Eta Chapter, \$1,250

Eta-University of California-Berkeley

Graduate School-Hastings College of Law

Field of study-Law

Scholarships



Tanya Lijewski
Epsilon Alpha
Ruth B. Fox, \$1,100
Field of study-
Accounting



Stefani Smith
Theta
Elizabeth Fee
Arnold/Beatrice Hill
Wittenberg, \$1,100
Field of study-Comm-
Pub. Relations



Jill Oravitz
Alpha Upsilon
Irma Latzer Gamble,
\$1,000
Field of study-Nutritio



Susan Dolan
Alpha Epsilon
Louise B. Tillotson,
\$700
Field of study-Marketing



Erica Blackwell
Sigma
Jane Benton French,
\$1,100
Field of study-Biology



Andrea Erickson
Sigma
Jane Benton French,
\$1,100
Field of study-
Elementary Education



Amiee Hoffhines
Sigma
Jane Benton French,
\$1,100
Field of study-
Pharmacy



Karrie Leung
Sigma
Jane Benton French,
\$1,100
Field of study-
Business Comm.



Allison Pierce
Sigma
Jane Benton French,
\$1,100
Field of study-
Journalism



Janna Clark
Beta Psi
Ellender Dickson,
\$750
Field of study-
Journalism



Mindy Costello
Zeta Alpha
Ellender Dickson,
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Field of study-
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Amber LaCroix
Beta Delta
Ellender Dickson,
\$750
Field of study-Intern.
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Jessica McDonald
Delta Sigma
Ellender Dickson,
\$750
Field of study-
Psychology



Julie Gundlach
Lambda
Lambda, \$800
Field of study-Speech
Communication



Tiffany Meier
Omicron
Ardis McBroom
Marek, \$700
Field of study-English/
Psychology/Journalism

Building Tomorrow's Leaders

Irma Latzer Gamble
Book Awards,
\$250



Jennifer Annis
Psi
Field of study-Law

Megan Graham
Epsilon Beta
Field of study-
Occupational
Therapy



Heather Pusich
Zeta Beta
Ernestine Chubb Quinn,
\$700
Field of study-
Elementary Ed.



Jordan Roberts
Zeta Zeta
Ladyfood, \$600
Field of study-
Marketing and Coopera-
tive Golf Mgmt.



Clair Simmons
Epsilon Zeta
Betty Luker Haverfield,
\$600
Field of study-
Accounting



Shelby Sears
Beta Alpha
Orra Spencer Reid,
\$550
Field of study - Public
Policy and Managmnt.



Rebecca Walters
Zeta Beta
Vera Virginia Hill
Thayer Dick, \$500
Field of study-
Elementary Education



Elizabeth Rusch
Epsilon Delta
Kathryn and John F.
Winchester, \$600
Field of study-
Psychology



Kara Lampe
Gamma Tau
Laura Francis
Cottingham, \$500
Field of study-Physical
Therapy



Shannon Clark
Alpha Xi
Dallas Alumane/
Alpha Xi, \$950
Field of study-
Geology



Wendy Bonach
Gamma Mu
Alpha Omicron, \$540
Field of study-
Secondary Education
of English & Speech



Tonie Garza
Eta
Ellender Dickson-Eta
Chapter, \$5,000
Field of study-
Architecture



Jessica Morales
Eta
Ellender Dickson-Eta
Chapter, \$5,000
Field of study-Business
Administration



Linda Tang
Eta
Ellender Dickson-Eta
Chapter, \$1,750
Field of study-Human
Biodynamics

Ellender Dickson Book Awards, \$350



Karin Danklefsen
Delta Sigma
Field of study-Molecular
Biology



Jennifer Clark
Epsilon Pi
Field of study-
Elementary Education

Sandi Ciampa
Epsilon Gamma
Field of study-Business
Administration

CONVENTION 1998



Pictured on the beach of Newport Dunes, the 1998 Convention Committee
 (L to R) Seated: Leda Quiros-Weed, Kathy Smith, Cindy Arensten, Tamara Selleck, Debby McFadden
 Center Row: Linda Babcock, Heidi Green, Linda Pelegrino (1998 Convention Arrangements Chairwoman), Heidi Battelo, Mary Knaup
 Standing: Karyl Reed, Angela Wright, Lynn Etkins. Not Shown: Nancy Schellhase



Schedule

Tuesday, June 23rd
 International Officer and Advisor
 Training
 Registration and Check in
 Dinner
 Forum
 Welcome Mixer

Wednesday, June 24th
 Business Session
 Keynote Speaker
 Awards Dinner
 Alumnae Reception

Thursday, June 25th
 Workshops and Presentations
 Confirmed Conventioneers Dinner
 Enjoy a fun evening of dancing and
 dining at the fantastic Newport
 Dunes, a private 10-acre beach
 surrounding sparkling waveless bay
 waters.

Friday, June 26th
 Workshops and Presentations
 Play Day
 Foundation Dinner

Saturday, June 27th
 Business Session
 Memorial Service and Ritual
 Pink Carnation Banquet

All alumnae and collegiate chapters will
 receive a registration packet. For additional
 registration packets, please contact
 International Headquarters at
 303-799-1874.

The official carrier for the 1998 Convention
 is United Airlines. Special discounts apply.
 Make your reservations now!
 Call TravelCare 1-800-875-3344.

ONE MOON, MANY STARS



Debra Fine

Debra Fine *The Fine Art of Small Talk*

A fast-paced, interactive and entertaining program focused on improving our conversational skills. You'll laugh, learn and leave with insightful and informative conversation tips on: how to strike up conversations and keep them going, becoming an "active" listener, reviving dying conversation, avoiding conversations "killers," developing business friendships and more.

Debra Fine is the founder and owner of The Fine Art of Small Talk™, a company focused on teaching professionals conversational skills. She is a former engineer and is nationally recognized as a keynote speaker and trainer. Her clients include such diverse organizations as AT&T, Lockheed/Martin, Norwest Banks, The Junior League and The American Bar Association.

Donald Pelegrino, Ph.D. *Managing Conflict and Change*

Dr. Pelegrino is an Associate with Pelegrino & Associates, a firm that specializes in not-for-profit-agencies. He is the author of over 45 studies, books and articles on social change, adult learning and research methods for social agencies. He has been published in the U.S. and Europe and is listed in "Out-standing Educators of America."

He is an experienced facilitator, trainer, mediator, manager, and educator with a background in management, non-profit agencies, negotiation strategies, organizational change, community empowerment and human resource development.

Dr. Pelegrino designs training programs, facilitates retreats, teaches classes on the issues of team management, corporate cultures and managerial change.



Donald Pelegrino, Ph.D.



Donna Strickland, MS, RN, CS

Keynote Speaker

*Donna Strickland, MS,
 RN, CS*

Donna is a full-time National humorist and motivational speaker. Donna's specialty is opening and closing large national conferences as a keynoter. Her programs: Laughter Matters, Humor and Healing and Overcoming Terminal Seriousness have been nationally acclaimed. She is President of the Denver, Colorado based management consulting firm, The People Connection, and is a certified William Bridges Change and Transition Management Consultant. Donna specializes in helping others create a more light-hearted, fun-filled work environment and works as a humor and team building consultant for industry and health care. Her sessions offer participants the opportunity to laugh, let go, lighten up and let go again.

Her clients have included; Texaco, Continental Airlines, The Mayo Clinic, the Food and Drug Administration and universities and hospitals around the globe.

Barbara Glanz (Kansas) *Building Loyalty for a Lifetime*

A presenter at the 1996 Convention, Barbara was so well received she has been invited back for 1998! Barbara is an internationally known author, speaker and consultant who has presented on three continents and in 42 states. She has written three best-selling business books and been chosen one of 18 speakers to participate in the "Masters on Motivation" live satellite business TV series. IBM, Blue Cross Blue Shield, GTE, Hilton Hotels and The American Cancer Society are among the organizations for whom she has presented.

Building Loyalty for a Lifetime. Barbara will enlighten and inform about building commitment and

loyalty, not just to Gamma Phi Beta, but also, to organizations, friends and relationships that are important. She will share tools and tips for us to present a positive image to all publics and be able to recruit and retain members, friends and business relationships.

Katie Koestner

*Friday Keynote
 Presentation "No Yes"
 Workshop Thursday
 "What To Do If...
 Someone Was Raped!"*

Katie Koestner has received national attention for speaking out against a crime of silence. "I was raped on the third week-end of my freshman year at the College of William and Mary. When the college's internal hearing process failed me, I went public with my story. I appeared on the June 3, 1991 cover of *TIME* magazine's issue on date rape. In 1991, HBO made "No Visible Bruises: The Katie Koestner Story" about my experience.

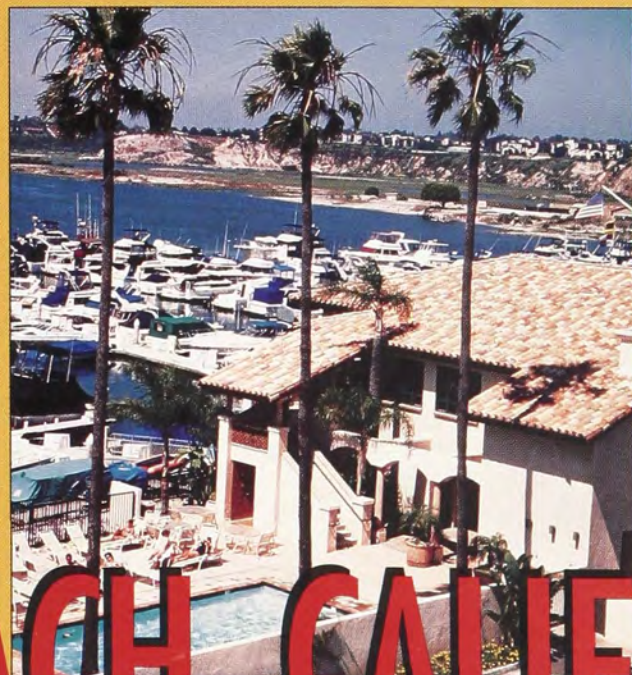
Katie earned degrees in Public Policy and Women's Studies in 1994, Phi Beta Kappa and Magna Cum Laude, from the College of William and Mary. Since graduating from college three years ago, she has been invited to give presentations on date rape at more than 450 schools in 46 states. She was honored as keynote speaker at the 1st annual International Conference on Sexual Assault in 1991, and gave the 1995 keynote addresses at both the East and West Coast Sessions of the 4th annual National Student Conference on Campus Sexual Violence.



Barbara Glanz



Katie Koestner



NEWPORT BEACH, CALIF.

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By giving to the Gamma Phi Beta Foundation you provide crucial life skills training for members that develops Gamma Phis as leaders in their profession, in their community and in their country.

Gamma Phi Beta offers leadership training opportunities through international Conventions, Regional Leadership Conferences, Leadership Training Schools, Personal And Chapter Enrichment (PACE) programs and PACEletters, chapter offices and committees and collegiate leadership consultant and chapter advisor training.

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Help Gamma Phi Beta save money: Let us know about your move ahead of time. If this is addressed to a daughter who no longer maintains an address at your home, please use the postcard and inform us of the correct mailing address. Thank you.